

AYURVENTION 2022 - SEMINAR II Professional BAMS, HARITHA BATCH - SJSACH

On 16 and 17 December 2022, ALL INDIA AYURVEDA CONGRESS, Tamilnadu chapter conducted a seminar on AYURVENTION 2022, at SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, Kaatangulathur, Chennai.

On the first day -16Dec2022

All the registered students were given a scanned ID Card along with a scribble pad and a pen for taking notes. Around 11am, with the blessings of Lord Dhanwantari, the event began with a grand inauguration by various dignitaries from Ayurveda Congress and SRM Institute. Inauguration was followed by an introduction to the subsequent sessions and AYURVENTION by Dr. Rabi Narayan, Director General, CCRAS. This was followed by a webinar of Dr. Bhavna Parasher, CSIR regarding digitalizing Ayurveda. The sessions were really valuable.

After the lunch break, Dr. L. Mahadevan, Sri Sarada Ayurveda College and Hospital took over the stage. It was one of the best sessions one can witness. The speaker was on clinical Rheumatology and Ayurveda. It was followed by the presentation of Dr. JLN Sastri, CEO JATAS Herbals.

At the end of the day there was an oral presentation competition for the participants. Our batch, 2nd BAMS Ms. Suparna took part, presented - simulation in Ayurveda and it is very glad that she bagged the runner's up award in the same.

On the second day -17Dec2022

The Colosseum began around 9:30am with Dr. Anand Ram Sharma's insight about networking Ayurveda. This was followed by Dr. Selvamurthy, Amity University, speech regarding AI and Ayurveda. These were very interesting as they gave a note about the future scope of Ayurveda in the current era. This was followed by the most awaited session of Dr. L. Mahadevan, regarding "Tamilnattil Indihya Maruthuvam", testimony for 'Ayurveda was in Tamilnadu'.

It was very fascinating. This was followed by a book launch event. A book on Sneha Vidhi was launched by Dr. L. Mahadevan and many delegates were felicitated.

Further, Dr. Ramesh Varier and Dr. Bala Pesala shed light on Ayurveda and digitalization, its spread after COVID 19, metaphysical approach and globalization of Ayurveda. By the eve the event slacked to its end with the valedictory function. Dr. Tamizhisai Soundarajan, Governor of Telangana and Lieutenant Governor of Puducherry was the

chief guest for the eve. There was a speech regarding Ayurveda by the chief guest and other fellow dignitaries. This was followed by felicitation of the scholars who imparted knowledge to hundreds of students on both days.

There were tea breaks in between every session on both the days and lunch was also neatly arranged by the host on both the days. All the events took place in a very smooth manner. The fruit of the seminar was fetched by the participants. Apart from Students, along with us many Private doctors, practitioners, PG scholars, PhD workers from various areas took part in the event which was of great value. There were many stalls by various Ayurvedic Medical pharmacies and companies around the session hall. Many products and new incorporations with few fun games were displayed and made aware to the participants.

To mention some of those,

Vedi medicals, Hemp street, Imcops, AVN medicals, etc. Apart from these, there was an exhibition of shalaky shalya and panchakarma instruments. We were very lucky to witness all of them. We students got a really valuable exposure towards the current structure and status of Ayurveda. It was really helpful as we could predict our scope in various fields. Drug based classes imparted knowledge about the current use of guduchi, ashwagandha, sarpagandha, cannabis etc. The clinical based classes gave us an idea about a better strategy of diagnosis and chikitsa, Digital Ayurveda sessions helped us understand the variety of online possibilities and information in Ayurveda. On the whole, the seminar was packed and useful for all of us in all aspects. It was a fun filled and a valuable journey. The faculties showered their better and The students gained the best of knowledge