

TRANSITIONAL CURRICULUM COURSE 2022-23 BATCH

As a part of the mandatory course curriculum implemented by the NCISM, we the Department of Ayurveda conducted an introductory workshop for the newly admitted first year BAMS students of 2022-23 Batch. The workshop of 15 days from February 16th till March 4th 2023 named as “Transitional curriculum course”.

The 15 days course was designed as per the norms and guidelines given by the NCISM. As such, detailed day to day programs were organized from February 16th till March 4th 2023.

On 1st day of Transitional curriculum (16th of February):-“Shishopnayaneeeyam”- induction ceremony for students

Transitional curriculum for the 2022-23 UG batch students commenced on 16th February 2022 with the auspicious tradition of “Shishyopanayaneeeyam”. The occasion began with the “ Lord Ganapathy Homa and Avahanthi Homa” performed and blessed by Lotus feet of His Holiness Sri Vijayendra Saraswathi Swamigal. The Institutional profile-a short gist of the history of mother institution SCSVMV was given by Dr Hema Narayanan, (department of Commerce SCSVMV). Institutional profile of SJSACH was presented by our Principal Dr Chitta Ranjan Das (Prof & HOD, Dept of Panchakarma & Management committee member of SJSACH) and Vice Principal Dr Praveen B S (Professor, Medical Superintendent) presented about the hospital facilities in SJSACH. Our Honorable VC Prof.Dr.S.V.Raghavan delivered the presidential address which was indeed inspirational, followed by addressing from the Executive Committee members of SCSVMV. The inaugural function was concluded by the oath taking ceremony which was read out by Dr Hema Narayanan (department of Commerce, SCSVMV) and Vote of thanks proposed by Dr K. P. Roshni (Prof & HOD of Dept of Kriya Shareera, Additional Medical Superintendent & Management committee member of SJSACH).

In the afternoon, the students were given a short introductory class-“VIDHYA ARAMBAM” by Dr S Swaminathan (Prof & HOD, Dept Samhita Siddhanta & Sanskrit). Later the students were segregated based on those who required hostel and van facilities. Aprons, Notebooks and pens were distributed to the new students. A total of 59 UG 1st year students and

From 2nd to 15th day of Transitional curriculum (17th February to 04th of March)

On the following day i.e. on 17th February, we organized a brief session on “ Know your campus” by Dr Chitta Rangan Das (Prof & HOD, Dept of Panchakarma), campus tour of SJSACH wherein we grouped the students and brought them to visit various departments, OP & IP building, pharmacy & college herbal garden.

The days progressed with various seminars, team building activities, personality development & recreational sessions already charted out as per the NCISM norms and directions. Language class for Sanskrit was conducted 2 hrs daily for 12 days of TC by Faculties of Sanskrit Dept, SCSVMV.

The Seminar topics included

- Goal setting,
- Institutional officials – Roles & hierarchy. Rules & Regulation of Campus, Code of Conduct & Dress Code etc.,
- Demonstration of Procedures - Office, Library, Internet, Leave, Campus Behavior, Gate Pass, Health Facilities Etc.,
- Role of ASUS in Primary health care, Public health & Disease Prevention,
- Introduction to various medical systems,
- Orientation of NCISM, AYUSH Ministry, State Boards, Universities etc.
- An overview of BAMS curriculum & Subjects, including highlights of MSE,
- Ayurveda-National & International Reach, Higher Education in Ayurveda, Job Opportunities, entrepreneurship, National Health status Goals & Policies
- Gender Sensitization,
- Orientation of Learning Methods
- Stress Management
- Yoga , Meditation & relaxing Techniques
- Health Awareness, Fitness & Hygiene
- Computer Skills & Apps installation

These seminars were delivered by SJSACH teaching faculties on various days of TC. A brief introduction to all the 14 departments of SJSACH was given by the respective Head of the departments.

Team building activities & Personality development & Receptions activities were designed and carried off by our faculties to identify and filter the talented students and to encourage them to showcase their abilities. This helped us to organize a Cultural event on last day of TC (4th March 2023) in our campus Auditorium. With little guidance from the faculties, the 1st year students gathered and successfully performed a well-organized talents show.

Guest lecturers from various fields were invited to deliver speeches and interact with the students. The guest lecturers were great patrons and well wishers from various dimensions of health science. They were able to enrich as well as encourage them to follow & preach the principles of Ayurveda.

The students were given a pre-test questionnaire (on 2nd day of TC) & a post-test questionnaire (on 14th day of TC) to assess their level of understanding at the beginning & towards the end of TC.

The students showed great enthusiasm and willingness throughout the Transitional curriculum course. They opined that their overview of Ayurveda has changed and the contents of various sessions held during the Transitional curriculum were impactful. They also were looking forward to learning the principles of Ayurveda and implementing them in their future as a career.

Details of guest Lecture for Transitional curriculum course.		
Sl. No.	DATE & TIME	NAME & DESIGNATION OF THE GUEST SPEAKER
1.	25/02/2023 (03.00 pm to 04.00 pm)	Dr Madhu, SDMCA, Hassan
2.	01/03/2023 (10.00 am to 11.00 am)	Dr Pradeep, Prithvi Foundation, Ooty
3.	01/03/2023 (02.00 pm to 03.30 pm)	Dr Dinesh, VPSV College, Kotakkal
4.	02/03/2023 10.00 am to 11.00 am	Dr Nirmal, Nandha Ayurveda College, Erode

5.	04/03/2023 10.00 am to 11.30 am	Dr Manogar, Anjaneyam Hospital, Kumbakonam
----	------------------------------------	---





