

Sl.No.	Date	Name of the Event	Report with Photos	VENUE
1.	2-Oct-2022	Run for drug free Tamil Nadu	<p>Avadi night Marathon 2022 was organized as a joint initiative by Avadi police commissionerate, Vel Tech group, Chennai runners and Velammal Nexus group for "Run for drug free Tamil Nadu". Students of Sri Jayendra Saraswathi Ayurveda College were invited to attend this event. The event was held in Vel Tech University, Avadi, Chennai on 2nd October 2022, in the evening at 7 pm onwards. There were 3 categories including Marathon for 21 km, 10 km and 5 km. The 21 km Run marathon was the initial event, next followed with 10 km marathon & finally with the 5 km run. The whole program finished by 11:15 p.m.</p> <p>A group of 30 students and 7 faculty members from Sri Jayendra Saraswathi Ayurveda College and Hospital participated in the 5 km category. The group was coordinated by Dr. Vijay Shankar M R and supported by Dr. Chitta Ranjan Das, Dr. Suvendu Rout, Dr. Indusree C Suseelan, Dr. Soumya E A, Dr. Anoop A S and Dr. Hariaumshree S P S Nair. College bus was provided by the management to transport the students and faculties to the venue. Food and water were organized by the sponsors of the event. After completion of the 5 km run, all were awarded with a medal of participation and appreciation.</p>	Avadi, Chennai
2.	13-Oct-2022	World Sight Day	<p>World sight day was commemorated in Sri Jayendra Saraswati Ayurveda College and Hospital on 13th October 2022. World sight day is a reminder to love your eyes. With this year's theme being "LOVE YOUR EYES", an awareness programme and a one-day free Eye camp was organised in the institution, jointly by the NSS-UNIT III of Sri Chandrashekarendra Saraswati Viswa Maha vidyalaya, Dept. Of Shalakya Tantra of Sri Jayendra Saraswati Ayurveda College and Hospital and Sankara eye hospital, Pammal.</p> <p>The day started with an awareness event as a formal event consisting of lighting of lamp by Dr. Kalyan Kumar (Senior optometrist, Sankara eye hospital, Pammal), Dr. Pradeep Kumar Moharana sir, Dr. Suvendu Rout sir, Dr. Swathi madam and Dr. Indusree madam followed by welcome address delivered by S. Akshaya, an awareness talk on the importance of eyes and tips to protect them by G. Sri Vidya, Vote of Thanks by S. Preethi and overall anchoring by Kavya Sankaranarayanan of Final year. The staff speech was given by Dr. Pradeep Kumar Moharana sir, where he highlighted the importance of eyes and the value that has been attributed to it in ayurveda. After, the formal awareness event, the one day free eye camp was started, where the highly equipped and skilled team from Sankara eye hospital, headed by Dr. Kalyan Kumar_ Senior optometrist along with the intern and final year volunteers from Sri Jayendra Saraswati Ayurveda College and Hospital, checked the eyes of nearly 150 patients within the stipulated camp duration from</p>	SJSACH Campus, Nazarathpet

			<p>10am-2pm. The doctors provided valuable advice and referrals to the patients. The senior doctor also explained the final year students about the various conditions that bother the eye like Cataract, Pterygium, Glaucoma etc with utmost love and patience. With the message "LOVE YOUR EYES "the camp was closed.</p>	
3.	01-10-2022 to 04-10-2022	Navarathri Celebrations	<p>Navarathri festival celebration in Sri Jayendra Saraswathi Ayurveda Medical college and Hospital , Chennai from 26.09.2022(Monday) to 05.10.2022(Wednesday) at Mahaswami Mandapam-College Auditorium. Coordinators Dr. Guruprasad, Dr. Virupaksha Gupta, Dr. Sreenath, Dr. Prathyusha, Dr. Shanmuga Priya Dharshini , D. Amrutha , Dr. Indusree, Dr. Bindu , Dr. Reshma. Day 6 (01/10/2022) Navaratri duty was allotted to Dr. Virupaksha Gupta and Dr. Indusree C Suseelan. Morning 9am to 10am , Lalitha SahasranamaParayanam and Pooja done by the students and staffs of SJSACH .Cultural events were hosted by PG scholars and they performed a group dance, followed by Prasadam distribution. Day 7 (02/10/2022) Navaratri festival celebration started with Pooja and Lalitha SahasranamaParayanam at 9am to 10am and ended with cultural events like group dance from hostelites. Day 8 (03/10/2022) From 11am to 1pm Saraswathi Pooja and Lalitha sahasranamaParayanam was conducted in the Mahaswami Mandapam. All students kept their books and all instruments were kept for Pooja. All staffs and students dispersed after the Prasadam distribution. Day 9 (04/10/2022) Navaratri duty was allotted to Dr. Reshma Ramakrishnan and Dr. Bindu. Morning 9am to 10am, Lalitha SahasranamaParayanam and Pooja were done. Dr. ChittaRanjan Das Sir's Panchakarma Book release Ceremony was also conducted. In the evening, Interns hosted the cultural events and they performed group song and group dance, followed by Prasadam Distribution.</p>	SJSACH Campus, Nazarathpet

4.	1-Oct-2022	Ayurveda Day Celebrations	01/10/2022 The same as listed by NCISM regarding day wise activities to be performed by Ayurveda Colleges today that is on 01st October 2022 from Department of Swasthavritta, Sri Jayendra Saraswathi Ayurveda College and Hospital, we organized "Awareness program on Ayurveda Diet for common symptoms/diseases" to the people of Nazarathpet, Chennai. Awareness given to the public on Diet in common symptoms, Diet in life style disorders, seasonal wise diseases diet Pathya and Apathya and Importance diet in preventing diseases this awareness program was well received by all the participants.	SJSACH Campus, Nazarathpet
5.	2-Oct-2022	Ayurveda Day Celebrations	02/10/2022 The same as listed by NCISM regarding day wise activities to be performed by Ayurveda Colleges today that is on 02nd October 2022 from Department of Swasthavritta, Sri Jayendra Saraswathi Ayurveda College and Hospital, we organized "Ayurveda Chef - Competition" to the students of SJSACH, Nazarathpet, Chennai. All third year BAMS students actively participated and prepared Ayurveda Ahara with fire and without fire. Judges selected first and second position in both with fire and without fire category.	SJSACH Campus, Nazarathpet
6.	3-Oct-2022	Ayurveda Day Celebrations	03/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized an awareness program on "Ayurveda for Senior citizens" to the people of Mepur, Chennai. Dr. Pradeep Kumar Moharana delivered a talk on how to practice Daily regimen (Dinacharya) for senior citizens. This awareness program was well accepted by all the participants.	SJSACH Campus, Nazarathpet
7.	4-Oct-2022	Ayurveda Day Celebrations	04/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted Nukad Natak/Street plays on "Senior Citizens Health Promotion" to the people of Vardharajpuram, Chennai. 1st and 2nd year PG scholars of Kayachikitsa perform the play. This play was well accepted by all the participants.	SJSACH Campus, Nazarathpet
8.	5-Oct-2022	Ayurveda Day Celebrations	05/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a Health Camp for Geriatric people of Nazarathpet. The camp was continued from 9am to 4pm. All the senior citizens those attended the camp were very much satisfied with the program.	SJSACH Campus, Nazarathpet
9.	6-Oct-2022	Ayurveda Day Celebrations	06/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted competition for Rangoli, Poster and painting among all the UG students and PG scholars on geriatric health promotion through Ayurveda. Students were enthusiastically took part in the events. The program was well appreciated by	SJSACH Campus, Nazarathpet

			everyone.	
10.	7-Oct-2022	Ayurveda Day Celebrations	07/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a lectures on oral health for senior citizens. Dr. Soumya E.A delivered the lecturer and Dr. Jaykrishan Burman examined the oral cavity of the senior citizens. The program was very much successful.	SJSACH Campus, Nazarathpet
11.	8-Oct-2022	Ayurveda Day Celebrations	08/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a program on Spiritual Meditation and Rehabilitation for the senior citizens. A lecturer was delivered by Dr. Suvendu Rout and Dr. Apeetha S gave tips to one to one senior citizen patient on Spiritual Meditation. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
12.	9-Oct-2022	Ayurveda Day Celebrations	09/10/2022 PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted an awareness program on Medhya Rasayan and Supplements for the senior citizens. A lecturer was delivered by Dr. Vipin S.G and Dr. Poornasri Jagani directly interacts with the senior citizens regarding supplements. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
13.	10-Oct-2022	Ayurveda Day Celebrations	10/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a Health camp on Ayurveda for Mental well-being. Dr. Sriman Narayan delivered a lecturer on "Mental well-being of Senior Citizens from Ayurvedic Prospective" followed by examining the mental status of senior citizens by PG scholars. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
14.	11-Oct-2022	Ayurveda Day Celebrations	11/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a Yoga session for general public. Dr. Guru Prasad delivered a lecturer on "Astanga Yoga practice for mental illness" followed by different Satvik Ahara indicated during Yoga practice by Dr. Apeetha S of 2nd year Kayachikitsa PG scholar. The program was well appreciated by all the people.	SJSACH Campus, Nazarathpet

15.	12-Oct-2022	Ayurveda Day Celebrations	<p>12/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized Spiritual Meditation / Yoga Practice / Pranayama for OPD patient. A team of Dr. Suvendu Rout, Dr. Soumya E.A with two PG scholars, Dr. Jay Krishan and Dr. Pooja Yadav explained the benefits and practice of Pranayama, Yoga and Spiritual Meditation. The entire program was very much effective and well appreciated by all the people.</p>	SJSACH Campus, Nazarethpet
16.	13-Oct-2022	Ayurveda Day Celebrations	<p>13/10/2022 Breast cancer awareness is celebrated on October 13th. The department of Prasuti Tantra and StriRoga conducted the awareness program for 3rd BAMS Scholars and for the patients visiting OPD on 13th October 2022. The details are as follows. Awareness class was conducted by Dr T V S Krishna on breast cancer prevalence and how early diagnosis can help in recovery of the patients on 12/10/22 from 3pm – 4 pm. On 13/10/22 the patients visiting the OPD of PTSR received the counseling and education regarding self-Breast examination and how early diagnosis is key to success in treating breast cancer, conducted by Dr Swathi C.</p>	SJSACH Campus, Nazarethpet
17.	13-Oct-2022	Ayurveda Day Celebrations	<p>13/10/2022 The department of Prasuti Tantra and StriRoga conducted 5 days social media campaign and awareness on ideal diet during menstruation</p>	SJSACH Campus, Nazarethpet
18.	13-Oct-2022	Ayurveda Day Celebrations	<p>13/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized an Awareness lecturer on Stress Management. Dr. Sriman Narayanan delivered a lecturer on “Management of Stress in Ayurveda” followed by counseling of Stressed patient by PG scholars. Entire session was well appreciated by all the people.</p>	SJSACH Campus, Nazarethpet
19.	14-Oct-2022	Ayurveda Day Celebrations	<p>14/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized different competition like Quiz, Poster, Rangoli and Face painting on mental health promotion through Ayurveda by all the UG and PG students. The program was very effective and well appreciated by all the people.</p>	SJSACH Campus, Nazarethpet
20.	15-Oct-2022	Ayurveda Day Celebrations	<p>15/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized Nukad Natak/Street plays for Health promotion by the faculties and PG scholars of department of Kayachikitsa. The play was well appreciated by the public.</p>	SJSACH Campus, Nazarethpet

21.	16-Oct-2022	Ayurveda Day Celebrations	<p>16/10/2022 PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a lecturer on "Spiritual Meditation" delivered by Dr. Vipin S.G followed by direct interaction about the practice of Spiritual Meditation to the OPD patient by PG scholars of department of Kayachikitsa. The entire program was well appreciated by all the people.</p>	SJSACH Campus, Nazarethpet
22.	19-Oct-2022	Har Din Har Ghar Ayurveda	<p>19/10/2022 On account of Ayurveda day commemorated in Sri Jayendra Saraswati Ayurveda College and Hospital, a campaign on awareness of ayurveda was held on 19th October 2022. With this year's theme being "Har Din Har Ghar Ayurveda", An awareness campaign to educate the public about the importance and values of ayurveda was organized in the institution by the Dept. of Agada tantra of Sri Jayendra Saraswati Ayurveda College. As the theme being "Har Din Har Ghar Ayurveda" which establishes the importance of ayurveda every day at every home, we, the students of 3rd professional studying at SJSACH under the guidance of our professors of the Dept. of Agada tantra, Dr. Usha Patil and Dr. Vijayshankar undertook this awareness campaign. We started the rally from our college and then we went to every house located at Yamuna nagar in Nazarethpet, Chennai for a door to door public ayurveda awareness programme on 19 th October 2022 between 9:30 A.M to 1:00 P.M in pursuit of creating awareness about the importance of practicing ayurveda in our day to day life. We were divided into four groups and together we covered almost 73 houses, spoke to various people with the motive of making people aware of the importance of ayurvedic practices every day at their home in order lead a healthy life. It was indeed such a blessing to have interacted with the public, spreading the values of our Vedic science amongst our fellow people. We spoke about the benefits of practice of Dinacharya like the benefits of nidra(sleep), the benefits of vyayama (exercise), the proper way for consuming Ahara, the benefits of Abhyanga(oil massage) and the benefits of nasya. we made sure the public knew that the ayurvedic medicines are highly beneficial, no side effects if used appropriately, provides immunity, enhances health, prevents various diseases, cures diseases efficiently, and provides good strength.</p>	YAMUNA NAGAR, NAZARATHPET

23.	12-10-2022 to 20-10-2022	Ayurveda Day Celebrations	<p>On the eve of National Ayurveda Day 2022, Department of Kaumarabhritya in coordination with Department of Prasuti tantra and Department of Shalakya Tantra of SJSAC&H jointly conducted school health checkup programme from 12.10.22 to 20.10.22 at Jaya Jaya Sankara International School Nazarathpet Chennai. The school health programme was mainly focused on the screening and diagnosis of various pediatric conditions and also for ruling out different kinds of malnourishment which are common in school going children. Overall 4500 school students were screened from kindergarten to 12th standard. The screening was mainly done by the internees of SJSACH on rotation basis. It was observed that many of the school students were having dermatological disorders and nutritional deficiencies, allergic respiratory disorders and eye disorders. Those students diagnosed with different diseases were advised to come for consultation at SJSACH OPD department. The programme was very much fruitful as the internees got very good clinical exposure from screening and good number of screened patients were also received at OPD of SJSACH.</p> <p>For making this event a grant success, we would like to extend our sincere gratitude to the honorable vice chancellor of SCSVMV, EC committee, MC Committee, Principal I/C of SJSACH, Vice Principal of SJSACH, Administrative officer of SJSACH, HOD and staffs of Department of Kaumarabhritya, Prasuti Tantra and StriRoga, Shalakya tantra and internees of SJSACH.</p> <p>Programme coordinators</p> <ul style="list-style-type: none"> • Dr A A N Udaykumar • Dr ANOOP A S 	JAYA JAYA SANKARA SCHOOL, NAZARATHPET, CHENNAI - 600123
24.	21-Oct-2022	PILES AWARENESS PROGRAMME	<p>We have conducted piles awareness programme on 21.10.2022 in the department of Shalya Tantra. We screened some patients. And also we educated the patients about piles and treatment modalities available in our college Hospital.</p> <p>Benefits: - All Internees and post graduate students well trained in examination of patients and doing Para surgical procedures.</p> <p>Outcome: - Patients and public got awareness about the palliative treatment for piles and also anorectal diseases.</p>	SJSACH Campus, Nazarathpet
25.	21-Oct-2022	Ayurveda Day Celebrations	<p>On the Eve of "Har Din Har Ghar Ayurveda – 2022 (National Ayurveda Day- 2022)", Dept. of Samhita Siddhanta & Samskrta of SJSAC&H organized events on 21.10.2022, between 9.30 A.M. and 1.00 P.M</p>	SJSACH Campus, Nazarathpet
26.	23-Oct-2022	Ayurveda Day Celebrations	<p>On account of 7th International Ayurveda Day, on 23.10.2022, Danvandri Jayanti was celebrated at our Mahaswami Mandapam. Danvandri Homam was performed on that day between 9.00 am to 12 Noon. Students & Staff participated and got the blessing of Lord Danvandri.</p>	SJSACH Campus, Nazarathpet

27.	16-12-2022 & 17-12-2022	AYURVENTION 2022	<p>On 16 and 17 December 2022 , ALL INDIA AYURVEDA CONGRESS , Tamilnadu chapter conducted a seminar on AYURVENTION 2022, at SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, Kaatangulathur,chennai. We students ,along with Final years Parashara batch and our faculties Dr.NishaRaj mam and Dr.Virupaksha Gupta sir , attended the event. Our honoured Administrative Officer Mr.sankaranarayanan sir., principal Dr chittaranjan Das sir , Vice principal Dr. Praveen sir Joined us on the first day . The event was held for two consecutive days(16-12-2022friday and 17-12-2022saturday). On the first day -16Dec2022 All the registered students were given a scanned ID Card along with a scribble pad and a pen for taking notes. Around 11am ,with the blessings of lord hanwantari,the event began with a grand inauguration by various dignitaries from Ayurveda congress and SRM institute. Inauguration was followed by an introduction to the subsequent sessions and AYURVENTION by Dr Rabi Narayan, Director general,CCRAS. This was followed by a webinar of Dr.Bhavna Parasher ,CSIR regarding digitalizing ayurveda. The sessions were really valuable . After the lunch break,DrL.Mahadevan,Sri Sarada ayurveda college and hospital took over the stage It was one of the best sessions one can witness. The sederunt was on clinical Rheumatology and Ayurveda. It was followed by the presentation of Dr JLN Sastri,CEO JATAS herbals. At the end of the day there was an oral presentation competition for the participants. Our batch,2nd BAMS Ms.Suparna took part , presented- simulation in Ayurveda and it is very glad that she bagged the runner's up award in the same . On the second day-17Dec2022, The Colosseum began around 9:30am with Dr Anand Ram sharma's insight about networking ayurveda.This was followed by Dr. Selvamurthy ,Amity University, speech regarding AI and Ayurveda . These were very interesting as they gave a note about the future scope of Ayurveda in the current era . This was followed by the most awaited session of Dr.L.Mahadevan , regarding "TamilnattilIndihyamaruthuvam", testimony for 'Ayurveda was in tamilnadu'. It was very fascinating. This was followed by a book launch event A book on Sneha vidhi was launched by Dr L.Mahadevan and many delegates were falcitated . Further, Dr.Ramesh varier and Dr.Balapesala shed light on Ayurveda and digitalization , it 's spread after COVID 19, metaphysical approach and globalization of Ayurveda . By the eve the event slacked to it's end with the valedictory function.</p> <p>Dr Tamizhisai Soundarrajan, Governor of TN,Lieutenant Governor Puducherry was the chief guest for the eve. There was a speech regarding Ayurveda by the chief guest and other fellow dignitaries. This was followed by felicitation of the scholars who imparted knowledge to hundreds of students on both days .</p> <p>There were tea breaks in between every session on both the days and lunch was also neatly arranged by the host on both the days . All the events took place in a very smooth manner .The fruit of the seminar was fetched by the participants.</p>	SJSACH Campus, Nazarathpet
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28.	13-Dec-2022	Awareness session against DRUG ABUSE	<p>A campaign session was organised jointly by the Nazarathpet police station and Sri Jayendra Saraswati Ayurveda College and Hospital on DRUG ABUSE on 13thDecember 2022 to spread awareness and to eradicate drug abuse among youth.</p> <p>In the premises of Sri Jayendra Saraswati Ayurveda College and Hospital, the students of the Ayurveda College were engaged in an awareness programme by the Nazarathpet police officers on drug abuse. The talk on drug abuse was given by Mrs. Rani, Sub-inspector of police, Nazarathpet. The students were given heightened awareness. At the end of the session, the students took the message that drugs is a dirty business to their mind and hearts and pledged to spread message against drug abuse far and wide.</p> <p>In this campaign, the students of Sri Jayendra Saraswati Ayurveda College and Hospital will continue to spread the message of awareness and will motivate the youth in different age groups to stay away from drugs.</p> <p>Drug abuse is of no USE!!!!</p> <p>A campaign session was organised jointly by the Nazarathpet police station and Sri Jayendra Saraswati Ayurveda College and Hospital on DRUG ABUSE on 13thDecember 2022 to spread awareness and to eradicate drug abuse among youth.</p> <p>In the premises of Sri Jayendra Saraswati Ayurveda College and Hospital, the students of the Ayurveda College were engaged in an awareness programme by the Nazarathpet police officers on drug abuse. The talk on drug abuse was given by</p>	SJSACH Campus, Nazarathpet

			<p>Mrs. Rani, Sub-inspector of police, Nazarathpet. The students were given heightened awareness. At the end of the session, the students took the message that drugs is a dirty business to their mind and hearts and pledged to spread message against drug abuse far and wide.</p> <p>In this campaign, the students of Sri Jayendra Saraswati Ayurveda College and Hospital will continue to spread the message of awareness and will motivate the youth in different age groups to stay away from drugs.</p> <p>Drug abuse is of no USE!!!!</p>	
29.	3-Dec-2022	GITA JAYANTHI 2022	<p>On the Eve of "Gita Jayanti-2022", Dept. of Samhita Siddhanta & Samskrta of SJSAC&H organized celebrations on 3.12.2022, between 10.30 A.M. and 11.30 A.M. at Mahaswami Auditorium. Along with the Principal, Vice Principal and AO sir, students from all the batches, many faculties and nonteaching staffs actively took part in the celebration.</p>	SJSACH Campus, Nazarathpet
30.	1-Jan-2023	NEW YEAR CELEBRATIONS	<p>On 31/12/22 Dr. Swaminathan ,Dr. Vijayshankar Dr. Deepak Raja,Dr .Hariumsree , Dr.Anoop ,Dr .Bindu joined the students (hostellites) of SJSACH to welcome the new year 2023 by lighting the campfire from 11pm followed by cake cutting at 12 am on 1/1/23. Students had a great time during New year celebration with music and games.The night was filled with happiness so as a good start for the upcoming year.</p>	SJSACH Campus, Nazarathpet

31.	10-Jan-2023	PONGAL CELEBRATIONS	<p>On January 10th 2022,Pongal festival was celebrated in Sri Jayendra Saraswati Ayurveda College and Hospital and conducted by Nimi batch. The stage programs was held at the college auditorium, Maha Swami Mandapam beginning with the lighting of lamp by offering prayers to the respected Swamigal and the Almighty. The welcome speech was addressed by R.Srinidhi 3 rd year BAMS ,the Presidential address by our Prof. Dr. G.R.R.Chakaravarthi . The day cultural events started off by folk dance competition by each batch. Followed a competitive round of folk song competition. then took place the traditional makeover competition . Offstage events rangoli competition was also organized for which the students participated from each batch.The highlights of the day was the “Pongal making competition”where students participated in groups and exhibited their cooking skills and made variety of delicious pongal . Some entertaining events like bottle filling competition ,lemon and spoon ,sugarcane eating competition took place where the students participated with full enthusiasm. The second half of the day were for exclusively sports especially outdoor games focusing on more traditional games like uriadi, tug of war , Kabbadi etc. The games were organized in a systematic way where registration counter was open for students to enroll themselves. The outdoor events were held in the afternoon. We were very glad to see the enthusiastic participation of all the students, teachers and the staffs. The program came to an end with the vote of thanks by Asst. Prof .Mrs.Shanmugapriyadharshini (Ayurveda samhita and Siddhanta).And Students and staffs were provided with refreshments which included Tamil Nadu’s traditional sweets..Finally the participants where awarded with certificates and momentos. We would like to thank our Principal Dr. Chittaranjan Das, Vice Principal Dr. Praveen.B.S, Administrative officer Mr. Shankaranarayanan, MC committee member, 3rd year Class mentor</p>	SJSACH Campus, Nazarethpet
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			<p>Dr.K. Guruprasad ,the faculty members and staffs, and all the students for their support and cooperation for making this celebration a grand success.</p>	
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32.	28-Jan-2023	RATHASAPTHAMI - 2023	<p>On the auspicious occasion of Rathasapthami on 28th January 2023, Sri Chandrashekharendra Saraswathi Viswa Mahavidyalaya is organised a mass Surya Namaskaraprogramme in this occasion including staff, post graduation scholars, interneees and students 300 people participated and demonstrated Suryanamaskara on this occasion. This program is conducted in Sri Jayendra Saraswathi Ayurveda College and Hospital, opposite to OP Building, SJSACH campus.</p> <p>This occasion is witnessed by Dr U S Srinivasan, Neurosurgeon as chief guest and presided over by honorable dean of Health sciences SCSVMV Prof. Dr. K. Venkataraman, Principal Dr Chittaranjandas and Vice Principal Dr Praveen B S, SJSACH. Event is jointly organised by Yoga club and VasudaivaKutumbakam team of esteemed university.</p> <p>Yoga day event inauguration started with Vinayaka Sthotra prayer followed with Bhaskara Sthotra by Rakshita.N.R.K, First year BAMS student. With the brief introduction about importance of Yoga on Rathasapthami by our students Vatsala Sharma and Amrutha Karthikeyan, Final year students from department of Ayurveda of SCSVMV. Dr Bindu V, Assistant Professor in department of Swasthavritta and Yoga presented welcome speech by welcoming the dignitaries and participants to Mass Suryanamaskara demonstration conducted in SCSVMV. The chief guest Dr U S Srinivasan addressed the gathering regarding Indian culture and importance of Suryanamaskara in day to day life especially to calm and control the mind. Sir also spoken regarding origin of Yoga and Suryanamaskara he also explained each and every posture in Suryanamaskara with benefits in improving health and prevents the diseases in therapeutic way. Sir also insisted each and every one to practice Yoga regularly and motivate elders in home to practice the same. Subsequently chief guest felicitated by honorable Dean of SCSVMV Prof. Dr .K.Venkataraman.</p> <p>The major event on this day was mass Suryanamaskara demonstration by 300 participants including staff and students of esteemed university from 8. 30 am to 9.00 am this program was led by Dr Guruprasad K, Professor in department of Swasthavritta and Yoga, Sri Jayendra Saraswathi Ayurveda College and Hospital. Through following the protocol prepared by department of Swasthavritta.</p> <p>On the auspicious occasion of Rathasapthami on 28th January 2023, Sri Chandrashekharendra Saraswathi Viswa Mahavidyalaya is organised a mass Surya Namaskaraprogramme in this occasion including staff, post graduation scholars, interneees and students 300 people participated and demonstrated Suryanamaskara on this occasion. This program is conducted in Sri Jayendra Saraswathi Ayurveda College and Hospital, opposite to OP Building, SJSACH campus.</p> <p>This occasion is witnessed by Dr U S Srinivasan, Neurosurgeon as chief guest and presided over by honorable dean of Health sciences SCSVMV Prof. Dr. K. Venkataraman, Principal Dr Chittaranjandas and Vice Principal Dr Praveen B S,</p>	SJSACH Campus, Nazarethpet
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			<p>and importance of Suryanamaskara in day to day life especially to calm and control the mind. Sir also spoken regarding origin of Yoga and Suryanamaskara he also explained each and every posture in Suryanamaskara with benefits in improving health and prevents the diseases in therapeutic way. Sir also insisted each and every one to practice Yoga regularly and motivate elders in home to practice the same. Subsequently chief guest felicitated by honorable Dean of SCSVMV Prof. Dr .K.Venkataraman.</p> <p>The major event on this day was mass Suryanamaskara demonstration by 300 participants including staff and students of esteemed university from 8. 30 am to 9.00 am this program was led by Dr Guruprasad K, Professor in department of Swasthavritta and Yoga, Sri Jayendra Saraswathi Ayurveda College and Hospital. Through following the protocol prepared by department of Swasthavritta.</p>	
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33.	26-Jan-2023	REPUBLIC DAY CELEBRATIONS	<p>On January 26th 2023, 74th REPUBLIC DAY was celebrated at Sri Jayendra Saraswati Ayurveda College And Hospital. It was conducted by Ms. Nimi batch (2019-2025) The program was held near Arundhathigirls hostel, beginning with the prayer song at 9am by Snigdha and Saikerthana of 3rd profession.</p> <p>Parade was conducted, Headed by the captain and their team followed by flag unfurling which was done by chief guest Mr. Kanthimathinathan, Masseur of our college hospital and followed by National Anthem sang by Dr. Suvendu Rout sir, later the chief guest was honoured by Principal Dr. Chittaranjan Das sir and Vice Principal Dr. Praveen sir.</p> <p>Welcome address was given by Shradha of 3rd profession then followed by key note address by our respected Principal Dr. Chittaranjan Das sir which was impactful.</p> <p>The student speech was given by P. Suchitra of 3rd profession on the theme Jan Bhagidari which was very inspiring. Followed by patriotic song which was sung by Sivaram, Soundaraya, Rakshita and Asvitha which reminded us about desh bhakti.</p> <p>Finally the program was concluded with vote of thanks by Durga Sri Ramni and sweet was distributed to all by Nimi batch.</p>	SJSACH Campus, Nazarathpet
34.	2-Mar-2023	AYURVEDA MEDICAL CAMP	<p>A request for conducting ayurveda medical camp was received in connection with Azadi Ka Amrit Mahotsav as directed by Govt of India from Mr Sundara Moorthi GSR, AGM (ADMN), Central Warehousing Corporation on 16.02.23. In connection with the same Ayurveda screening and consultation was planned and accomplished at Anna Institute of Management, Mahizhampoo, 63/1 P S Kumaraswami Raja Salai, Chennai 600028 on 02.03.23.</p> <p>A team of 4 consultants viz. Dr Praveen B S, Dr Vipin SG, Dr Swathi C and Dr Anoop A S attended the camp for specialty consultation. Post graduate scholars viz Dr Gulnar Mariam and Dr Priyanka Kamble, interneers viz Bhanu Prakash and Ashwin were the part of the camp. The camp began at 2:00 PM and concluded at 6:00 PM. Totally 75 patients with various ailments like Diabetes Mellitus, Metabolic problems, Menstrual irregularity, Menorrhagia, a couple of pediatric cases were examined and advised medicines. Couple of pregnant ladies too attended the camp for Ante natal checkup. The employees and ex employees of CWC and staffs of Anna Administrative Staff College were also among the beneficiaries. The participants of the camp were requested to report to SJS hospital for subsequent followup. Many health seekers who attended the camp were directed to satellite clinic of SJSACH at T Nagar for further consultation and purchase of medications considering their convenience. The efforts of the institution and all participants were well appreciated. Mr Anantharaman, Senior Consultant coordinated the camp proceedings on behalf of Central Warehouse Corporation.</p>	ANNA INSTITUTE OF MANAGEMENT

35.	4-Mar-2023	AYURVEDA MEDICAL CAMP	<p>Ayurveda Awareness talk on Cancer of Breast and Cancer of Cervix and Ayurveda medical camp was conducted by Dept of Ayurveda , Sri Jayendra Saraswathi Ayurveda College and Hospital of SCSVMV at Sri Chandrashekarendra Saraswati Vishwa Mahavidyalaya , Enathur Kancheepuram on 4/3/23 .</p> <p>Doctors , Prof K P Roshini , Dr Swathi C PG scholars from PTSR department Dr Gulanr Mariam , Dr N Lavanya , Dr Neha Malik , Dr Khushboo Kashyap attended the camp for awareness talk and Ayurveda speciality consultation . The awareness talk began at 11.30 am where Dr Swathi gave a brief introduction of cancer, Dr N Lavanya gave awareness talk on cancer cervix and Dr Mariam gave awareness talk on Breast Cancer . The female staff of SCSVMV were the beneficiaries. The session was well appreciated. Patients with ailments like fibro adenoma of breast, menstrual irregularities, perimenopausal issues and gynaec complaints sought consultations. The camp concluded at 3.30 pm.</p>	SCSVMV, ENATHUR, KANCHIPURAM
36.	09-03-2023 TO 11-03-2023	INTERNATIONAL KYDNEY DAY	<p>International kidney day was celebrated from 09/03 to 11/03/2023 at SJSACH with seminar on Kidney related topics and medical camp for three days. This day used to mark on second Thursday of March every year since 2006. World kidney day (WKD), a joint initiative of the International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF), is a global campaign that aims to raise awareness of the importance of our kidneys to overall health and to reduce the frequency and impact of kidney disease and its associated health problems. Every year, the campaign highlights a particular theme and this year the theme was 'Kidney Health for All – Preparing for the unexpected, supporting the vulnerable.</p> <p>To commemorate this day, our institution took the initiation with the coordination of P.G department of Kayachikitsa. Three days of medical camp was arranged at the OPD from 09/03/2023 to 11/03/2023 and a seminar on kidney disease from 2.30 pm to 4.00 pm on 09/03/2023. Prior to the medical camp 500 pamphlets were distributed in the villages of Nazarathpet, Agarmel, Mepur and Thirumazhisahi along with our college brochures.</p> <p>Medical camp was inaugurated on 09/03/2023 at 9.30 am at our OPD block in the presence of Principal I/C,Vice principal cum medical superintendent, Additional medical superintendent, Dr. Usha Patil (MC member), faculties of PG. department of Kayachikitsa and other teaching faculties of the institution.</p> <p>The first day of the camp was managed by Dr.Suwendu Rout, second day by Dr. Pradeep Kumar Moharana and third day by Dr.Vipin S.G. Patients who attended the camp were prescribed medicines and advised to take the RFT and food restrictions. They were also intimated to inform their known people and relatives to take Ayurvedic treatment for kidney diseases.</p> <p>On 09/03/2023 a seminar was conducted from 2.30 pm to 4.30 pm. Total 110</p>	SJSACH Campus, Nazarathpet

			<p>people have attended the program including faculties, PG scholars, interns and UG students. Seminar started with lightening the lamp and invocation followed by welcome address by Dr.Pradeep Kumar Moharana, Keynote address by Dr. Suvendu Rout and the Presidential address by the Principal Dr. Chitta Ranjan Das.</p> <p>Total five scientific lecturer session were delivered by faculties and PG scholars. The first session was delivered by Dr. Laxmi J on Applied anatomy and physiology of Kidney, second session by Dr. Karthika on Pathophysiology and laboratory investigation of kidney disease, third session by Dr. Apeeta.S on management of kidney disease, fourth session by Dr. Guru Prasad on Pathya Apathya for kidney disease and the last session by Dr. Muthunagi on case presentation of kidney disease. The program was ended with vote of thanks by Dr.Vipin S.G and National Anthem.</p>	
37.	24-Mar-2023	WORLD TUBERCULOSIS DAY	<p>On 24th March 2023, World Tuberculosis Day was organized at Sri Jayendra Saraswati Ayurveda College And Hospital conducted by Swasthavritta Department, NSS Unit III, SCSVMV and Event Committee of SJSACH .Theprogramme was held in Mahaswami Mandapam at 2.30pm .The event began with prayer song by Sreelikhitha and Saipriya of First Professional BAMS. Chief guest was Dr. Renjith Robert , District Medical Officer from District Tuberculosis Centre, Poonamallee. Welcome address was given by Dr. Guruprasad, Professor and HOD, Department of Swasthavritta. Key note address given by Dr. Bindu .V, Assistant Professor, Department of Swasthavritta. Followed with Tuberculosis Awareness talk by Dr. Renjith Robert, who was assisted by Mr. Arun, Health Educator from District Tuberculosis center. Thereafter Dr.ChittaranjanDas,The Principal of SJSACH felicitated the Chief guest , Dr.Renjith Robert. Dr.Praveen B.S, The Vice Principal of SJSACH felicitated Mr.Arun.The session was very informative and fruitful both for the students and staffs of SJSACH. The event was concluded with Vote of thanks by Dr.Sreelakshmi.K, Assistant Professor, Department of Rasasastra And Bhaishajyakalpana.</p>	SJSACH Campus, Nazarathpet

38.	25-Mar-2023	AYURVEDA MEDICAL CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, under the banner of Azadi Ka Amrit Mahotsav</p> <p>Date of conduction of camp: 25-03-2023 Time: 10:30 am to 2:30 pm</p> <p>The concerned faculty members, PG scholars, and Interns started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 9:35 am and reached the venue by 9:55 am.</p> <p>The health check-up and awareness program started at 10:25 am in the community hall of VGN Imperia, Phase I, which was the designated camp site.</p> <p>Dr. Saravanan B- Associate Professor, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Vijay Shankar MR- Assistant Professor, Dept. Of Agada Tantra, Dr. Amrutha BS- Assistant Professor</p> <p>,Dept of Prasuti Tantra and StriRoga, Dr. Arya S Menon- Assistant Professor, Dept. of Shalya Tantra, Dr. Gulnar Mariam- PG scholar, Dept of Prasuti Tantra and StriRoga, Dr Karthika Harish- PG scholar, Dept of Shalya Tantra, Dr. Banu Prakash – Intern, Dr. Abirami G- Intern and Dr. Shivanika A-intern, SJSACH, took part in the camp.</p> <p>General health screening was done at the camp site and an awareness on Swarnaprashana and its benefits was also given. Pamphlets describing our treatment specialties and facilities at our hospital were distributed. Patients enrolled their names and sought consultation. Their blood pressure, weight, and vitals were recorded. Random Blood sugar was checked, who needed it. It was observed that Sandhishoola, Agnimandya and PCOS were the predominant disease conditions and consultation was done accordingly. All the patients were prescribed with medicines and were directed to purchase the medicine from the pharmacy of SJSACH. Free medicines were also dispensed as and when needed(karpooraditaila prepared at Sri Sankara pharmacy) Patients with menstrual irregularities, ano-rectal disorders and other systemic diseases were referred to our hospital for further evaluation. The camp was conducted successfully.</p>	VGN Imperia, Phase I Main Road, Thiruverkad
39.	31-Mar-2023	SWARNAPRASHANA	<p>Swarnaprashana , an Ayurvedic way of immunization with an aim to prevent the recurrent rate of infections in children by promoting their immunity was launched at Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Poonamallee, Chennai on the auspicious Pushya Naskshatra day -31.03.23.The programme was started in the OPD block of SJSACH at 7:00 AM by lighting the lamp. The auspicious lamp lighting ceremony was done by Dr ChittaRanjan Das, Principal i/c SJSACH, Dr Praveen B S , Vice principal SJSACH, Dr K P Roshni - MC member & HOD department of Kriya Shareera, Dr A A N Uday Kumar, Professor & HOD Department of Kaumarabhritya and Dr Anoop A S, Assistant Professor, Department of Kaumarabhritya. The Swarnaprashana camp was officially inaugurated by giving the first dose to Master Kashyap by Dr ChittaRanjan Das. The camp was continued thereafter in the Koumarabhritya OPD. There was continuous inflow of children between the age group of 3 months to 16 years from different</p>	SJSACH Campus, Nazarathpet

			<p>areas of Tamil Nadu like Thiruvallur, Chennai, Mangad, Nazrathpet etc. The medicine was administered by the consultants - Dr A A N Uday Kumar, Dr Anoop A S, Dr Indusree C Suseelan and Dr Reshma Ramakrishnan after detailed clinical assessment of each child. The queries raised by the parents regarding the Swarnaprashana were clarified and awareness were given to them by the consultants. The internees of SJSACH were actively involved in the registration and screening of each child. The Swarnaprashana camp was also conducted at SCSVMV by Dr Ashutosh Chaturvedi. All the parents were truly satisfied with the camp and were provided with the pamphlets about Swarnaprashana and were informed to correctly report for the next dose on 27.04.23 without fail. The camp continued till 6:00 PM in the evening at SJSACH OPD block. A total of 71 children were benefitted by the Swarnaprashana Camp at SJSACH and SCSVMV.</p>	
40.	27-Apr-2023	SWARNAPRASHANA	<p>The second camp of Swarnaprashana got started at SJSACH IPD block on 27.04.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhritya and there were 3 interns from the department of Kaumarabhritya for screening of the patients. Total 84 patients got benefitted from the camp. There were more than 60 new entries and around 20 follow up patients. The patients who were on the 1st follow up expressed good response during the second visit and no history of any infections were told by them during this interval between the two visits. Few of the patients who are admitted in our hospital had also taken the first dose and were instructed to come for the follow up visits on the upcoming Pushya Nakshatra Dates. Many of the regular OPD patients from Bala roga department, Prasuti tantra department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were patients from different places like Nazarathpet, Poonamallee, Anna Nagar, Mangad, Chembarampakkam, Avadi etc. An increase in the number of total entries was observed compared to the first Swarnaprashana camp. All the patients were provided with the new pamphlets after administering medicines and instructed to come for the third camp without fail. The camp was successfully completed by 6:00 PM in the evening.</p>	SJSACH Campus, Nazarathpet

41.	30-Apr-2023	AYURVEDA MEDICAL CAMP	<p>A request for conducting Ayurveda medical camp was received from Mr Vishwanath, a proud alumni of SCSVMV, who is currently a resident of Altis Ashraya Apartment, Managadu. In connection with the same Ayurveda screening, consultation and medicine distribution was planned and accomplished at Altis Ashraya, Shriram City Road, next to Velammalvidhyalaya Cyber, Sri Pandian Nagar, Mangadu, Chennai on 30.04.23.</p> <p>A team of 4 consultants viz. Dr Suwendu Rout-Prof & HOD Department of Kayachikitsa, Dr K Deepak Raja- Associate Professor, Department of Kriya Shareera ,Dr Anoop A S – Assistant Professor ,Department of Kaumarabhrutya and Dr Arya S Menon – Assistant Professor, Department of Shalya Tantra attended the camp for specialty consultation. Post graduate scholars Viz Dr Shreeram, Dr Jaykishan Barman and Dr Pooja Swaminath Yadav, Internees Viz Krishna Das C,Vanshy S Jain, Sreeja K and B Annapurna, Pharmacist-Mrs Chitra R and Driver -Mr Vijayakumar D were the part of the camp team. The team reached the venue by 10:10 AM and after finishing all the necessary arrangements the camp began at 10:30 AM and concluded at 4:00 PM. The camp was well organized by Dr Arya S Menon in the community hall.</p> <p>Totally 56 patients with various ailments like Diabetes Mellitus, Hypertension Metabolic problems, Degenerative joint disorders, Hemorrhoids, Peripheral Vascular diseases, Pediatric disorders like Allergic bronchitis, Recurrent Respiratory Tract infections were examined and given medicines. The residents of Altis Ashraya were the beneficiaries. The participants of the camp were requested to report to SJS hospital for subsequent follow up. The efforts of the institution and all participants were well appreciated by the sponsor and the resident members of the Apartment. The camp was concluded by felicitating Mr Vishwanath for sponsoring the camp.</p>	Altis Ashraya Apartment, Managadu
42.	14-May-2023	AYURVEDA MEDICAL CAMP	<p>Sri Jayendra Saraswathi Ayurveda College & Hospital in coordination with Department of Kaumarabhrutya and Camp Coordination Committee planned and accomplished a Pediatric speciality camp at ArulmiguAlamarathadi Vinayagar Alayam, Katpadi on 14.05.23.A team of 3 consultants attended the camp for speciality consultation viz. Dr A A N Udaykumar, Dr Anoop A S and Dr Deepak Raja.Post graduate scholars viz. Dr Sangeetha and Dr Krithika C, internees viz. Dr Swathi, Dr Shivanika,Dr Abirami and Dr Krishna Das C.The PG scholars assisted the consultants in screening examination and prescribing the medicines.The internees coordinated and assisted the camp by registration of the patients and distribution of the medicines.The billing section and dispensing of medicines was handled by Pharmacist Mrs. Mala.The transportation of staffs and distribution of pamphlets at the venue were done by Mr Vijay Kumar D.</p> <p>The camp started at 10:30 AM and continued till 4:00 PM.Total 28 patients got benefitted from the camp.The patients were mainly special kids with different physical and mental illness including Autism, ADHD, Cerebral Palsy, Mental Retardation, Epilepsy,Global Developmental Delay and a few genetic disorders</p>	ArulmiguAlamarathadi Vinayagar Alayam, Katpadi

			<p>also. The parents were given medical advice regarding the health condition of the kids. They were also being educated with the importance and role of Ayurveda in the management of these illness. There were also few adult patients with joint disorders and menstrual irregularities. There were continuous inflow of the patients from morning till evening. Medicines worth Rs.29,000/ from our pharmacy were sold out in the camp. All the health seekers who attended the camp were directed to Sri Jayendra Saraswathi Ayurveda Hospital for further consultation, treatment and follow up. Overall the camp was well received by beneficiaries and it was a great success.</p>	
43.	25-May-2023	SWARNAPRASHANA	<p>The third camp of Swarnaprashana was held on 25.05.23 from 7:00am onwards at 4 different Venue SJSAC&H IPD block, Nazarethpettai, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur & SCSVMV CCO, T-Nagar. All together more than 100 children got benefitted from this camp</p> <p>The consultants at SJSAC&H IPD block, Nazarethpettai were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 5 interns from the department of Kaumarabhrutya for screening of the children. Total 82 children got benefitted from the camp. There were 36 new entries and 46 follow up children.</p> <p>The consultants at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur were Dr Hari Aum Shree SPS Nair, Dr Bindu V & Dr. Sai Badrinathan and there were 3 interns for screening of the children. Total 11 children got benefitted from the camp.</p> <p>The consultants at SCSVMV CCO, T-Nagar were Dr Swathi C and Dr Geethu Mohan and there were 2 interns for screening of the children. Total 12 children got benefitted from the camp.</p> <p>The children who were on the 1st and 2nd follow up expressed good response during the third visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were children from different places like Nazarethpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the fourth camp without fail. The camp was successfully completed by 6:00 PM in the evening.</p>	SJSACH Campus, Nazarethpet

44.	3-Jul-2023	GURU POORNIMA DAY	<p>Guru poornima day was celebrated in Sri JayendraSaraswati Ayurveda College and Hospital by all the faculties and student on 03/07/23 Monday. The programme was organised by fourth year students under the guidance of Priyadarshini mam sanskrit faculty of the college. The programme started with Pooja along with prayer. It was followed by an informative speech by third year students on the importance of Gurupurnima, both in Sanskrit and English. Students were enlightened with a speech by Dr Swaminathan sir HOD of Samhita department. Later all the students chanted Gurushtankam</p> <p>The programme was made more meaningful by students by bowing to seek blessings from the gurus of the college.</p> <p>Lastly staffs and students offered flowers to Sri Sankaracharya. The event ended with distributing prasadam.</p>	SJSACH Campus, Nazarethpet
45.	28-Jul-2023	WORLD HEPATITIS DAY	<p>World Hepatitis Day (WHD) takes place every year on 28 July in memory of Dr. Baruch Blumberg, who discovered the hepatitis B virus (HBV) and developed a diagnostic test and vaccine. It is celebrated to bring the world together under a single theme to raise awareness of the global burden of viral Hepatitis and to cut down the chain of transmission. In 2023 the theme of WHD is "ONE LIFE ONE LIVER". This event was successfully organized by the NSS unit III of SCSVMV on July 28, 2023.</p> <p>Under the guidance of NSS program officer Dr. Vijay Shankar M R and Dr. Karthika R Nair, PG Scholars Dr. C. Muthunagai and Dr. C. Kiruthika a team of 20 NSS Volunteers of Sri Jayendra Saraswati Ayurvedic College and Hospital contributed in spreading the awareness on hepatitis and importance of prevention, control and proper management of liver disorders, especially hepatitis in Government Girls Higher Secondary School, Keelmanampedu and Veellaveedu Panchayath.</p> <p>This awareness camp was inaugurated by Mrs. Janaki (Principal Govt (G) HSS, Keelmanampedu) at 10 am at the school assembly hall Govt (G) HSS, Keelmanampedu. Dr. C. Kiruthika conducted sessions on the importance of celebrating World Hepatitis Day and Dr. C. Muthunagai dealt with causes, signs and symptoms, and prevention, to the public for awareness. Followed by this informative session on liver health was dealt by Dr. Vijay Shankar M.R. and Dr. Karthika R Nair to staff and students of Govt (G) HSS, Keelmanampedu. We pledge to undertake sincere efforts to provide leadership in the fight against Hepatitis for the betterment of our community. After the session, pamphlets on Hepatitis awareness were handed over to Mrs. Janaki by Dr. Vijay Shankar M. R. for the Staff. NSS volunteers circulated pamphlets to students, nearby residencies, and shops. With the active participation of students, pamphlets were circulated door to door after the school session.</p> <p>After school session awareness class was organized for public and panchayath workers in Vellavedu Panchayath, session was inaugurated by Mr. Victor (Health inspector) by 12 am. NSS volunteers conducted sessions on prevention and management of Hepatitis and Dr. Karthika and Dr. Vijay Shankar conducted class on</p>	SJSACH Campus, Nazarethpet

			<p>ayurvedic management in Hepatitis and Liver disorders.</p> <p>The awareness program turned out to be an opportunity to the public to create knowledge about the prevention of Hepatitis and gave an insight on importance of liver protection. The program ends up by 1.30 pm. The immense cooperation and combined effort of the volunteers, and doctors there was a greater response from the public and this made the event more beneficial and successful.</p>	
46.	1-Jul-2023	NATIONAL DOCTOR'S DAY	<p>On 1st July 2023, National Doctor's Day was celebrated at Sri Jayendra Saraswati Ayurveda College and Hospital, conducted by PG Scholars of SJSACH. The program was held in Mahaswami Mandapam at 2.00pm. The event began with prayer song and lighting the lamp. Rose flower was offered to all the Doctors as a token of appreciation.</p> <p>Welcome address was given by Dr. Aparna, PG Scholar, Dept of Shalya tantra, Dr. Mayuri, PG scholar, Dept of PTSR, spoke about importance of Doctors Day. Thereafter our Principal Dr. Chittaranjan Das, Vice Principal Dr. Praveen B.S, Dr S. Swaminathan, HOD, Dept of Samhitha Siddhanta, Dr. Pradeep Kumar Moharana, Professor, Dept of Kayachikitsa shared their clinical experience and challenges they have faced during their practice to the students. After that a testimony video of the patients, who got treated here in Sri Jayendra Saraswathi Hospital is played to motivate the budding Doctors.</p> <p>Then cultural program started with the solo song sung by Dr. Deepthi, Dr. Neetha and Dr Udit, PG scholar. Classical Dance performed by Dr. Abhirami, PG Scholar, dept of Kayachikitsa and Skit performed by I & II year PG Scholars.</p> <p>The event was concluded with Vote of thanks by Dr. Pallavi, PG Scholar and National anthem.</p>	SJSACH Campus, Nazarathpet

47.	12-Jul-2023	MADANAPHALA COLLECTION	<p>As part of the academic activity, a field trip was organised by the Department of Panchakarma, Sri Jayendra Saraswati Ayurveda College and Hospital, Nazarathpet on 12th July, 2023 for the collection of Madanaphala.</p> <p>Our faculty members Dr. Reshma Ramakrishnan, Assistant Professor, Dr. Jeniffer Ponsingh, Assistant Professor, Department of Panchakarma and Dr. Nisha Raj(Green Cell Team Member), Associate Professor, Department of Dravya Guna and PG Scholars – Dr. C. Muthunagai, Dr. Prajna Paramita, Dr. Abirami D, Dr. Diwas Kumar Sethi, Dr. Yogita Ahlawat from the Department of Panchakarmahad participated in the activity. We started our trip from SJSACH at around 09:40 am and reached our destination at around 11am.</p> <p>First, we visited a forest area located at Tiruvadisoolam, Chengalpat District, guided by a local Irula tribe. He led us to the forest and helped in locating and identifying Madanaphala plants. Matured and ideal Madanaphala fruits were procured. Total collected fruits weighed 6kg approximately. Other medicinal herbs such as Langali, Sharapunkha, Gokshura and Swarnapatri were also identified and saplings were collected.</p>	TIRUVADISOOLAM, CHENGALPATTU DISTRICT
48.	21-Jun-2023	SWARNAPRASHANA	<p>The fourth camp of Swarnaprashana was held on 21.06.23 from 7:00am onwards at 4 different Venue SJSAC&H IPD block, Nazarethpettai, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur & SCSVMV CCO, T-Nagar. All together around 100 children got benefitted from this camp</p> <p>The consultants at SJSAC&H IPD block, Nazarethpettai were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 5 interns from the department of Kaumarabhrutya for screening of the children. Total 66 children got benefitted from the camp. There were 16 new entries and 50 follow up children.</p> <p>The consultants at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur were Dr Karthika R Nair & Dr. Ramabadri Sainathan and there were 2 interns for screening of the children. Total 13 children got benefitted from the camp.</p> <p>The consultants at SCSVMV CCO, T-Nagar were Dr Udaykiran and Dr Geethu Mohan and there were 3 interns for screening of the children. Total 18 children got benefitted from the camp.</p> <p>The children who were enrolled on the previous camps follow up expressed good response during the Fourth visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were children from different places like Nazrathpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the fourth camp without fail. The camp was</p>	SJSACH Campus, Nazarathpet

			successfully completed by 6:00 PM in the evening.	
49.	18-Jul-2023	SWARNAPRASHANA	<p>The 5th camp of Swarnaprashana was held on 18.07.23 from 7:00am onwards at 4 different Venue SJSAC&H IPD block, Nazarethpet, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur& SCSVMV CCO, T-Nagar. All together around 140 children got benefitted from this camp. The consultants at SJSAC&H IPD block, Nazarethpet were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrytya and there were 4 interns from the department of Kaumarabhrytya for screening of the children. Total 96 children got benefitted fr0m the camp. The consultant at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur was Dr Karthika R Nair and there were 2 interns for screening the children. Total 14 children got benefitted fr0m the camp. The consultants at SCSVMV CCO, T-Nagar were Dr Suwendu Rout and Dr Geethu Mohan and there was 1 interneer for screening the children. Total 28 children got benefitted fr0m the camp.</p> <p>The children who were enrolled on the previous camps follow up expressed good response during the fifth visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1 st dose from today's Swarnaprashana camp. There were children from different places like Nazrathpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the sixth camp on 14.08.23 without fail.</p> <p>The camp was successfully completed by 6:30 PM in the evening</p>	SJSACH Campus, Nazarathpet

50.	13-Jul-2023	AWARENESS CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarathpet, Chennai, under the banner of Azadi Ka Amrit Mahotsav</p> <p>Date of conduction of camp:13-07-2023</p> <p>Time: 10:00 am to 2:30 pm</p> <p>The concerned faculty members and PG scholars started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 8:20 am and reached the venue by 9:15 am.</p> <p>The medical camp started auspiciously at 10:00 am in the area nearby the temple under a shamiana tent.</p> <p>Dr. Saravanan B- Associate Professor, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr.HariAumshree Nair- Assistant Professor, Dept. Of Rasa Shastra and Bhaishajya Kalpana, Dr Lakshmi Jayakrishnan- Assistant Professor, Dept of Rachana Shareera, DrDeepthy T V - PG scholar, Dept of Rasa Shastra and BhaishajyaKalpana, DrSasikala- PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Krithika – PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Shamja - PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr Neeta - PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana Dr. Udit Saxena- PG scholar, Dept of Kayachikitsa, Dr. Meghana Venkat - PG scholar, Dept of Kayachikitsa, Dr. Saraswathi - PG scholar, Dept of Kayachikitsa of SJSACH, took part in the camp.</p> <p>Around 160 patients got benefitted from the medical camp. All the patients were checked for their vitals like weight, blood pressure, SpO2, pulse and then sent to the consultants for further evaluation. It was observed that Sandhishoola, Kasa, Swasa, Kushtawere the predominant conditionsthat came across and were consulted accordingly. Free medicines were dispensed as per the conditions for 2 days. Patients were then instructed to come to our hospital campus for further evaluation. The camp successfully ended at 2 30pm followed by darshan at the temple for all the consultants.</p>	<p>ARULMIGU SUBRAMANIASWAMI THIRUKOVIL, VALLAKOTTAI</p>
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51.	11-Sep-2023	SWARNAPRASHANA	<p>The 7th camp of Swarnaprashana got started at SJSACH IPD block on 11.09.23 at 7:00 AM. The consultants were Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 4 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 134 patients got benefited from the camp. Among the beneficiaries 101 were follow up cases and 33 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore etc. The camp at SCSVMV and Kanchi Mutt were started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Sreenathan and he was assisted with 2 interns for screening and drug administration. The consultant at SCSVMV was Dr Sainathan. There were 11 entries at SCSVMV and 17 entries at Kanchi Mutt. The camp at T Nagar Ayurveda treatment Center was started at 9:00 AM and completed at 8:30 PM. The consultants were Dr T. Udaykiran and Dr Abinaya. They were assisted by 2 interneers for screening and medicine administration. Total 34 entries were there at T Nagar Ayurveda treatment center. Overall the feedback obtained from the parents about Swarnaprashanam was highly positive from all the 4 centres. There is a gradual decrease in the rate of infections in old cases. There is an increase in the total number of patients in all the centres compared with the last swarnaprashanacamps. All the patients were instructed to come for the 8th camp on 08.10.23 without fail.</p>	SJSACH
52.	8-Oct-2023	SWARNAPRASHANA	<p>The 8th camp of Swarnaprashana got started at SJSACH IPD block on 08.10.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 1 medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 139 children got benefited from the camp. Among the beneficiaries 120 were follow up cases and 19 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Sainathan and he was assisted with 2 interns for screening and drug administration. There were 37 entries at Kanchi Mutt. The camp at T Nagar Ayurveda</p>	SJSACH

			<p>treatment Center was started at 9:00 AM and completed at 8:00 PM. The consultants were Dr Guruprasad and Dr Geethu Mohan. They were assisted by 3 internees for screening and medicine administration. Total 26 entries were there at T Nagar Ayurveda treatment center</p> <p>Overall from all the 3 centres total of 202 children took swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres.</p> <p>There is a gradual decrease in the rate of infections in old cases. All the patients were instructed to come for the 9th camp on 04.11.23 without fail</p>	
53.	12-Oct-2023	NUTRITION AWARENESS	<p>Nutrition Awareness Program was held on October 12th 2023 at AnganvaadiNazarathpettai at 11:30 am. The main aim of the program was to spread awareness regarding the importance of nutrition for the body. Apples, bananas, mosambi, and dates were distributed to 30 kids in the Anganvaadi. The event included a speech of spreading awareness about nutrition and all the nss volunteers actively participated in it. The chief guest of this program Mrs. Panchayan Perumal shared her views on nutrition week. The parents & teachers present were also a part of this event. The event was concluded with a vote of thanks by Dr. Vijay Shankar. Overall, it was a successful event.</p>	NAZARATHPET

54.	13-Oct-2023	SWACHH BHARAT	<p>Swachh Bharat program was held on October 13th 2023 at our campus Sri Jayendra Saraswathi Ayurveda College & Hospital at 2:00pm. The main aim of the program is to clean the campus and separate the bio and non-bio degradable waste and to dispose them. This event was organized by NSS unit-3 of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya. The event included a speech about Swachh Bharat and all NSS volunteers were actively working to bring a plastic free campus. All non-biodegradable waste were completely disposed and bio degradable too. We collected around 15bags (50 kgs) of non-biodegradable and were disposed out of campus. The event was concluded with a vote of thanks by Dr. Vijay Shankar.</p>	SJSACH
55.	24-Oct-2023	VAGVILASINI SABHA	<p>The second Vagvilasini Sabha was held by the department of Samhita Siddhanta and Samskrita on the 24 of October, 2023, on the auspicious occasion of vijayadasami. This Sabha was held in the Mahaswami mandapam. The second vagvilasini Sabha happened a little differently this time, the spiritual aspect of our tradition was touched with the academic aspect. We had different presentations that emphasised the importance and excellence of Devi in the Hindu cultures. Not only this, along side the program, Devi Pooja also took place. The program started with prayer and light the lamp, this was followed by a harikatha presentation by Sau. Rakshitha and Sau. Ashvitha. They presented the beautiful thirupaavai, the story of Andal.</p>	MAHASWAMI MANDAPAM, SJSACH

56.	1-Nov-2023	DRAWING COMPETION ON " SURGERY IN AYURVEDA (SHASTRA KARMA)	<p>As part of 8th Ayurveda day celebration, the Department of Shalya Tantra, Sri Jayendra Saraswathi Ayurveda College had planned to conduct a drawing competition. It was open to all the undergraduate students of the college. The theme of the competition was Surgery in Ayurveda. The information regarding the same was circulated one week prior to the competition. The venue was decided as the UG final year classroom.</p> <p>The competition was conducted on November 1st 2023, between 10 am and 11 am. A total of 37 students had enrolled for the event which was conducted under the supervision of Dr Anuroop I.V., Assistant Professor, Department of Shalya Tantra. The competition was aimed to inculcate creativity in students, to comprehend the ancient surgical techniques and inspire them to develop surgical skills. Best drawings will be selected and prizes will be rewarded to the students to encourage them.</p>	FINAL YEAR CLASSROOM, SJSACH
57.	2-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari Saptaha.</p> <p>On Day 1 of the session, the guest lecture was given by Dr K R N Aswini, Associate Professor, Department of AIML, KNS Institute of Technology, Bangalore on 02/11/2023 from 2 pm to 4 pm. The topic was "Early Diagnosis of Retinopathy of Prematurity (RoP) using Ultrasonic Retinal B Scans through Image Processing Techniques". The speech was given by Dr K R N Aswini, Associate Professor, Department of AIML, KNS Institute of Technology, Bangalore on 02/11/2023 from 2 pm to 4 pm. UG, PG and faculties were present for the session.</p> <p>Inauguration was done with prayer song by Ms. Aswitha of 2nd Professional BAMS and lighting lamp by Principal i/c Prof. Dr. Chitta Ranjan Das, Vice Principal & Medical Superintendent Prof. Dr. Praveen B.S, Additional Medical Superintendent & HOD Dept. of Kriya Sharira Prof. Dr. K. P. Roshni, HOD Dept. of Agada Tantra Dr. Usha Patil and Guest Speaker Dr K R N Aswini.</p>	MAHASWAMI MANDAPAM, SJSACH

58.	2-Nov-2023	DIET AND LIFESTYLE MANAGEMENT AWARENESS	<p>On the eve of 8th National Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on " Diet And Lifestyle Management" at OPD of SJSACH by Dr. Bindu. V, Assistant professor, Department of Swasthavritta.</p> <p>The patients were briefed about how to adopt a healthy diet and lifestyle as a part of their daily routine in order to prevent the diseases and to boost their immunity. Various breathing exercises were demonstrated by the UG students of 3rd profession, which might help the people to reduce their mental stress and to have a better sleep. The overall session was found fruitful for the patients.</p>	OPD BLOCK, SJSACH
59.	2-Nov-2023	PRAMEHA AWARENESS	<p>On behalf of the National Ayurveda Day Celebration, an awareness session was organized for the OPD patients on the topic of Prameha (Diabetic mellitus) - etiology,symptoms for early detection, preventive and curative food and lifestyle changes in Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarathpet,Chennai on 2nd November 2023 11- 12 am at OPD Block By Dr. Karthika R Nair,Assistant Professor Department of Roganidan and Vikriti Vigyan,Sri Jayendra Saraswathi Ayurveda Collegeand Hospital. The session was organized with the help of interns and 3rd-year students in collaboration with the Department of Swasthavritta. The program was conducted successfully and well-appreciated by the patients.</p>	OPD BLOCK, SJSACH

60.	3-Nov-2023	SCIENTIFIC SESSION ON CLINICAL INTERPRETATION OF THYROID PROFILE TEST	<p>On behalf of the National Ayurveda Day Celebration, a scientific session was organized for the PG scholars and Second Professional students on the clinical interpretation of thyroid profile test - metabolism of thyroid hormones and its clinical interpretation was detailed in the session. The program was conducted in the Maha Swami Mandapam, Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 3rd November 2023 11- 12 am By Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital. The session was organized with the help of Principal Dr. Chittaranjan Das sir and all Head of Departments of PG studies along with the active participation and support of PG Scholars and 2nd Professional students. The program was conducted successfully and well-appreciated by the students.</p>	SJSACH
61.	3-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organized a weeklong series of Guest lectures being organized as Dhanvantari Saptaha.</p> <p>On Day 2 of the session, the guest lecture was given by Dr. Jithesh M. K, HOD, Dept of quality assurance. Arya Vaidya Sala, Kottakkal on 03/11/2023 from 2 pm to 4 pm. The topic was "Parkinson's disease- From texts to clinics" through online session. UG, PG and faculties were present for the session.</p> <p>Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&BK. Followed by the speaker Dr. Jithesh M. K, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept.of Kriya Sharira. In the end concluded with National Anthem.</p> <p>The session was informative as well as interactive for the students.</p>	MAHASWAMI MANDAPAM, SJSACH

62.	3-Nov-2023	POSTER PRESENTATION COMPETITION	<p>As part of 8th Ayurveda day celebration, the Department of Shalya Tantra, Sri Jayendra Saraswathi Ayurveda College had planned to conduct a poster presentation competition. It was open to all the undergraduate students of the college. The information regarding the same was circulated one week prior to the competition. The venue was decided as the Mahaswami Mandapam (auditorium). The competition was conducted on November 3 rd 2023, between 10 am and 11 am. A total of 8 students had enrolled for the event which was conducted under the supervision of Dr Arya S Menon, Assistant Professor, Department of Shalya Tantra. The competition was aimed to inculcate presentation and oratory skills in students, to comprehend the ancient surgical techniques and inspire them to develop surgical skills. Best posters will be selected and prizes will be rewarded to the students to encourage them.</p>	SJSACH
63.	3-Nov-2023	AWARENESS ON DAILY REGIMEN AND PREVENTION OF LIFESTYLE DISEASES	<p>On the eve of 8 th National Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on "Awareness On Daily Regimen And Prevention Of Lifestyle Diseases" at OPD of SJSACH by Dr. Guruprasad. K, Professor &HOD, Department OfSwasthavritta. The patients were briefed about how to adopt a healthy lifestyle in order to prevent the diseases and to boost their immunity. The session was regarding how to manage and prevent the lifestyle diseases by adopting a healthy regimen. The overall session was found fruitful for the patients.</p>	OPD BLOCK, SJSACH

64.	4-Nov-2023	AWARENESS PROGRAMME ABOUT AYURVEDA	<p>The 8th National Ayurveda Day celebration hosted by the Department of Agada Tantra Evam Vyayahara Ayurveda was held on 4th November, in Thirumazhisai town panchayat. This program started at 9:45am. The program aimed at creating awareness on Ayurveda by distribution of pamphlets to the people of the panchayat. The students interacted and spread the word of ayurveda to different house. The students returned at around 11am after the event.</p>	THIRUMAZHISAI
65.	4-Nov-2023	QUIZ COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organised a QUIZ competition on the topic- "SANKHYA SHAREERA". The activity was conducted by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana on 4/11/2023 from 1.00 pm to 2.00 pm. Around fifty eight students of first year BAMS participated in this contest. They were divided into 3 groups and 3 rounds of question based on numerical aspects of Ayurvedic Anatomy portions were the part of the quiz. The winning team were awarded with miscellaneous gifts and constellation prizes. The session was fun, informative as well as interactive for the students.</p>	SJSACH

66.	4-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organized a weeklong series of Guest lectures being organized as Dhanvantari saptaha.</p> <p>On Day 3 of the session, the guest lecture was given by Dr. D. Aravind, HOD, Asst. Professor Medicinal Botany, National Institute of Siddha, Tambaram sanatorium, Chennai on 04/11/2023 from 2 pm to 4 pm. The topic was "Medicinal Plants in Traditional Indian Medicine (TIM)". UG, PG and faculties were present for the session.</p>	MAHASWAMI MANDAPAM, SJSACH
67.	4-Nov-2023	DISTRIBUTION ON MEDICINAL PLANT TULASI	<p>On behalf of the 8th National Ayurveda Day Celebration, there was a distribution of medicinal plants Tulasi (Ocimumtenuiflorum) to the neighbourhood of Thirumazhisai by students and faculty members of Department of Agada Tantra EvumVyavahara Ayurveda, Sri Jayendra Saraswati Ayurveda College and Hospital. The program aimed at distribution of medicinal plant Tulasi (Ocimumtenuiflorum) by visiting every doorstep in neighbourhood. This program started at 9:45am. The event began by distributing a Tulasi sapling to J. Mahadevan Sir, Vice Chairperson, Thirumazhisai town panchayat. He further provided his valuable to students and faculty members during the distribution. Students and faculty members distributed 50 tulasisaplings (Ocimumtenuiflorum). The distribution of saplings was finished by 10:30 am.</p> <p>The event ended with a speech by J. Mahadevan Sir, Vice Chairperson, Thirumazhisai town panchayat</p>	THIRUMAZHISAI

68.	4-Nov-2023	INFERTILITY AWARENESS TALK	<p>On the occasion of Ayurveda day, the department of PTSR SJSACH Nazrathpeth Chennai has conducted an awareness program for the patients who attended the OPD on the topic of Infertility on 4/11/23 between 12:30 and 1:30 p.m. Under the guidance of the HOD Dept. of PTSR DR. L V Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on Infertility. PG Second-year student DR. Khushbu kashyap was also present on the occasion.</p>	OPD BLOCK, SJSACH
69.	4-Nov-2023	PAPER PRESENTATION COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Paper presentation competition was organised for the PG scholars on the topic "Management of Diabetes Mellitus and its complications" in our college by P.G Department of Kayachikitsa on 4th November 2023 between 2:30 PM to 5:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Saraswathi, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. Vasudeva Reddy, Professor PG Dept of Shalyatantra, Dr. L.V.Ratnakar HOD Professor PG Dept of PTSR, Dr. Virupaksha Gupta HOD Professor, PG dept of RSBK, and Dr. Pradeep Kumar Moharana Professor PG dept of Kayachikitsa. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Dr. Kalaivanan, Dr. Shilpa Sasikumar, and Dr. Apeetha from PG Department of Kayachikitsa, Dr. Kiruthika, Dr. Shamja, and Dr. Deepthy from PG Department of RSBK, Dr. Aparna from PG Department of Shalyatantra, Dr. Diwas from PG Department of Panchakarma, and Dr. Mayuri from PG Department of PTSR. The scholars actively participated in the competition. There was high-tea at the end of the session. The event coordinators were Dr. Arathi. P.K, and Dr. Poornasri Jagani Final year PG scholars, P.G Department of Kayachikitsa. Valuable suggestions and compliments were given to all the participants by Dr. Pradeep Kumar Moharana Professor PG dept of Kayachikitsa. Participation certificates to all the participants will be issued later. The results were announced by Dr. Suvendu Rout HOD Professor PG Dept of Kayachikitsa. The first prize was bagged by Dr. Apeetha Srinivas, second prize was won by Dr. Mayuri, and third prize was won by Dr. Shilpa</p>	SJSACH

			<p>Sasikumar. The programme wound off with the vote of thanks by Dr. Vaishali First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	
70.	4-Nov-2023	PCOS AWARENESS TALK	<p>On the occasion of Ayurveda day, the department of PTSR SJSACH Nazarethpet Chennai has conducted an awareness program for the patients who attended the OPD on the topic of PCOS on 4/11/23 between 12 and 12.30 p.m. Under the guidance of the HOD Dept. of PTSR DR. L V Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on PCOS. PG Second year student DR. Khushbu kashyap was also present on the occasion.</p>	OPD BLOCK, SJSACH

71.	4-Nov-2023	SWARNAPRASHANA	<p>The 9th camp of Swarnaprashana got started on the eve of National Ayurveda day festivities at SJSACH IPD block on 04.11.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 1 medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 154 children got benefited from the camp. Among the beneficiaries 145 were follow up cases and 9 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Karthika R Nair and she was assisted with 2 interns for screening and drug administration. There were 27 entries at Kanchi Mutt. The camp at SCSVMV was started at 9:00 AM and the consultant was Dr Sainathan. Total 12 children got benefited from the camp at SCSVMV, Kanchipuram. The camp at T Nagar Ayurveda treatment Center was started at 9:00 AM and completed at 8:00 PM. The consultants were Dr Bindhu V and Dr Kokila. They were assisted by 3 interneers for screening and medicine administration. Total 21 entries were there at T Nagar Ayurveda treatment center. Overall from all the 4 centres a total of 214 children took swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 4 centres. There is a gradual decrease in the rate of infections in old cases. All the patients were instructed to come for the 9th camp on 02.12.23 without fail.</p>	SJSACH
72.	6-Nov-2023	ABHYANGA SAPTAHA	<p>On behalf of 8th National Ayurveda Day 2023, Department of Ayurveda organized Abhyanga Saptaha Program. Inauguration of the program was conducted on 6/11/2023 at SJSACH OPD Block. Dr. C. R Das Principal I/c HOD Department of Panchakarma addressed the gathering and explained the Aim of the program to the public. Dr. Praveen B. S Vice Principal and Medical Superintendent, Mr Sankaranarayanan-Jr. Administrative Officer, Dr. K. P Roshini HOD Kriya Shareera & Additional Medical Superintendent, Dr. Usha Patel HOD Agada Tantra, Dr. Reshma Ramakrishnan Assistant Professor, Dr. Jennifer Assistant Professor, Dr. Ashutosh Assistant Professor along with our staffs and PG Scholars and house-surgeons attended function.</p>	SJSACH

73.	6-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari saptaha.</p> <p>On Day 4 of the session, the guest lecture was given by Dr. Benil P.B, Professor and HOD, Department of Agadatantra, VPSV Ayurveda College, Kottakkal on 06/11/2023 from 2 pm to 4 pm. The topic was “Contemporality of Agadatantra” through online session. UG, PG and faculties were present for the session. Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&BK. Followed by the speaker Dr. Benil P.B, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept.of Kriya Sharira. In the end concluded with National Anthem.</p>	MAHASWAMI MANDAPAM, SJSACH
74.	6-Nov-2023	DRAWING COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organised a Drawing competition on the topic- “NEURO-DIVERSITY”. The activity was conducted by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on all BAMS students to present the Drawings prepared by them on 6/11/2023 before 4 pm. Among the 7 groups of students who participated. The winning team were awarded with miscellaneous gifts and consolation prizes. The session was fun, informative as well as interactive for the students.</p>	SJSACH

75.	6-Nov-2023	MENSTRUAL HYGIENE AWARENESS TALK	<p>On the occasion of Ayurveda day, the department of PTSR SJSACH Nazarathpet Chennai has conducted an awareness program for the UG Students of Sri Jayendra Saraswathi Ayurveda College on the topic of Menstrual Hygiene on 6/11/23 between 11:00 and 11.45p.m. Under the guidance of the HOD Dept. of PTSR DR. LV Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on Menstrual Hygiene.</p>	SJSACH
76.	6-Nov-2023	POSTER PRESENTATION COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Poster presentation competition on the topic- "Nervous System Development". The activity was conducted by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on first year BAMS students to present the posters prepared by them on 6/11/2023 before 4 pm. Among the 3 groups of students who participated, the wining team was awarded with miscellaneous gifts. The session was fun, informative as well as interactive for the students.</p>	SJSACH

77.	6-Nov-2023	MOBILE PHOTO CONTEST ON TOPIC VIRUDHA AHARA	<p>On behalf of the 8th National Ayurveda Day mobile photo contest was organized for the interns and post-graduates of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 6th November 2023. The judgment panel was Dr. Bindhu. V, Assistant Professor Department of Swasthavritta, and Dr. Lakshmi Jayakrishnan Assistant Professor Department of Rachana Shareera, Sri Jayendra Saraswathi Ayurveda College and Hospital. There were 22 entries from UG & PG students among them judges selected the best 3 photos which have clarity of idea, proper lighting, technical quality, and creativity. The first prize was awarded to Vaishnavi. D (2ND professional UG), 2ND Prize to Dr. Deepthi (1ST PG -RSBK), and 3rd prize to Pratima (2ND professional UG). The prizes were distributed by Prof. Dr. Praveen. B. S sir (Vice Principal & Medical Superintendent), Prof. Dr. Roshni. K.P Mam (HOD, Department of Kriya Shareera & Assistant Medical Superintendent and Prof. Dr. Usha Patil Mam (HOD, Department of Agatatantra). The program was conducted successfully under the guidance and support of Principal Dr, Chittaranjan Das sir and with the cooperation of students of Sri Jayendra Saraswathi Ayurveda College.</p>	SJSACH
78.	6-Nov-2023	SLOGAN WRITING COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswathi Ayurveda College & hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>The SLOGAN WRITING COMPETITION was conducted as an offline event on 6th November 2023 for which 19 students participated and submitted their Slogans. Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students' creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH

79.	6-Nov-2023	VIDEO MAKING COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Video making competition on the topic- "Action of Muscles". The activity was conducted by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on first year BAMS students to present the videos prepared by them on 6/11/2023 before 4 pm. Among the 3 groups of students who participated, the wining team was awarded with miscellaneous gifts. The session was fun, informative as well as interactive for the students.</p>	SJSACH
80.	6-Nov-2023	POSTER PRESENTATION COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Poster presentation competition was organised for the UG scholars on the topic "Know your risks, Know your response" in our institution by P.G Department of Kayachikitsa on 6th November 2023 between 11:00 AM to 1:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Saraswathi, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. G.R.R. Chakravarthy, Professor Dept of Ayurveda Samhita&Siddhanta, Dr. K. Guruprasad, HOD&Professor, Dept of Swasthavritta& Yoga, Dr. A.A.N. Udaykumar, HOD &Professor, Dept of Koumarabhryyamand Dr. Karthika R Nair, Assistant Professor, Dept of Roganidana. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Divya & team, Vishali & team, Spandana & team, Elayabharathi& team, Suchitra & team and Medhini. The scholars actively participated in the competition. The event coordinators were Dr. Arathi. P.K and Dr. Poornasri Jagani, Final year PG scholars, P.G Department of Kayachikitsa. The results and the Participation certificates to all the participants will be issued later. The programme wined off with the vote of thanks by Dr. Saraswathi First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	SJSACH

81.	7-Nov-2023	DENGUE AWARENESS PROGRAMME	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har GharAyurveda', the Department of Rasa shastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On this occasion, "DENGUE AWARENESS PROGRAMME" was conducted in Vadarajapuram Government High School on 7th November, 2023. This programme was inaugurated by Sri. Vetrivel, Headmaster of the Institution, Sri. N.T Jagan PTA President, Sri. Balan, Pathology Lab Technician. Welcome address by Prof. Dr. Saravanan B and Dengue Awareness speech was given for the IX and X class students, also on the "BENEFITS OF MILLETS" for the VI to VIII class students by the Faculty members Prof. Dr. Virupaksha Gupta, Prof. Dr. B. Saravanan, Assistant ProfessorDr.K.Sreelakshmi, Assistant Professor Dr.Hari Ohm Shree Nairand Post Graduate scholars Dr. Deepthy T V, Dr. Neeta Nakhate, Dr. C. Kiruthika, Dr. G. Sasikala, Dr. ShamjaShamsudheen.</p>	VARADARAJAPURAM
82.	7-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari saptaha. On Day 5 of the session, the guest lecture was given by Dr. Jigeesh. P.P, Professor & HOD, Department of Panchakarma, VPSV Ayurveda College, Kottakkal on 07/11/2023 from 2 pm to 4 pm. The topic was "Kerala Textual Traditions" through online session. UG, PG and faculties were present for the session. Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&BK. Followed by the speaker Dr. Jigeesh. P.P, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept. of Kriya Sharira. In the end concluded with National Anthem.</p>	MAHASWAMI MANDAPAM, SJSACH

83.	7-Nov-2023	PAPER (PPT) PRESENTATION COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswati Ayurveda College & hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>On November 7th Kriya Shareera Department organized competitions highlighting the theme "Ayurveda for everyone on everyday". It was a glorious event starting with welcome address by Ms. Manasa, Class Representative of 1st Profession, The Key Note Address was delivered by Dr. K Deepak Raja, Associate Professor, Dept of Kriya Sharira explained about the Dhanvantri Jayanthi - Ayurveda day celebration and specifying the theme,</p> <p>After that it was continued with PAPER (PPT) PRESENTATION COMPETITION for which 23 students participated. The theme given was "DINACHARYA for Gen-Z". All the students wonderfully presented and there was question answer session after it.</p> <p>Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH
84.	7-Nov-2023	MEDICINAL GARDEN PREPARATION	<p>On 07/11/2023 as the part of 8th National ayurveda Day celebrations Jayendra Saraswati Ayurveda College and Hospital has made a herbal garden in the campus of Jaya Jaya Sankara School Poonamalle. Twenty medicinal plants were planted in the garden of the school. The plantation was done by the School Principal and faculty of science department, the students of 2nd professional BAMS along with the faculties of department of Dravya guna Dr Nisha Raj and Dr Sreenath R, were present in the activity.</p>	SJSACH

85.	7-Nov-2023	MODEL PRESENTATION COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswati Ayurveda College & hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>On November 7th Kriya Shareera Department organized competitions highlighting the theme "Ayurveda for everyone on everyday". It was a glorious event starting with welcome address by Ms. Manasa, Class Representative of 1st Profession, The Key Note Address was delivered by Dr. K Deepak Raja, Associate Professor, Dept of Kriya Sharira explained about the Dhanvantri Jayanthi - Ayurveda day celebration and specifying the theme,</p> <p>The last competition was to exhibit the model. The MODEL PRESENTATION COMPETITION Students created stunning working models, showcased live working of it with the help of bulbs, water and other sources and explained in a crisp manner. Overall the event was a grand success. Totally 8 WORKING MODELS were presented by 15 students of First Professional Senior Students. Lastly it was concluded with vote of thanks and national anthem.</p> <p>Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH
86.	7-Nov-2023	PAINTING COMPETITION ON SIDE EFFECTS OF COSMETICS	<p>The 8th national ayurveda day celebrations were held on 7th November. The program was organized by department of Agada Tantra EvumVyavahara Ayurveda, in 3rd year classroom of Sri Jayendra Saraswati Ayurveda College and Hospital. The event conducted was a painting competition on the topic 'Effects of Cosmetics'.The students were asked to submit their interpretation through art. The program aimed at creating awareness about side effects of overuse of cosmetics.The program started at 11:10am. All the students of 3rd year participated actively and gave their contributions. The session extremely interactive and the students enjoyed submitting their artworks.</p>	SJSACH

87.	7-Nov-2023	PUZZLES AND GAMES WITH AYURVEDA	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har GharAyurveda', the Department of Rasashastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On this occasion, we conducted Puzzle based games and Treasure Hunt on the theme "PUZZLES AND GAMES WITH AYURVEDA" for the UG students on 7th November 2023. The event started with the key note address by Prof. Dr. Virupaksha Gupta, HOD of Department of Rasashastra and Bhaisajya Kalpana, co-ordinated by faculties and PGscholars. The students actively participated which helped to boost their problem solving, analytical and memory skills. Interesting tasks were given to the students like Rolling Pills, Pounding Drugs, Who am I, Sloka Recitation, Identification of Rasa dravyas and Finding Cross word puzzles. Prize distribution for the winners was given by Prof. Dr. Virupaksha Gupta, Prof. Dr. B. Saravanan, Dr. Sreelakshmi, and Dr. Hari and vote of thanks was proposed by Dr. Neeta Nakhate.</p>	SJSACH
88.	7-Nov-2023	WORKSHOP ON UNDERSTANDING SPINAL DISORDERS	<p>On behalf of the 8th National Ayurveda Day in house workshop was organized for the interns and post-graduates of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 7th November 2023 11- 12 am at OPD Block by Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital.</p> <p>During the workshop, a discussion on the general and radiological anatomy of vertebral bodies and adjacent structures, prevalent etiologies, pathogenesis, and x-ray interpretation in common spinal disorders was conducted. The program was successful and well-appreciated by the students.</p>	SJSACH

89.	8-Nov-2023	AWARENESS CLASS ON UNDERSTANDING PRAMEHA	<p>On behalf of the 8th National Ayurveda Day awareness class was organized for the First professional students of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarathpet, Chennai on 8th November 2023 4-5 pmin the First-year classroom by Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital. The detailed discussion on common causes, pathogenesis, and symptomatology of Prameha and Diabetic mellitus was introduced to students followed by a Q& A session to clarify the doubts. The program was coordinated successfully by second professional students and was well-appreciated by the students.</p>	SJSACH
90.	8-Nov-2023	ESSAY WRITING COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Essay Writing competition was organized for the UG Students, Interns, and PG scholars.</p> <p>Topic for undergraduate students - "Prevention of Diabetes Mellitus through Ayurveda"</p> <p>Topic for Interns and PG scholars - "Management of Diabetes Mellitus through Ayurveda"</p> <p>Competition was conducted by P.G Department of Kayachikitsa on 8th November 2023 between 11:00 AM to 1:00 PM at Department of Kayachikitsa. The judges for the competition were Dr. Dr. B. Saravanan, Associate Professor, PG Dept of RS&BK, Dr. Anoop. A.S., Assistant Professor, Dept of Kaumarabhritya, Dr. Reshma Ramakrishnan, Assistant Professor, PG dept of Panchakarma, and Dr. Lakshmi Jayakrishnan, Assistant Professor, Dept of Rachana Shareera, and Dr. Vijayarajaa. P, Assistant Professor, PG Dept of Kayachikitsa. There were total of 14 participants, 2 participants were from PG Scholars and 12 participants were from UG students. The scholars actively participated in the competition. After completion of essay writing competition, hard copies were collected and submitted to all the judges along with assessment sheet for evaluation. The event coordinators were Dr. Shilpa Sasikumar, and Dr. Jaykrishan Barman Final year PG scholars, P.G Department of Kayachikitsa. The results and participation certificates to all the participants will be issued later. We thank the Management for this opportunity.</p>	SJSACH

91.	8-Nov-2023	IMPORTANCE OF EYE AND ENT IN DAILY LIFE	<p>On the eve of 8 th National Ayurveda Day celebration 2023, Department of Shalakya Tantra, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on "Importance of Eye and ENT health in daily life" at OPD of SJSACH by Dr. Vidhya Andarjanam V and Dr Shobita S, Assistant professor, Department Of Shalakya Tantra. The patients were briefed about regimens that can be followed daily for preventing Eye and ENT diseases. An insight on diabetic retinopathy and cataract along with the preventive aspects were explained. The overall session was found beneficial to the patients</p>	SJSACH
92.	8-Nov-2023	PATHYAHARA	<p>On the occasion of 8thNational Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV conducted " Pathyahara " a cook without fire competition for the students of 2nd and 3rd professional BAMSstudents. The students were participated with great enthusiasm and made delicious recipes with their creativity. The judgement was done by Dr. Karthika R Nair (Department of Roganidana)and Dr.Roshni.K.P.(Department of Kriya Sareera). The recipes were exhibited at OPD and the patients were given awareness about Pathyahara preparations. The entire program was interesting and effective both for the students and patients.</p>	SJSACH

93.	8-Nov-2023	POSTER MAKING AND PRESENTATION COMPETITION	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har GharAyurveda', the Department of Rasashastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On 8.11.2023, Digital Poster Presentation Competition was held on the theme "AYURVEDA FOR EVERYONE ON EVERYDAY" for the UG students. Prof. Dr.Virupaksha Gupta rendered the welcome address and the competition was organised by PG Department of Rasashastra and BhaisajyaKalpana.The students' performance was evaluated and judged by Prof. Dr.Vasudeva Reddy, H.O.D of Department of Shalya Tantra, Prof.Dr.Suvendra Rout, H.O.D of Department of Kayachikitsa, Prof. Dr. Guruprasad, H.O.D of Department of Swathavritta, Prof. Dr. Virupaksha Gupta, H.O.D and Prof. Dr. Saravanan B of Department of Rasa Shastra and Bhaisajya Kalpana.</p>	SJSACH
94.	8-Nov-2023	WEBINAR	<p>As the part of national ayurveda day celebration of 2023 a webinar was organised by the department of Dravya guna, Faculty of Ayurveda on 08/11/2023. The speaker for the session was Dr Kushboo Kumari Gupta, Assistant professor of Dravya guna, Krishna Ayurveda College, Vadodara. The topic for the webinar was Cognizance of synonyms related to the external morphology of plants.</p>	SJSACH

95.	9-Nov-2023	AWARENESS SPEECH ON ONE HEALTH	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.</p> <p>The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda.</p> <p>Later in the evening there was a speech orated by Dr. Chittaranjan Das, Principal I/C, SJSACH in the seminar hall, RGNIYD campus addressing the faculties and students on the topic "Ayurveda for All".</p> <p>Event was coordinated by Dr. Usha Patil, Dr. Nisha Raj, Dr. Deepak Raja K, Dr. Indusree C Suseelan, Dr. Vijay Shankar M R, Dr. Lakshmi Jayakrishnan, Dr. Sreenath R and Dr. Arya Menon.</p>	RGNIYD, SRIPERUMPUDHUR
96.	9-Nov-2023	POWER POINT PRESENTATION	<p>On the occasion of Dhanwantari Jayanthi 2023, National Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College &Hospital, Nazarethpet, Ponnammalle, Chennai, organized Power point presentation and video on 09-11-2023 by Faculties of Department of Panchakarma, Prof.DR.Chitta Ranjan Das, Prof.D.Praveen B.S, Asst.Prof. DR.Ashutosh Chaturvedi, Asst.ProfDr.Reshma Ramakrishnan, Asst.Prof. Dr.Jeniffer.P to Undergraduates final year students. PG scholar Sreelakshmi and Pragjna Paramita had delivered the presenation.This was aimed at showing the processing of Ayurveda drug from charakasamhitakalpasthanana and utilising those processed drugs in Panchakarma treatments.</p>	SJSACH

97.	9-Nov-2023	DIET AND REGIMENS	<p>On the occasion of 8th Ayurveda Day an Awareness program was conducted by Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Poonamalle, Chennai conducted by faculties of Panchakarma Department, Prof.DR.Chitta Ranjan Das, Prof.D.Praveen B.S, Asst.Prof. DR.Ashutosh Chaturvedi, Asst.ProfDr.Reshma Ramakrishnan, Asst.Prof. Dr.Jeniffer.P on 09.11.2023. The awareness speech was given in local native language in Tamil by Panchakarma PG Scholar Muthunagai. The awareness program was highlighted on the Diet and regimens mentioned and to be followed in Ayurveda after Panchakarma treatments. Patients, Deputy Medical officer Medical Officers, Hospital Manager, Internship, Undergraduate students, Nursing staffs, Panchakarma Therapists had participated in Awareness program.</p>	SJSACH
98.	9-Nov-2023	EXPO	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda. Students from SJSACH actively participated and explained the models and charts. Around 20 commonly found medicinal plants were kept as display and their medicinal uses along with simple remedies were explained. Various Ayurvedic books were part of the expo to create awareness about the history of Ayurveda.College activities and other events were shown as videos in the digital display board. The faculties of SJSACH supervised all the sections and handled the event smoothly. The event was a very valuable exposure for the students and it was a very great opportunity for them to interact with the public and handle different perspectives of the society.An audio recording on the topic “Myth busters in Ayurveda” by Dr Uday Kumar was conducted in the RGNIYD campus, later this will Later in the evening there was a speech orated by Dr. Chittaranjan Das, Principal I/C, SJSACH in the seminar hall, RGNIYD campus addressing the faculties and students on the topic “Ayurveda for All”.Event was coordinated by Dr. Usha Patil, Dr. Nisha Raj, Dr. Deepak Raja K, Dr. Indusree C Suseelan, Dr. Vijay Shankar M R, Dr. Lakshmi Jayakrishnan, Dr. Sreenath R and Dr.Arya Menon.</p>	RGNIYD, SRIPERUMPUDHUR

99.	9-Nov-2023	MEDICAL CAMP	<p>On the occasion of 8th National Ayurveda Day celebration 2023, Sri Jayendra Saraswati Ayurveda College and hospital in collaboration with Rajiv Gandhi Institute of Youth development (RGIYD) Conducted a Medical and Awareness Camp at Sriperumbudur RGIYD Campus on 9th November 2023.</p> <p>The Camp was inaugurated by Prof. Dr Usha Patel HOD Dept. Agada Tantra and MC Member of SJSACH along with Officials of Rajiv Gandhi Institute of Youth development (RGIYD). Medical Camp was started by 11:30 am – and continued till 4:00 pm.</p> <p>Prof. Dr B. Saravan, HOD & Professor Dept. of RSBK, Dr Vipin S G, Associate Professor Dept. Kayachikitsa, Dr. K Deepak Raja, Associate Professor Dept. Kriya Sharira, Dr. M R Vijay Shankar, Assistant Professor Dept. of Agada Tantra and Dr. Reshma Ramakrishnan Assistant Professor Dept. Panchakarma along with the Post Graduation Scholars of Department of Prasuti tantric striroga and Salya tantria, Dr. Mayuri, Dr Pallavi, Dr. Ajay and Dr. Parvinder Singh were the consultants for the camp. House surgeons of SJSAC&H Dr. Parthiban, Dr. Yokesh, Dr. Saikiran, Dr. Akshaya and Dr. Lekhadhara volunteered in conducting this camp. On behalf of SJSACH Pharmacy Mrs. Chitra managed the Sales and medicine distribution in the camp.</p> <p>Staffs and Students of Rajiv Gandhi Institute of Youth development (RGIYD) actively attended the camp and got free screening and Ayurvedic medical checkup. Around 150 students got Screened and 75 staffs were Consulted and got awareness in the camp.</p> <p>Free medicines were distributed to the deserving persons and Pharmacy sale during the camp reached around a total sum of Rs. 9000/- medicines in the camp. Patients with different disorders like Rheumatoid Arthritis, Osteo arthritis, Cervical Spondylosis, Insomnia, etc... were diagnosed in the camp. For each patient along with medicines, exercises, specific diet, and regimens were advised by the consultant.</p>	RGNIYD, SRIPERUMPUDHUR
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100.	9-Nov-2023	RADIO TALK	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.</p> <p>The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda.</p> <p>A Radio Talk was conducted on the topic “Myth busters in Ayurveda” by Dr Uday Kumar BAMS, MD – HOD of Kaumarabhritya in the RGNIYD campus.</p>	RGNIYD, SRIPERUMPUDHUR
101.	9-Nov-2023	FACE PAINTING COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Face painting competition was organised for the UG scholars on the topic “Diabetes Mellitus”,in our institution by Department of Kayachikitsa on 9th November 2023 between 11:00AM to 1:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Vaishali, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. BinduAssistantProfessorDept of Swasthavritta, Dr. Karthika R Nair,Assistant Professor Dept of Roganidana, Dr. Shobita S AssistantProfessorDept of ShalakyaTantraand Dr. Vidhya AndarjanamVAssistant Professor Dept of Shalakya Tantra. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Manasa& team, Arun& team, Anushree& team, Navamalika& team, Vishali& team, Gomati & team, Spandhana & team, Shankar& team. The scholars actively participated in the competition. The event coordinators were Dr. N. Vaishali and Dr. Saraswathi, First year PG scholars, P.G Department of Kayachikitsa.The results and the Participation certificates to all the participants will be issued later.Theprogramme winded off with the vote of thanks by Dr. Saraswathi First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	SJSACH

102.	9-Nov-2023	SEMINAR	<p>For the 8th National Ayurveda Day, the department of Agada Tantra EvumVyavahara Ayurveda organised a seminar, on the topic 'Scope of Agada Tantra in Ayurveda' on 9/11/23. The speaker of this seminar was Dr. Nirmal Narayanan, Professor & HOD, Dept. of Agada Tantra Evum Vidhi Vaidyaka, Nanda Ayurveda college and hospital Erode, Tamilnadu. Dr. Nirmal spoke not only on agada tantra as a topic but also explained the practical relevance of visha and vishachikitsa. All students were very interested and keenly listened to the whole seminar.</p>	SJSACH
103.	9-Nov-2023	VIDEO SKIT AWARENESS	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Video Skit Awareness on the topic- "Anga Pratyanga – Anatomical parts and its counter Sanskrit terms". The activity was guided by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This video was prepared by Aarav and team of the 1st Professional BAMS (seniors). The participants of the team found the activity as fun and informative.</p>	SJSACH

104.	10-Nov-2023	DHANVANTARI JAYANTHI	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarethpet, Chennai, Tamil Nadu celebrated Dhanwantari Jayanthi on 10.11.2023 with Dhanwantari homam at Mahaswami mandapam at 9.00 am to 11.00 am, all the faculties and the students took part in the homam. After the homam students recited Vishnu sahasranamam. Program concluded by Prize distribution to the students who have won various competitions held by various departments.</p> <p>On this auspicious occasion, our Principal Prof. Dr. Chitta ranjan Das, Vice Principal & Medical superintendent Prof. Dr Praveen B.S along with MC members inaugurated Agada tantra OPD, Research OPD and Screening OPD at OPD building. Afternoon session, webinar was organized as part of Dhanwantari saptaha, the Guest speaker was by Dr. Shweta C. Dindur, Associate Professor, Dept of PG Studies In Prasooti Tantra &StreeRoga, SDMIAH, Bangalore. The topic was “Role of StanikaChikitsa in Prasooti and StreeRoga”. UG, PG and faculties were present for the session.</p> <p>Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&BK. Followed by the speaker Dr. Shweta C. Dindur, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept. of KriyaShareera. The webinar was concluded with National Anthem.</p>	SJSACH
105.	10-Nov-2023	MEDICINAL PLANT DISTRIBUTION	<p>On the auspicious occasion of Dhanvantari Jayanti and the 8th national ayurveda day celebration, the NSS unit III of SCSVMV organised a medicinal plant distribution ceremony. This ceremony was held in the out-patient department of Sri Jayendra Saraswati Ayurveda College and Hospital. The ceremony was inaugurated by Prof. Dr. Chittaranjan Das, Principal, SJSACH and a total of 13 medicinal plants were distributed to the patients visiting the out-patient department of SJSACH throughout the ceremony. Medicinal plants like Tulasi (Ocimumtenuiflorum), karpooravalli(Coleus amboinicus), manjal(Curcuma longa); etc.were distributed. The staff and 20 NSS volunteers participated in the event. The program ended as a grand success.</p>	SJSACH

106.	10-Nov-2023	PANCHAKARMA AHARA PRADARSHINI	<p>On behalf of 8 th National Ayurveda Day, Department of Panchakarma of Sri Jayendra Saraswati Ayurveda College and hospital organized An Exhibition on Topic PathyaAhara. Exhibition was conducted at SJSACH IPD Block on 10.11.2023. It was started around 12:30 pm and extended till 2:00 pm. Panchakarma Faculties Assistant professor Dr. Reshma Ramakrishnan and Dr. Jennifer.P were co ordinated the exhibition. PG Scholars Dr. Muthunagai, Dr. Biplab, Dr.Sreelakshmi and Dr.Yogitha were actively participated in the activity. Final Year BAMS students Dinesh, Shankar, Gomathi, Divya Chowdary, Vardhini prepared various Ahara Kalpana Charts and displayed in the program.To the patient the Method of Preparation, Benefits, Properties of Peya Vilepi, Krita &Akruta Yusha, Manda Kanchipana, Karkidaka Kanji, etc. were explained in detail. Finally Feedback form regarding the exhibition was also collected all the patients, IP staffs attended the program.</p>	SJSACH
107.	01-12-2023 TO 05-12-2023	GAF 2023	<p>The consortium of Ayurveda fraternity the support from Government of India – Ministry of AYUSH, Ministry of External Affairs, Ministry of Tourism and Government of Kerala has organized the 5th Global Ayurveda Festival (GAF 2023) from 1st to 5thDecember 202 at Greenfield International Stadium, Thiruvananthapuram, India.</p> <p>From SJSACH around 65 students of UG BAMS (including 4 interneers) and 10 PG (MD/MS) scholars had participated, accompanied with 2 faculties Dr. Roshni K.P (Professor & HOD, Dept. of Kriya Sharira) and Dr.Hariaumshree S.P.S Nair (Assistant Professor, Dept. of RS&K) in the event with more than 60 students had did the presentation in various session regards to Oral and Poster presentation and remaining students came as delegate for attending the session.</p> <p>Day 1 to Day 5, the students were engaged with lecture series delivered by variouseminent scholars of Ayurveda like Dr.Mahadevan Iyer, Dr.Gopakumar, Dr.SasikumarNechiyil and many more and also the session on AYUSHMAN BHARAT DIGITAL MISSION which was held at a common gathering hall. Later in the afternoon between 2pm to 6pm the session were held for paper and poster presentation.</p> <p>Students had a great chance of have been attending a good number of session of various eminent personalities and at the same time where able to see the stalls from various companies of Ayurveda and the stalls from the Ayurvedic colleges of Kerala and Tamilnadu.</p> <p>The session was useful and the students were having a great exposure from attending the 5 days of this GAF 2023.</p>	GREENFIELD INTERNATIONAL STADIUM, THIRUVANANTHAPURAM

108.	2-Dec-2023	SWARNAPRASHANA	Swarnaprashana camp conducted in the campus for the month December 2023	SJSACH
109.	27-Dec-2023	AWARENESS CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazrethpet, Chennai, VikasitaBharatCampaign at CRPF Group centre, Avadi, Chennai.</p> <p>Date of conduction of camp: 27-12-2023</p> <p>Time: 9:30 am to 2:30 pm</p> <p>The concerned faculty members, PG scholars, and Interns started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 8:35 am and reached the venue by 9:15 am.</p> <p>Dr. Vipin S.G- Associate Professor, Dept of Kayachikitsa, Dr. Vijay Shankar MR- Assistant Professor, Dept. Of Agada Tantra and Dr. Arya S Menon- Assistant Professor, Dept. of Shalya Tantra, Dr Rameshwari – Senior Research Fellow, CCRAS Project, Dr.Parvinder Singh - PG scholar, Dept of Shalya Tantra, Dr Jai Kishan Dept of Kaya Chikitsa, Dr.Adityan N– Intern, Dr.N Harsha- Intern, Dr.Aishwariya S-intern, and Dr Maithily Devi – intern SJSACH, took part in the camp.</p> <p>The inauguration of the camp was done by Shri M Dinakaran, DIGP CRPF Group centre, Avadi and DR. Jeyabalan DIGP(Medical), Composite Hospital CRPF, Avadi, and Shri Ramar G, Assistant Commandant, Group Centre, CRPF, Avadi, Chennai.</p> <p>After the inauguration, the camp was initiated.The health check-up and awareness program was conducted in the community hall of CRPF Group Centre, which was the designated campsite.</p> <p>General health screening was done at the campsite and an awareness on Swarnaprashana and its benefits was also given. 82 patients enrolled their names and sought consultation. Their blood pressure, weight, and vitals were recorded.It was observed thatPratishyaya, Jwara, Sandhishoola,Sandhigatavata,Agnimandya</p>	AVADI

			and PCOS were the predominant condition and were consulted accordingly. All the patients were prescribed with medicines and were directed to purchase the medicine from the pharmacy of SJSACH. Patients with menstrual irregularities, anorectal disorders and other systemic diseases were referred to our hospital for further evaluation. The camp was conducted successfully. A revenue of Rs 22,369 was generated from the camp. Over all the camp was conducted successfully.	
110.	29-Dec-2023	SWARNAPRASHANA	Swarnaprashana camp conducted in the campus for the month December 2023	SJSACH

111.	31-Dec-2023	NEW YEAR CELEBRATIONS	On 31/12/2023 Dr. Vijayshankar, Dr. Deepak Raja, Dr .Hariaumsree, joined the students (hostels) of SJSACH to welcome the New Year 2024 by lighting the campfire from 11pm followed by cake cutting at 12 am on 1/1/24. Students had a great time during New Year celebration with music and games. The night was filled with happiness so as a good start for the upcoming year	SJSACH
112.	11-Jan-2024	PONGAL CELEBRATIONS	On January 11th 2024, Pongal festival was celebrated in Sri Jayendra Saraswati Ayurveda College and Hospital. Offstage events rangoli competition was also organized for which the students participated from each batch.	SJSACH

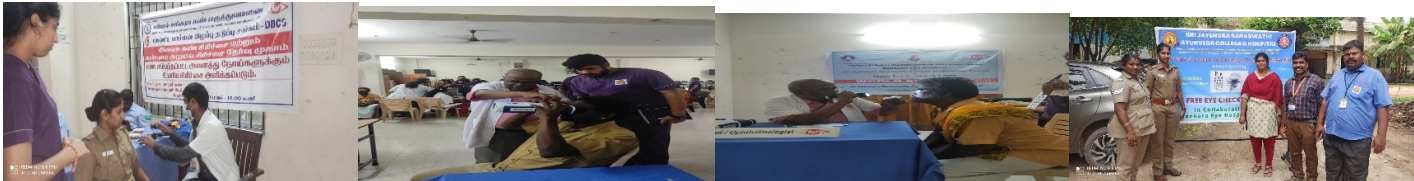
113.	12-Jan-2024	NATIONAL YOUTH DAY	<p>On the National youth day 12th January 2024 Swachh Bharat activities were conducted at our campus Sri Jayendra Saraswathi Ayurveda College & Hospital at 4:00pm in connection with National Youth day. The main aim of the program is to spread the enthusiasm of the youth of our college even in cleaning the campus and separating the bio and non-bio degradable waste and disposing them, with which an idea of cleanliness and social responsibility is showcased. This event was organized by NSS unit-3 of Sri ChandrasekharendraSaraswathi Viswa Mahavidyalaya. The event included the live telecast of Prime minister Narendra Modi sir's speech in connection with national youth day followed by a formal function in which nss volunteers conveyed the importance of celebrating the birthday of Swami Vivekananda as national youth Day and all NSS volunteers where actively working to bring out the vibrant potency in them to accompany India in its journey to attain the aim of Viksit Bharat. The event was concluded with a vote of thanks by Dr. Vijay Shankar.</p>	SJSACH
114.	26-Jan- 2024	Republic Day	<p>On the occasion of 75th Republic Day, flag hoisting ceremony was organized on 26/01/2024 in front of the Academic block, SJSACH college campus. The celebration began at 9 am in the presence of respective dignitaries such as Dean Prof Dr S Swaminathan, Principal I/c Prof Dr Chitra Ranjan Das, Vice principal Prof Dr Praveen, Management committee members Prof Pradeep Kumar Moharana, Prof Dr Usha Patil and AO Mr. Sankaranarayana were assembled for this day. Around 150 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event. Program began with a Welcome Speech by Miss. Anisha Gupta, 2nd yr BAMS student. The Flag Hoisting ceremony was performed by Professor Dr S Swaminathan, Dean of Health Science, SCSVMV accompanied by the Indian National Anthem. Later on, he also gave an inspirational speech addressing the relevance of students' role in building a better future and how to improve their skills by attending various seminars and workshops. There was participation from student's side including a patriotic speech by Mr.</p>	SJSACH

			<p>Elaya Bharathi, 4th yr BAMS student and wonderful patriotic song by 2nd yr BAMS students. A Vote of Thanks was delivered by Miss. Aadhanya 3rd yr BAMS. To make this Republic Day special NSS Unit III, SCSVMV organized a rally and herbal plantation within the college campus. Rally within the campus included the students who were enthusiastic and were engaged in repeating patriotic slogans throughout. The whole occasion was concluded by the plantation of herb by respective dignitaries in the oushadavanam part of herbal garden of college campus. The program coordinator included Dr Deepak Raja K, Dr Indusree C Suseelan, Dr Vijay Shankar M R and Dr Vijayaraja P</p>	
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MARATHON



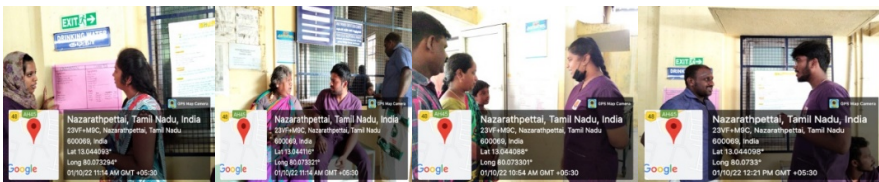
WORLD SIGHT DAY



NAVARATHRI CELEBRATIONS



AYRVEDA DIET



AYURVEDA CHEF COMPETITION



SENIOR CITIZENS HEALTH PROMOTION



ASTANGA YOGA PRACTICE FOR MENTAL ILLNESS



BREAST CANCER AWARENESS



HAR DIN HAR GHAR AYURVEDA



SCHOOL HEALTH CHECK UP



AYURVEDA DAY (DANVANDRI JAYANTHI) CELEBRATIONS



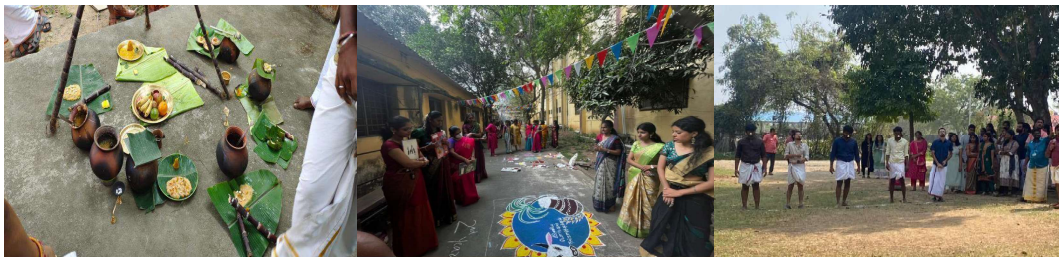
DRUG ABUSE



NEW YEAR CELEBRATIONS



PONGAL CELEBRATIONS



RATHASAPTHAMI



REPUBLIC DAY CELEBRATIONS



AYURVEDA MEDICAL CAMP IN ANNA INSTITUTE OF MANAGEMENT



SCSVMV MEDICAL CAMP



SWARNAPRASHANAM



ALTIS ASHRAYA – MANGADU CAMP



KATPADI MEDICAL CAMP



GURU POORNIMA DAY



WORLD HEPATITIS DAY



NATIONAL DOCTORS DAY



MADANAPHALA COLLECTION



SWARNAPRASHANA – 21-06-2023



SWARNAPRASHANA –18-07-2023



VALLAKKOTTAI CAMP



