

Sl.No.	Date	Name of the Event	Report with Photos	VENUE
1.	2-Oct-2022	Run for drug free Tamil Nadu	<p>Avadi night Marathon 2022 was organized as a joint initiative by Avadi police commissionerate, Vel Tech group, Chennai runners and Velammal Nexus group for "Run for drug free Tamil Nadu". Students of Sri Jayendra Saraswathi Ayurveda College were invited to attend this event. The event was held in Vel Tech University, Avadi, Chennai on 2nd October 2022, in the evening at 7 pm onwards. There were 3 categories including Marathon for 21 km, 10 km and 5 km. The 21 km Run marathon was the initial event, next followed with 10 km marathon &amp; finally with the 5 km run. The whole program finished by 11:15 p.m.</p> <p>A group of 30 students and 7 faculty members from Sri Jayendra Saraswathi Ayurveda College and Hospital participated in the 5 km category. The group was coordinated by Dr. Vijay Shankar M R and supported by Dr. Chitta Ranjan Das, Dr. Suvendu Rout, Dr. Indusree C Suseelan, Dr. Soumya E A, Dr. Anoop A S and Dr. Hariaumshree S P S Nair. College bus was provided by the management to transport the students and faculties to the venue. Food and water were organized by the sponsors of the event. After completion of the 5 km run, all were awarded with a medal of participation and appreciation.</p>	Avadi, Chennai
2.	13-Oct-2022	World Sight Day	<p>World sight day was commemorated in Sri Jayendra Saraswati Ayurveda College and Hospital on 13th October 2022. World sight day is a reminder to love your eyes. With this year's theme being "LOVE YOUR EYES", an awareness programme and a one-day free Eye camp was organised in the institution, jointly by the NSS-UNIT III of Sri Chandrashekarendra Saraswati Viswa Maha vidyalaya, Dept. Of Shalakya Tantra of Sri Jayendra Saraswati Ayurveda College and Hospital and Sankara eye hospital, Pammal.</p> <p>The day started with an awareness event as a formal event consisting of lighting of lamp by Dr. Kalyan Kumar (Senior optometrist, Sankara eye hospital, Pammal), Dr. Pradeep Kumar Moharana sir, Dr. Suvendu Rout sir, Dr. Swathi madam and Dr. Indusree madam followed by welcome address delivered by S. Akshaya, an awareness talk on the importance of eyes and tips to protect them by G. Sri Vidya, Vote of Thanks by S. Preethi and overall anchoring by Kavya Sankaranarayanan of Final year. The staff speech was given by Dr. Pradeep Kumar Moharana sir, where he highlighted the importance of eyes and the value that has been attributed to it in ayurveda. After, the formal awareness event, the one day free eye camp was started, where the highly equipped and skilled team from Sankara eye hospital, headed by Dr. Kalyan Kumar _ Senior optometrist along with the intern and final year volunteers from Sri Jayendra Saraswati Ayurveda College and Hospital, checked the eyes of nearly 150 patients within the stipulated camp duration from</p>	SJSACH Campus, Nazarathpet

			<p>10am-2pm.</p> <p>The doctors provided valuable advice and referrals to the patients. The senior doctor also explained the final year students about the various conditions that bother the eye like Cataract, Pterygium, Glaucoma etc with utmost love and patience. With the message “LOVE YOUR EYES “the camp was closed.</p>	
3.	01-10-2022 to 04-10-2022	<b>Navarathri Celebrations</b>	<p>Navarathri festival celebration in Sri Jayendra Saraswathi Ayurveda Medical college and Hospital , Chennai from 26.09.2022(Monday) to 05.10.2022(Wednesday) at Mahaswami Mandapam-College Auditorium.</p> <p>Coordinators Dr. Guruprasad, Dr. Virupaksha Gupta, Dr. Sreenath, Dr. Prathyusha, Dr. Shanmuga Priya Dharshini , D. Amrutha , Dr. Indusree, Dr. Bindu , Dr. Reshma.</p> <p><b>Day 6 (01/10/2022)</b> Navaratri duty was allotted to Dr. Virupaksha Gupta and Dr. Indusree C Suseelan. Morning 9am to 10am , Lalitha SahasranamaParayanam and Pooja done by the students and staffs of SJSACH .Cultural events were hosted by PG scholars and they performed a group dance, followed by Prasadam distribution.</p> <p><b>Day 7 (02/10/2022)</b> Navaratri festival celebration started with Pooja and Lalitha SahasranamaParayanam at 9am to 10am and ended with cultural events like group dance from hostelites.</p> <p><b>Day 8 (03/10/2022)</b> From 11am to 1pm Saraswathi Pooja and Lalitha sahasranamaParayanam was conducted in the Mahaswami Mandapam. All students kept their books and all instruments were kept for Pooja. All staffs and students dispersed after the Prasadam distribution.</p> <p><b>Day 9 (04/10/2022)</b> Navaratri duty was allotted to Dr. Reshma Ramakrishnan and Dr. Bindu. Morning 9am to 10am, Lalitha SahasranamaParayanam and Pooja were done. Dr. ChittaRanjan Das Sir’s Panchakarma Book release Ceremony was also conducted. In the evening, Interns hosted the cultural events and they performed group song and group dance, followed by Prasadam Distribution.</p>	SJSACH Campus, Nazarathpet

4.	1-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>01/10/2022</b> The same as listed by NCISM regarding day wise activities to be performed by Ayurveda Colleges today that is on 01st October 2022 from Department of Swasthavritta, Sri Jayendra Saraswathi Ayurveda College and Hospital, we organized “Awareness program on Ayurveda Diet for common symptoms/diseases” to the people of Nazarathpet, Chennai. Awareness given to the public on Diet in common symptoms, Diet in life style disorders, seasonal wise diseases diet Pathya and Apathya and Importance diet in preventing diseases this awareness program was well received by all the participants.	SJSACH Campus, Nazarathpet
5.	2-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>02/10/2022</b> The same as listed by NCISM regarding day wise activities to be performed by Ayurveda Colleges today that is on 02nd October 2022 from Department of Swasthavritta, Sri Jayendra Saraswathi Ayurveda College and Hospital, we organized “Ayurveda Chef - Competition” to the students of SJSACH, Nazarathpet, Chennai. All third year BAMS students actively participated and prepared Ayurveda Ahara with fire and without fire. Judges selected first and second position in both with fire and without fire category.	SJSACH Campus, Nazarathpet
6.	3-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>03/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized an awareness program on “Ayurveda for Senior citizens” to the people of Mepur, Chennai. Dr. Pradeep Kumar Moharana delivered a talk on how to practice Daily regimen (Dinacharya) for senior citizens. This awareness program was well accepted by all the participants.	SJSACH Campus, Nazarathpet
7.	4-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>04/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted Nukad Natak/Street plays on “Senior Citizens Health Promotion” to the people of Vardharajpuram, Chennai. 1st and 2nd year PG scholars of Kayachikitsa perform the play. This play was well accepted by all the participants.	SJSACH Campus, Nazarathpet
8.	5-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>05/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a Health Camp for Geriatric people of Nazarathpet. The camp was continued from 9am to 4pm. All the senior citizens those attended the camp were very much satisfied with the program.	SJSACH Campus, Nazarathpet
9.	6-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>06/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted competition for Rangoli, Poster and painting among all the UG students and PG scholars on geriatric health promotion through Ayurveda. Students were enthusiastically took part in the events. The program was well appreciated by	SJSACH Campus, Nazarathpet

			everyone.	
10.	7-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>07/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a lectures on oral health for senior citizens. Dr. Soumya E.A delivered the lecturer and Dr. Jaykrishan Burman examined the oral cavity of the senior citizens. The program was very much successful.	SJSACH Campus, Nazarathpet
11.	8-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>08/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted a program on Spiritual Meditation and Rehabilitation for the senior citizens. A lecturer was delivered by Dr. Suvendu Rout and Dr. Apeetha S gave tips to one to one senior citizen patient on Spiritual Meditation. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
12.	9-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>09/10/2022</b> PG Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, Enathur, Kanchipuram conducted an awareness program on Medhya Rasayan and Supplements for the senior citizens. A lecturer was delivered by Dr. Vipin S.G and Dr. Poornasri Jagani directly interacts with the senior citizens regarding supplements. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
13.	10-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>10/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a Health camp on Ayurveda for Mental well-being. Dr. Sriman Narayan delivered a lecturer on "Mental well-being of Senior Citizens from Ayurvedic Prospective" followed by examining the mental status of senior citizens by PG scholars. The program was well appreciated by everyone.	SJSACH Campus, Nazarathpet
14.	11-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>11/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a Yoga session for general public. Dr. Guru Prasad delivered a lecturer on "Astanga Yoga practice for mental illness" followed by different Satvik Ahara indicated during Yoga practice by Dr. Apeetha S of 2nd year Kayachikitsa PG scholar. The program was well appreciated by all the people.	SJSACH Campus, Nazarathpet

15.	12-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>12/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized Spiritual Meditation / Yoga Practice / Pranayama for OPD patient. A team of Dr. Suvendu Rout, Dr. Soumya E.A with two PG scholars, Dr. Jay Krishan and Dr. Pooja Yadav explained the benefits and practice of Pranayama, Yoga and Spiritual Meditation. The entire program was very much effective and well appreciated by all the people.	SJSACH Campus, Nazarathpet
16.	13-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>13/10/2022</b> Breast cancer awareness is celebrated on October 13th. The department of Prasuti Tantra and StriRoga conducted the awareness program for 3rd BAMS Scholars and for the patients visiting OPD on 13th October 2022. The details are as follows. Awareness class was conducted by Dr T V S Krishna on breast cancer prevalence and how early diagnosis can help in recovery of the patients on 12/10/22 from 3pm – 4 pm. On 13/10/22 the patients visiting the OPD of PTSR received the counseling and education regarding self-Breast examination and how early diagnosis is key to success in treating breast cancer, conducted by Dr Swathi C.	SJSACH Campus, Nazarathpet
17.	13-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>13/10/2022</b> The department of Prasuti Tantra and StriRoga conducted 5 days social media campaign and awareness on ideal diet during menstruation	SJSACH Campus, Nazarathpet
18.	13-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>13/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized an Awareness lecturer on Stress Management. Dr. Sriman Narayanan delivered a lecturer on “Management of Stress in Ayurveda” followed by counseling of Stressed patient by PG scholars. Entire session was well appreciated by all the people.	SJSACH Campus, Nazarathpet
19.	14-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>14/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized different competition like Quiz, Poster, Rangoli and Face painting on mental health promotion through Ayurveda by all the UG and PG students. The program was very effective and well appreciated by all the people.	SJSACH Campus, Nazarathpet
20.	15-Oct-2022	<b>Ayurveda Day Celebrations</b>	<b>15/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized Nukad Natak/Street plays for Health promotion by the faculties and PG scholars of department of Kayachikitsa. The play was well appreciated by the public.	SJSACH Campus, Nazarathpet

21.	16-Oct-2022	<b>Ayurveda Day Celebrations</b>	<p><b>16/10/2022</b> PG Department of Kayachikitsa, Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of SCSVMV, organized a lecturer on “Spiritual Meditation” delivered by Dr. Vipin S.G followed by direct interaction about the practice of Spiritual Meditation to the OPD patient by PG scholars of department of Kayachikitsa. The entire program was well appreciated by all the people.</p>	SJSACH Campus, Nazarathpet
22.	19-Oct-2022	Har Din Har Ghar Ayurveda	<p><b>19/10/2022</b> On account of Ayurveda day commemorated in Sri Jayendra Saraswati Ayurveda College and Hospital, a campaign on awareness of ayurveda was held on 19th October 2022. With this year’s theme being “Har Din Har Ghar Ayurveda”, An awareness campaign to educate the public about the importance and values of ayurveda was organized in the institution by the Dept. of Agada tantra of Sri Jayendra Saraswati Ayurveda College. As the theme being “Har Din Har Ghar Ayurveda” which establishes the importance of ayurveda every day at every home, we, the students of 3rd professional studying at SJSACH under the guidance of our professors of the Dept. of Agada tantra, Dr. Usha Patil and Dr. Vijayshankar undertook this awareness campaign. We started the rally from our college and then we went to every house located at Yamuna nagar in Nazarethpet, Chennai for a door to door public ayurveda awareness programme on 19 th October 2022 between 9:30 A.M to 1:00 P.M in pursuit of creating awareness about the importance of practicing ayurveda in our day to day life. We were divided into four groups and together we covered almost 73 houses, spoke to various people with the motive of making people aware of the importance of ayurvedic practices every day at their home in order lead a healthy life. It was indeed such a blessing to have interacted with the public, spreading the values of our Vedic science amongst our fellow people. We spoke about the benefits of practice of Dinacharya like the benefits of nidra(sleep), the benefits of vyayama (exercise), the proper way for consuming Ahara, the benefits of Abhyanga( oil massage) and the benefits of nasya. we made sure the public knew that the ayurvedic medicines are highly beneficial, no side effects if used appropriately, provides immunity, enhances health, prevents various diseases, cures diseases efficiently, and provides good strength.</p>	YAMUNA NAGAR, NAZARATHPET

23.	12-10-2022 to 20-10-2022	<b>Ayurveda Day Celebrations</b>	<p>On the eve of National Ayurveda Day 2022, Department of Kaumarabhritya in coordination with Department of Prasuti tantra and Department of Shalakya Tantra of SJSAC&amp;H jointly conducted school health checkup programme from 12.10.22 to 20.10.22 at Jaya Jaya Sankara International School Nazarathpet Chennai. The school health programme was mainly focused on the screening and diagnosis of various pediatric conditions and also for ruling out different kinds of malnourishment which are common in school going children. Overall 4500 school students were screened from kindergarten to 12th standard. The screening was mainly done by the internees of SJSACH on rotation basis. It was observed that many of the school students were having dermatological disorders and nutritional deficiencies, allergic respiratory disorders and eye disorders. Those students diagnosed with different diseases were advised to come for consultation at SJSACH OPD department. The programme was very much fruitful as the internees got very good clinical exposure from screening and good number of screened patients were also received at OPD of SJSACH.</p> <p>For making this event a grant success, we would like to extend our sincere gratitude to the honorable vice chancellor of SCSVMV, EC committee, MC Committee, Principal I/C of SJSACH, Vice Principal of SJSACH, Administrative officer of SJSACH, HOD and staffs of Department of Kaumarabhritya, Prasuti Tantra and StriRoga, Shalakya tantra and internees of SJSACH.</p> <p>Programme coordinators</p> <ul style="list-style-type: none"> <li>• Dr A A N Udaykumar</li> <li>• Dr ANOOP A S</li> </ul>	JAYA JAYA SANKARA SCHOOL, NAZARATHPET, CHENNAI - 600123
24.	21-Oct-2022	PILES AWARENESS PROGRAMME	<p>We have conducted piles awareness programme on 21.10.2022 in the department of Shalya Tantra. We screened some patients. And also we educated the patients about piles and treatment modalities available in our college Hospital.</p> <p>Benefits: - All Internees and post graduate students well trained in examination of patients and doing Para surgical procedures.</p> <p>Outcome: - Patients and public got awareness about the palliative treatment for piles and also anorectal diseases.</p>	SJSACH Campus, Nazarathpet
25.	21-Oct-2022	Ayurveda Day Celebrations	<p>On the Eve of "Har Din Har Ghar Ayurveda – 2022 (National Ayurveda Day- 2022)", Dept. of Samhita Siddhanta &amp; Samskrta of SJSAC&amp;H organized events on 21.10.2022, between 9.30 A.M. and 1.00 P.M</p>	SJSACH Campus, Nazarathpet
26.	23-Oct-2022	Ayurveda Day Celebrations	<p>On account of 7th International Ayurveda Day, on 23.10.2022, Danvandri Jayanti was celebrated at our Mahaswami Mandapam. Danvandri Homam was performed on that day between 9.00 am to 12 Noon. Students &amp; Staff participated and got the blessing of Lord Danvandri.</p>	SJSACH Campus, Nazarathpet

27.	16-12-2022 & 17-12-2022	AYURVENTION 2022	<p>On 16 and 17 December 2022 , ALL INDIA AYURVEDA CONGRESS , Tamilnadu chapter conducted a seminar on AYURVENTION 2022, at SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, Kaatangulathur,chennai. We students ,along with Final years Parashara batch and our faculties</p> <p>Dr.NishaRaj mam and Dr.Virupaksha Gupta sir , attended the event. Our honoured Administrative Officer Mr.sankaranarayanan sir., principal Dr chittaranjan Das sir , Vice principal Dr. Praveen sir</p> <p>Joined us on the first day . The event was held for two consecutive days(16-12-2022friday and 17-12-2022saturday). On the first day -16Dec2022 All the registered students were given a scanned ID Card along with a scribble pad and a pen for taking notes. Around 11am ,with the blessings of lord hanwantari,the event began with a grand inauguration by various dignitaries from Ayurveda congress and SRM institute. Inauguration was followed by an introduction to the subsequent sessions and AYURVENTION by Dr Rabi Narayan, Director general,CCRAS. This was followed by a webinar of Dr.Bhavna Parasher ,CSIR regarding digitalizing ayurveda. The sessions were really valuable .</p> <p>After the lunch break,DrL.Mahadevan,Sri Sarada ayurveda college and hospital took over the</p> <p>stage It was one of the best sessions one can witness. The sederunt was on clinical Rheumatology and Ayurveda. It was followed by the presentation of Dr JLN Sastri,CEO JATAS herbals. At the end of the day there was an oral presentation competition for the participants. Our batch,2nd BAMS Ms.Suparna took part , presented- simulation in Ayurveda and it is very glad that she bagged the runner's up award in the same . On the second day-17Dec2022, The Colosseum began around 9:30am with Dr Anand Ram sharma's insight about networking ayurveda.This was followed by Dr. Selvamurthy ,Amity University, speech regarding AI and Ayurveda . These were very interesting as they gave a note about the future scope of Ayurveda in the current era . This was followed by the most awaited session of Dr.L.Mahadevan , regarding "TamilnattilIndiyamaruthuvam", testimony for 'Ayurveda was in tamilnadu'. It was very fascinating. This was followed by a book launch event A book on Sneha vidhi was launched by Dr L.Mahadevan and many delegates were falicitated . Further, Dr.Ramesh varier and Dr.Balapesala shed light on Ayurveda and digitalization , it 's spread after COVID 19, metaphysical approach and globalization of Ayurveda . By the eve the event slacked to it's end with the valedictory function.</p> <p>Dr Tamizhisai Soundarrajan, Governor of TN,Lieutenant Governor Puducherry was the chief guest for the eve. There was a speech regarding Ayurveda by the chief guest and other fellow dignitaries. This was followed by felicitation of the scholars who imparted knowledge to hundreds of students on both days .</p> <p>There were tea breaks in between every session on both the days and lunch was also neatly arranged by the host on both the days . All the events took place in a very smooth manner .The fruit of the seminar was fetched by the participants.</p>	SJSACH Campus, Nazarathpet
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			<p>Apart from Students, along with us many Private doctors, practitioners, PG scholars ,PhD workers from various areas took part in the event which was of great value . There were many stalls by various ayurvedic Medical pharmacies and companies around the session hall . Many products and new incorporations with few fun games were displayed and made aware to the participants. To mention some of those, Vedic medicals, Hemp street, Imcops , AVN medicals, etc . Apart from these, there was an exhibition of shalakyashalya and panchakarma instruments . We were very lucky to witness all of them. We students, got a really valuable exposure towards the current structure and status of Ayurveda. It was really helpful as we could predict our scope in various fields . Drug based classes imparted knowledge about the current use of guduchi, ashwagandha, sarpagandha, cannabis etc. The clinical based classes gave us an idea about a better strategy of diagnosis and chikitsa , Digital Ayurveda sessions helped us understand the variety of online possibilities and information in ayurveda. On the whole, the seminar was packed and useful for all of us in all aspects. It was a fun filled and a valuable journey. The faculties showered their better and The students gained the best of knowledge - From the students of the 2nd professional, Harithabatch, SJSACH .</p>	
28.	13-Dec-2022	Awareness session against DRUG ABUSE	<p>A campaign session was organised jointly by the Nazarathpet police station and Sri Jayendra Saraswati Ayurveda College and Hospital on DRUG ABUSE on 13th December 2022 to spread awareness and to eradicate drug abuse among youth.</p> <p>In the premises of Sri Jayendra Saraswati Ayurveda College and Hospital, the students of the Ayurveda College were engaged in an awareness programme by the Nazarathpet police officers on drug abuse. The talk on drug abuse was given by Mrs. Rani, Sub-inspector of police, Nazarathpet. The students were given heightened awareness. At the end of the session, the students took the message that drugs is a dirty business to their mind and hearts and pledged to spread message against drug abuse far and wide.</p> <p>In this campaign, the students of Sri Jayendra Saraswati Ayurveda College and Hospital will continue to spread the message of awareness and will motivate the youth in different age groups to stay away from drugs.</p> <p>Drug abuse is of no USE!!!!</p> <p>A campaign session was organised jointly by the Nazarathpet police station and Sri Jayendra Saraswati Ayurveda College and Hospital on DRUG ABUSE on 13th December 2022 to spread awareness and to eradicate drug abuse among youth.</p> <p>In the premises of Sri Jayendra Saraswati Ayurveda College and Hospital, the students of the Ayurveda College were engaged in an awareness programme by the Nazarathpet police officers on drug abuse. The talk on drug abuse was given by</p>	SJSACH Campus, Nazarathpet

			<p>Mrs. Rani, Sub-inspector of police, Nazarathpet. The students were given heightened awareness. At the end of the session, the students took the message that drugs is a dirty business to their mind and hearts and pledged to spread message against drug abuse far and wide.</p> <p>In this campaign, the students of Sri Jayendra Saraswati Ayurveda College and Hospital will continue to spread the message of awareness and will motivate the youth in different age groups to stay away from drugs.</p> <p>Drug abuse is of no USE!!!!</p>	
29.	3-Dec-2022	GITA JAYANTHI 2022	<p>On the Eve of "Gita Jayanti-2022", Dept. of Samhita Siddhanta &amp; Samskrta of SJSAC&amp;H organized celebrations on 3.12.2022, between 10.30 A.M. and 11.30 A.M. at Mahaswami Auditorium. Along with the Principal, Vice Principal and AO sir, students from all the batches, many faculties and nonteaching staffs actively took part in the celebration.</p>	SJSACH Campus, Nazarathpet
30.	1-Jan-2023	NEW YEAR CELEBRATIONS	<p>On 31/12/22 Dr. Swaminathan ,Dr. Vijayshankar Dr. Deepak Raja,Dr .Hariumsree , Dr.Anoop ,Dr .Bindu joined the students (hostellites) of SJSACH to welcome the new year 2023 by lighting the campfire from 11pm followed by cake cutting at 12 am on 1/1/23. Students had a great time during New year celebration with music and games.The night was filled with happiness so as a good start for the upcoming year.</p>	SJSACH Campus, Nazarathpet

31.	10-Jan-2023	PONGAL CELEBRATIONS	<p>On January 10th 2022,Pongal festival was celebrated in Sri Jayendra Saraswati Ayurveda College and Hospital and conducted by Nimi batch. The stage programs was held at the college auditorium, Maha Swami Mandapam beginning with the lighting of lamp by offering prayers to the respected Swamigal and the Almighty. The welcome speech was addressed by R.Srinidhi 3 rd year BAMS ,the Presidential address by our Prof. Dr. G.R.R.Chakaravarthi . The day cultural events started off by folk dance competition by each batch. Followed a competitive round of folk song competition. then took place the traditional makeover competition . Offstage events rangoli competition was also organized for which the students participated from each batch.The highlights of the day was the “Pongal making competition”where students participated in groups and exhibited their cooking skills and made variety of delicious pongal . Some entertaining events like bottle filling competition ,lemon and spoon ,sugarcane eating competition took place where the students participated with full enthusiasm. The second half of the day were for exclusively sports especially outdoor games focusing on more traditional games like uriadi, tug of war , Kabbadi etc. The games were organized in a systematic way where registration counter was open for students to enroll themselves. The outdoor events were held in the afternoon. We were very glad to see the enthusiastic participation of all the students, teachers and the staffs. The program came to an end with the vote of thanks by Asst. Prof .Mrs.Shanmugapriyadharshini (Ayurveda samhita and Siddhanta).And Students and staffs were provided with refreshments which included Tamil Nadu’s traditional sweets..Finally the participants where awarded with certificates and momentos. We would like to thank our Principal Dr. Chittaranjan Das, Vice Principal Dr. Praveen.B.S, Administrative officer Mr. Shankaranarayanan, MC committee member, 3rd year Class mentor</p>	SJSACH Campus, Nazarathpet
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			<p>Dr.K. Guruprasad ,the faculty members and staffs, and all the students for their support and cooperation for making this celebration a grand success.</p>	
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32.	28-Jan-2023	RATHASAPTHAMI - 2023	<p>On the auspicious occasion of Rathasapthami on 28th January 2023, Sri Chandrashekharendra Saraswathi Viswa Mahavidyalaya is organised a mass Surya Namaskaraprogramme in this occasion including staff, post graduation scholars, interneers and students 300 people participated and demonstrated Suryanamaskara on this occasion. This program is conducted in Sri Jayendra Saraswathi Ayurveda College and Hospital, opposite to OP Building, SJSACH campus.</p> <p>This occasion is witnessed by Dr U S Srinivasan, Neurosurgeon as chief guest and presided over by honorable dean of Health sciences SCSVMV Prof. Dr. K. Venkataraman, Principal Dr Chittaranjandas and Vice Principal Dr Praveen B S, SJSACH. Event is jointly organised by Yoga club and VasudaivaKutumbakam team of esteemed university.</p> <p>Yoga day event inauguration started with Vinayaka Sthotra prayer followed with Bhaskara Sthotra by Rakshita.N.R.K, First year BAMS student. With the brief introduction about importance of Yoga on Rathasapthami by our students Vatsala Sharma and Amrutha Karthikeyan, Final year students from department of Ayurveda of SCSVMV. Dr Bindu V, Assistant Professor in department of Swasthavritta and Yoga presented welcome speech by welcoming the dignitaries and participants to Mass Suryanamaskara demonstration conducted in SCSVMV. The chief guest Dr U S Srinivasan addressed the gathering regarding Indian culture and importance of Suryanamaskara in day to day life especially to calm and control the mind. Sir also spoken regarding origin of Yoga and Suryanamaskara he also explained each and every posture in Suryanamaskara with benefits in improving health and prevents the diseases in therapeutic way. Sir also insisted each and every one to practice Yoga regularly and motivate elders in home to practice the same. Subsequently chief guest felicitated by honorable Dean of SCSVMV Prof. Dr .K.Venkataraman.</p> <p>The major event on this day was mass Suryanamaskara demonstration by 300 participants including staff and students of esteemed university from 8. 30 am to 9.00 am this program was led by Dr Guruprasad K, Professor in department of Swasthavritta and Yoga, Sri Jayendra Saraswathi Ayurveda College and Hospital. Through following the protocol prepared by department of Swasthavritta.</p> <p>On the auspicious occasion of Rathasapthami on 28th January 2023, Sri Chandrashekharendra Saraswathi Viswa Mahavidyalaya is organised a mass Surya Namaskaraprogramme in this occasion including staff, post graduation scholars, interneers and students 300 people participated and demonstrated Suryanamaskara on this occasion. This program is conducted in Sri Jayendra Saraswathi Ayurveda College and Hospital, opposite to OP Building, SJSACH campus.</p> <p>This occasion is witnessed by Dr U S Srinivasan, Neurosurgeon as chief guest and presided over by honorable dean of Health sciences SCSVMV Prof. Dr. K. Venkataraman, Principal Dr Chittaranjandas and Vice Principal Dr Praveen B S,</p>	SJSACH Campus, Nazarathpet
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			<p>and importance of Suryanamaskara in day to day life especially to calm and control the mind. Sir also spoken regarding origin of Yoga and Suryanamaskara he also explained each and every posture in Suryanamaskara with benefits in improving health and prevents the diseases in therapeutic way. Sir also insisted each and every one to practice Yoga regularly and motivate elders in home to practice the same. Subsequently chief guest felicitated by honorable Dean of SCSVMV Prof. Dr .K.Venkataraman.</p> <p>The major event on this day was mass Suryanamaskara demonstration by 300 participants including staff and students of esteemed university from 8. 30 am to 9.00 am this program was led by Dr Guruprasad K, Professor in department of Swasthavritta and Yoga, Sri Jayendra Saraswathi Ayurveda College and Hospital. Through following the protocol prepared by department of Swasthavritta.</p>	
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33.	26-Jan-2023	REPUBLIC DAY CELEBRATIONS	<p>On January 26th 2023, 74th REPUBLIC DAY was celebrated at Sri Jayendra Saraswati Ayurveda College And Hospital. It was conducted by Ms. Nimi batch (2019-2025) The program was held near Arundhathigirls hostel, beginning with the prayer song at 9am by Snigdha and Saikethana of 3rd profession.</p> <p>Parade was conducted, Headed by the captain and their team followed by flag unfurling which was done by chief guest Mr. Kanthimathinathan, Masseur of our college hospital and followed by National Anthem sang by Dr. Suvendu Rout sir, later the chief guest was honoured by Principal Dr. Chittaranjan Das sir and Vice Principal Dr. Praveen sir.</p> <p>Welcome address was given by Shraddha of 3rd profession then followed by key note address by our respected Principal Dr. Chittaranjan Das sir which was impactful.</p> <p>The student speech was given by P. Suchitra of 3rd profession on the theme Jan Bhagidari which was very inspiring. Followed by patriotic song which was sung by Sivaram, Soundaraya, Rakshita and Asvitha which reminded us about deshabhakti.</p> <p>Finally the program was concluded with vote of thanks by Durga Sri Ramni and sweet was distributed to all by Nimi batch.</p>	SJSACH Campus, Nazarathpet
34.	2-Mar-2023	AYURVEDA MEDICAL CAMP	<p>A request for conducting ayurveda medical camp was received in connection with Azadi Ka Amrit Mahotsav as directed by Govt of India from Mr Sundara Moorthi GSR ,AGM (ADMN), Central Warehousing Corporation on 16.02.23. In connection with the same Ayurveda screening and consultation was planned and accomplished at Anna institute of Management, Mahizhampoo, 63/1 P S Kumaraswami Raja Salai, Chennai 600028 on 02.03.23.</p> <p>A team of 4 consultants viz. Dr Praveen B S, Dr Vipin SG, Dr Swathi C and Dr Anoop A S attended the camp for specialty consultation. Post graduate scholars Viz Dr Gulnar Mariam and Dr Priyanka Kamble, interneers Viz Bhanu Prakash and Ashwin were the part of the camp. The camp began at 2:00PM and concluded at 6:00 PM. Totally 75 patients with various ailments like Diabetes Mellitus, Metabolic problems, Menstrual irregularity, Menorrhagia, a couple of pediatric cases were examined and advised medicines. Couple of pregnant ladies too attended the camp for Ante natal checkup. The employees and ex employees of CWC and staffs of Anna Administrative Staff College were also among the beneficiaries. The participants of the camp were requested to report to SJS hospital for subsequent followup. Many health seekers who attended the camp were directed to satellite clinic of SJSACH at T Nagar for further consultation and purchase of medications considering their convenience. The efforts of the institution and all participants were well appreciated. Mr Anantharaman, Senior Consultant coordinated the camp proceedings on behalf of Central Warehouse Corporation.</p>	ANNA INSTITUTE OF MANAGEMENT



35.	4-Mar-2023	AYURVEDA MEDICAL CAMP	<p>Ayurveda Awareness talk on Cancer of Breast and Cancer of Cervix and Ayurveda medical camp was conducted by Dept of Ayurveda , Sri Jayendra Saraswathi Ayurveda College and Hospital of SCSVMV at Sri Chandrashekarendra Saraswati Vishwa Mahavidyalaya , Enathur Kancheepuram on 4/3/23 .</p> <p>Doctors , Prof K P Roshini , Dr Swathi C PG scholars from PTSR department Dr Gulanr Mariam , Dr N Lavanya , Dr Neha Malik , Dr Khushboo Kashyap attended the camp for awareness talk and Ayurveda speciality consultation . The awareness talk began at 11.30 am where Dr Swathi gave a brief introduction of cancer, Dr N Lavanya gave awareness talk on cancer cervix and Dr Mariam gave awareness talk on Breast Cancer . The female staff of SCSVMV were the beneficiaries. The session was well appreciated. Patients with ailments like fibro adenoma of breast, menstrual irregularities, perimenopausal issues and gynaec complaints sought consultations. The camp concluded at 3.30 pm.</p>	SCSVMV, ENATHUR, KANCHIPURAM
36.	09-03-2023 TO 11-03-2023	INTERNATIONAL KYDNEY DAY	<p>International kidney day was celebrated from 09/03 to 11/03/2023 at SJSACH with seminar on Kidney related topics and medical camp for three days. This day used to mark on second Thursday of March every year since 2006. World kidney day (WKD), a joint initiative of the International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF), is a global campaign that aims to raise awareness of the importance of our kidneys to overall health and to reduce the frequency and impact of kidney disease and its associated health problems. Every year, the campaign highlights a particular theme and this year the theme was 'Kidney Health for All – Preparing for the unexpected, supporting the vulnerable.</p> <p>To commemorate this day, our institution took the initiation with the coordination of P.G department of Kayachikitsa. Three days of medical camp was arranged at the OPD from 09/03/2023 to 11/03/2023 and a seminar on kidney disease from 2.30 pm to 4.00 pm on 09/03/2023. Prior to the medical camp 500 pamphlets were distributed in the villages of Nazarathpet, Agarmel, Mepur and Thirumazhisahi along with our college brochures.</p> <p>Medical camp was inaugurated on 09/03/2023 at 9.30 am at our OPD block in the presence of Principal I/C,Vice principal cum medical superintendent, Additional medical superintendent, Dr. Usha Patil (MC member), faculties of PG. department of Kayachikitsa and other teaching faculties of the institution.</p> <p>The first day of the camp was managed by Dr.Suwendu Rout, second day by Dr. Pradeep Kumar Moharana and third day by Dr.Vipin S.G. Patients who attended the camp were prescribed medicines and advised to take the RFT and food restrictions. They were also intimated to inform their known people and relatives to take Ayurvedic treatment for kidney diseases.</p> <p>On 09/03/2023 a seminar was conducted from 2.30 pm to 4.30 pm. Total 110</p>	SJSACH Campus, Nazarathpet

			<p>people have attended the program including faculties, PG scholars, interns and UG students. Seminar started with lightening the lamp and invocation followed by welcome address by Dr.Pradeep Kumar Moharana, Keynote address by Dr. Suvendu Rout and the Presidential address by the Principal Dr. Chitta Ranjan Das.</p> <p>Total five scientific lecturer session were delivered by faculties and PG scholars. The first session was delivered by Dr. Laxmi J on Applied anatomy and physiology of Kidney, second session by Dr. Karthika on Pathophysiology and laboratory investigation of kidney disease, third session by Dr. Apeeta.S on management of kidney disease, fourth session by Dr. Guru Prasad on Pathya Apathya for kidney disease and the last session by Dr. Muthunagi on case presentation of kidney disease. The program was ended with vote of thanks by Dr.Vipin S.G and National Anthem.</p>	
37.	24-Mar-2023	WORLD TUBERCULOSIS DAY	<p>On 24th March 2023, World Tuberculosis Day was organized at Sri Jayendra Saraswati Ayurveda College And Hospital conducted by Swasthavritta Department, NSS Unit III, SCSVMV and Event Committee of SJSACH .Theprogramme was held in Mahaswami Mandapam at 2.30pm .The event began with prayer song by Sreelikhitha and Saipriya of First Professional BAMS. Chief guest was Dr. Renjith Robert , District Medical Officer from District Tuberculosis Centre, Poonamallee. Welcome address was given by Dr. Guruprasad, Professor and HOD, Department of Swasthavritta. Key note address given by Dr. Bindu .V, Assistant Professor, Department of Swasthavritta. Followed with Tuberculosis Awareness talk by Dr. Renjith Robert, who was assisted by Mr. Arun, Health Educator from District Tuberculosis center. Thereafter Dr.ChittaranjanDas,The Principal of SJSACH felicitated the Chief guest , Dr.Renjith Robert. Dr.Praveen B.S, The Vice Principal of SJSACH felicitated Mr.Arun.The session was very informative and fruitful both for the students and staffs of SJSACH. The event was concluded with Vote of thanks by Dr.Sreelakshmi.K, Assistant Professor, Department of Rasasastra And Bhaishajyakalpana.</p>	SJSACH Campus, Nazarathpet

38.	25-Mar-2023	AYURVEDA MEDICAL CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, under the banner of Azadi Ka Amrit Mahotsav</p> <p>Date of conduction of camp: 25-03-2023 Time: 10:30 am to 2:30 pm</p> <p>The concerned faculty members, PG scholars, and Interns started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 9:35 am and reached the venue by 9:55 am.</p> <p>The health check-up and awareness program started at 10:25 am in the community hall of VGN Imperia, Phase I, which was the designated camp site.</p> <p>Dr. Saravanan B- Associate Professor, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Vijay Shankar MR- Assistant Professor, Dept. Of Agada Tantra, Dr. Amrutha BS- Assistant Professor</p> <p>,Dept of Prasuti Tantra and StriRoga, Dr. Arya S Menon- Assistant Professor, Dept. of Shalya Tantra, Dr. Gulnar Mariam- PG scholar, Dept of Prasuti Tantra and StriRoga, Dr Karthika Harish- PG scholar, Dept of Shalya Tantra, Dr. Banu Prakash – Intern, Dr. Abirami G- Intern and Dr. Shivanika A-intern, SJSACH, took part in the camp.</p> <p>General health screening was done at the camp site and an awareness on Swarnaprashana and its benefits was also given. Pamphlets describing our treatment specialties and facilities at our hospital were distributed. Patients enrolled their names and sought consultation. Their blood pressure, weight, and vitals were recorded. Random Blood sugar was checked, who needed it. It was observed that Sandhishoola, Agnimandya and PCOS were the predominant disease conditions and consultation was done accordingly. All the patients were prescribed with medicines and were directed to purchase the medicine from the pharmacy of SJSACH. Free medicines were also dispensed as and when needed(karpooraditaila prepared at Sri Sankara pharmacy) Patients with menstrual irregularities, ano-rectal disorders and other systemic diseases were referred to our hospital for further evaluation. The camp was conducted successfully.</p>	VGN Imperia, Phase I Main Road, Thiruverkad
39.	31-Mar-2023	SWARNAPRASHANA	<p>Swarnaprashana , an Ayurvedic way of immunization with an aim to prevent the recurrent rate of infections in children by promoting their immunity was launched at Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Poonamallee, Chennai on the auspicious Pushya Naskshatra day -31.03.23.The programme was started in the OPD block of SJSACH at 7:00 AM by lighting the lamp. The auspicious lamp lighting ceremony was done by Dr ChittaRanjan Das, Principal i/c SJSACH, Dr Praveen B S , Vice principal SJSACH, Dr K P Roshni - MC member &amp; HOD department of Kriya Shareera, Dr A A N Uday Kumar, Professor &amp; HOD Department of Kaumarabhritya and Dr Anoop A S, Assistant Professor, Department of Kaumarabhritya. The Swarnaprashana camp was officially inaugurated by giving the first dose to Master Kashyap by Dr ChittaRanjan Das. The camp was continued thereafter in the Koumarabhritya OPD. There was continuous inflow of children between the age group of 3 months to 16 years from different</p>	SJSACH Campus, Nazarathpet

			<p>areas of Tamil Nadu like Thiruvallur, Chennai, Mangad, Nazrathpet etc. The medicine was administered by the consultants - Dr A A N Uday Kumar, Dr Anoop A S, Dr Indusree C Suseelan and Dr Reshma Ramakrishnan after detailed clinical assessment of each child. The queries raised by the parents regarding the Swarnaprashana were clarified and awareness were given to them by the consultants. The interneers of SJSACH were actively involved in the registration and screening of each child. The Swarnaprashana camp was also conducted at SCSVMV by Dr Ashutosh Chaturvedi. All the parents were truly satisfied with the camp and were provided with the pamphlets about Swarnaprashana and were informed to correctly report for the next dose on 27.04.23 without fail. The camp continued till 6:00 PM in the evening at SJSACH OPD block. A total of 71 children were benefitted by the Swarnaprashana Camp at SJSACH and SCSVMV.</p>	
40.	27-Apr-2023	SWARNAPRASHANA	<p>The second camp of Swarnaprashana got started at SJSACH IPD block on 27.04.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhritya and there were 3 interns from the department of Kaumarabhritya for screening of the patients. Total 84 patients got benefitted from the camp. There were more than 60 new entries and around 20 follow up patients. The patients who were on the 1st follow up expressed good response during the second visit and no history of any infections were told by them during this interval between the two visits. Few of the patients who are admitted in our hospital had also taken the first dose and were instructed to come for the follow up visits on the upcoming Pushya Nakshatra Dates. Many of the regular OPD patients from Bala roga department, Prasuti tantra department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were patients from different places like Nazarathpet, Poonamallee, Anna Nagar, Mangad, Chembarampakkam, Avadi etc. An increase in the number of total entries was observed compared to the first Swarnaprashana camp. All the patients were provided with the new pamphlets after administering medicines and instructed to come for the third camp without fail. The camp was successfully completed by 6:00 PM in the evening.</p>	SJSACH Campus, Nazarathpet

41.	30-Apr-2023	AYURVEDA MEDICAL CAMP	<p>A request for conducting Ayurveda medical camp was received from Mr Vishwanath, a proud alumni of SCSVMV, who is currently a resident of Altis Ashraya Apartment, Managadu. In connection with the same Ayurveda screening, consultation and medicine distribution was planned and accomplished at Altis Ashraya, Shriram City Road, next to Velammalvidhyalaya Cyber, Sri Pandian Nagar, Mangadu, Chennai on 30.04.23.</p> <p>A team of 4 consultants viz. Dr Suvendu Rout-Prof &amp; HOD Department of Kayachikitsa, Dr K Deepak Raja- Associate Professor, Department of Kriya Shareera ,Dr Anoop A S – Assistant Professor ,Department of Kaumarabhrutya and Dr Arya S Menon – Assistant Professor, Department of Shalya Tantra attended the camp for specialty consultation. Post graduate scholars Viz Dr Shreeram, Dr Jaykishan Barman and Dr Pooja Swaminath Yadav, Internees Viz Krishna Das C,Vanshy S Jain, Sreeja K and B Annapurna, Pharmacist-Mrs Chitra R and Driver -Mr Vijayakumar D were the part of the camp team. The team reached the venue by 10:10 AM and after finishing all the necessary arrangements the camp began at 10:30 AM and concluded at 4:00 PM. The camp was well organized by Dr Arya S Menon in the community hall.</p> <p>Totally 56 patients with various ailments like Diabetes Mellitus, Hypertension Metabolic problems, Degenerative joint disorders, Hemorrhoids, Peripheral Vascular diseases, Pediatric disorders like Allergic bronchitis, Recurrent Respiratory Tract infections were examined and given medicines. The residents of Altis Ashraya were the beneficiaries. The participants of the camp were requested to report to SJS hospital for subsequent follow up. The efforts of the institution and all participants were well appreciated by the sponsor and the resident members of the Apartment. The camp was concluded by felicitating Mr Vishwanath for sponsoring the camp.</p>	Altis Ashraya Apartment, Managadu
42.	14-May-2023	AYURVEDA MEDICAL CAMP	<p>Sri Jayendra Saraswathi Ayurveda College &amp; Hospital in coordination with Department of Kaumarabhrutya and Camp Coordination Committeeplanned and accomplished a Pediatric speciality camp at ArulmiguAlamarathadi Vinayagar Alayam, Katpadi on 14.05.23.A team of 3 consultants attended the camp for speciality consultation viz. Dr A A N Udaykumar, Dr Anoop A S and Dr Deepak Raja.Post graduate scholars viz. Dr Sangeetha and Dr Krithika C, interneers viz. Dr Swathi, Dr Shivanika,Dr Abirami and Dr Krishna Das C.The PG scholars assisted the consultants in screening examination and prescribing the medicines.The interneers coordinated and assisted the camp by registration of the patients and distribution of the medicines.The billing section and dispensingof medicines was handled by Pharmacist Mrs. Mala.The transportation of staffs and distribution of pamphlets at the venue were done by Mr Vijay Kumar D.</p> <p>The camp started at 10:30 AM and continued till 4:00 PM.Total 28 patients got benefitted from the camp.The patients were mainly special kids with different physical and mental illness including Autism, ADHD, Cerebral Palsy, Mental Retardation, Epilepsy,Global Developmental Delay and a few genetic disorders</p>	ArulmiguAlamarathadi Vinayagar Alayam, Katpadi

			<p>also. The parents were given medical advice regarding the health condition of the kids. They were also being educated with the importance and role of Ayurveda in the management of these illness. There were also few adult patients with joint disorders and menstrual irregularities. There was continuous inflow of the patients from morning till evening. Medicines worth Rs.29,000/ from our pharmacy were sold out in the camp. All the health seekers who attended the camp were directed to Sri Jayendra Saraswathi Ayurveda Hospital for further consultation, treatment and follow up. Overall the camp was well received by beneficiaries and it was a great success.</p>	
43.	25-May-2023	SWARNAPRASHANA	<p>The third camp of Swarnaprashana was held on 25.05.23 from 7:00am onwards at 4 different Venue SJSAC&amp;H IPD block, Nazarethpettai, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur &amp; SCSVMV CCO, T-Nagar. All together more than 100 children got benefitted from this camp</p> <p>The consultants at SJSAC&amp;H IPD block, Nazarethpettai were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 5 interns from the department of Kaumarabhrutya for screening of the children. Total 82 children got benefitted from the camp. There were 36 new entries and 46 follow up children.</p> <p>The consultants at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur were Dr Hari Aum Shree SPS Nair, Dr Bindu V &amp; Dr. Sai Badrinathan and there were 3 interns for screening of the children. Total 11 children got benefitted from the camp.</p> <p>The consultants at SCSVMV CCO, T-Nagar were Dr Swathi C and Dr Geethu Mohan and there were 2 interns for screening of the children. Total 12 children got benefitted from the camp.</p> <p>The children who were on the 1st and 2nd follow up expressed good response during the third visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were children from different places like Nazarethpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the fourth camp without fail. The camp was successfully completed by 6:00 PM in the evening.</p>	SJSACH Campus, Nazarethpet

44.	3-Jul-2023	GURU POORNIMA DAY	<p>Guru poornima day was celebrated in Sri JayendraSaraswati Ayurveda College and Hospital by all the faculties and student on 03/07/23 Monday. The programme was organised by fourth year students under the guidance of Priyadarshini mam sanskrit faculty of the college. The programme started with Pooja along with prayer. It was followed by an informative speech by third year students on the importance of Gurupurnima, both in Sanskrit and English. Students were enlightened with a speech by Dr Swaminathan sir HOD of Samhita department. Later all the students chanted Gurushtankam</p> <p>The programme was made more meaningful by students by bowing to seek blessings from the gurus of the college.</p> <p>Lastly staffs and students offered flowers to Sri Sankaracharya. The event ended with distributing prasadam.</p>	SJSACH Campus, Nazarathpet
45.	28-Jul-2023	WORLD HEPATITIS DAY	<p>World Hepatitis Day (WHD) takes place every year on 28 July in memory of Dr. Baruch Blumberg, who discovered the hepatitis B virus (HBV) and developed a diagnostic test and vaccine. It is celebrated to bring the world together under a single theme to raise awareness of the global burden of viral Hepatitis and to cut down the chain of transmission. In 2023 the theme of WHD is "ONE LIFE ONE LIVER". This event was successfully organized by the NSS unit III of SCSVMV on July 28, 2023.</p> <p>Under the guidance of NSS program officer Dr. Vijay Shankar M R and Dr. Karthika R Nair, PG Scholars Dr. C. Muthunagai and Dr. C. Kiruthika a team of 20 NSS Volunteers of Sri Jayendra Saraswati Ayurvedic College and Hospital contributed in spreading the awareness on hepatitis and importance of prevention, control and proper management of liver disorders, especially hepatitis in Government Girls Higher Secondary School, Keelmanampedu and Veellavedu Panchayath.</p> <p>This awareness camp was inaugurated by Mrs. Janaki (Principal Govt (G) HSS, Keelmanampedu) at 10 am at the school assembly hall Govt (G) HSS, Keelmanampedu. Dr. C. Kiruthika conducted sessions on the importance of celebrating World Hepatitis Day and Dr. C. Muthunagai dealt with causes, signs and symptoms, and prevention, to the public for awareness. Followed by this informative session on liver health was dealt by Dr. Vijay Shankar M. R. and Dr. Karthika R Nair to staff and students of Govt (G) HSS, Keelmanampedu. We pledge to undertake sincere efforts to provide leadership in the fight against Hepatitis for the betterment of our community. After the session, pamphlets on Hepatitis awareness were handed over to Mrs. Janaki by Dr. Vijay Shankar M. R. for the Staff. NSS volunteers circulated pamphlets to students, nearby residencies, and shops. With the active participation of students, pamphlets were circulated door to door after the school session.</p> <p>After school session awareness class was organized for public and panchayath workers in Vellavedu Panchayath, session was inaugurated by Mr. Victor (Health inspector) by 12 am. NSS volunteers conducted sessions on prevention and management of Hepatitis and Dr. Karthika and Dr. Vijay Shankar conducts class on</p>	SJSACH Campus, Nazarathpet

			<p>ayurvedic management in Hepatitis and Liver disorders.</p> <p>The awareness program turned out to be an opportunity to the public to create knowledge about the prevention of Hepatitis and gave an insight on importance of liver protection. The program ends up by 1.30 pm. The immense cooperation and combined effort of the volunteers, and doctors there was a greater response from the public and this made the event more beneficial and successful.</p>	
46.	1-Jul-2023	NATIONAL DOCTOR'S DAY	<p>On 1st July 2023, National Doctor's Day was celebrated at Sri Jayendra Saraswati Ayurveda College and Hospital, conducted by PG Scholars of SJSACH. The program was held in Mahaswami Mandapam at 2.00pm. The event began with prayer song and lighting the lamp. Rose flower was offered to all the Doctors as a token of appreciation.</p> <p>Welcome address was given by Dr. Aparna, PG Scholar, Dept of Shalya tantra, Dr. Mayuri, PG scholar, Dept of PTSR, spoke about importance of Doctors Day. Thereafter our Principal Dr. Chittaranjan Das, Vice Principal Dr. Praveen B.S, Dr S. Swaminathan, HOD, Dept of Samhitha Siddhanta, Dr. Pradeep Kumar Moharana, Professor, Dept of Kayachikitsa shared their clinical experience and challenges they have faced during their practice to the students. After that a testimony video of the patients, who got treated here in Sri Jayendra Saraswathi Hospital is played to motivate the budding Doctors.</p> <p>Then cultural program started with the solo song sung by Dr. Deepthi, Dr. Neetha and Dr Udit, PG scholar. Classical Dance performed by Dr. Abhirami, PG Scholar, dept of Kayachikitsa and Skit performed by I &amp; II year PG Scholars.</p> <p>The event was concluded with Vote of thanks by Dr. Pallavi, PG Scholar and National anthem.</p>	SJSACH Campus, Nazarathpet



47.	12-Jul-2023	MADANAPHALA COLLECTION	<p>As part of the academic activity, a field trip was organised by the Department of Panchakarma, Sri Jayendra Saraswati Ayurveda College and Hospital, Nazarathpet on 12th July, 2023 for the collection of Madanaphala.</p> <p>Our faculty members Dr. Reshma Ramakrishnan, Assistant Professor, Dr. Jeniffer Ponsingh, Assistant Professor, Department of Panchakarma and Dr. Nisha Raj(Green Cell Team Member), Associate Professor, Department of Dravya Guna and PG Scholars – Dr. C. Muthunagai, Dr. Prajna Paramita, Dr. Abirami D, Dr. Diwas Kumar Sethi, Dr. Yogita Ahlawat from the Department of Panchakarmahad participated in the activity. We started our trip from SJSACH at around 09:40 am and reached our destination at around 11am.</p> <p>First, we visited a forest area located at Tiruvadisoolam, Chengalpat District, guided by a local Irula tribe. He led us to the forest and helped in locating and identifying Madanaphala plants. Matured and ideal Madanaphala fruits were procured. Total collected fruits weighed 6kg approximately. Other medicinal herbs such as Langali, Sharapunkha, Gokshura and Swarnapatri were also identified and saplings were collected.</p>	TIRUVADISOOLAM, CHENGALPATTU DISTRICT
48.	21-Jun-2023	SWARNAPRASHANA	<p>The fourth camp of Swarnaprashana was held on 21.06.23 from 7:00am onwards at 4 different Venue SJSAC&amp;H IPD block, Nazarethpettai, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur &amp; SCSVMV CCO, T-Nagar. All together around 100 children got benefitted from this camp</p> <p>The consultants at SJSAC&amp;H IPD block, Nazarethpettai were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 5 interns from the department of Kaumarabhrutya for screening of the children. Total 66 children got benefitted from the camp. There were 16 new entries and 50 follow up children.</p> <p>The consultants at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur were Dr Karthika R Nair &amp; Dr. Ramabadri Sainathan and there were 2 interns for screening of the children. Total 13 children got benefitted from the camp.</p> <p>The consultants at SCSVMV CCO, T-Nagar were Dr Udaykiran and Dr Geethu Mohan and there were 3 interns for screening of the children. Total 18 children got benefitted from the camp.</p> <p>The children who were enrolled on the previous camps follow up expressed good response during the Fourth visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1st dose from today's Swarnaprashana camp. There were children from different places like Nazarethpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the fourth camp without fail. The camp was</p>	SJSACH Campus, Nazarathpet

			successfully completed by 6:00 PM in the evening.	
49.	18-Jul-2023	SWARNAPRASHANA	<p>The 5th camp of Swarnaprashana was held on 18.07.23 from 7:00am onwards at 4 different Venue SJSAC&amp;H IPD block, Nazarethpet, SJS Medical Centre, Kanchi Mutt, Kancheepuram, SCSVMV, Enathur&amp; SCSVMV CCO, T-Nagar. All together around 140 children got benefitted from this camp. The consultants at SJSAC&amp;H IPD block, Nazarethpet were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 4 interns from the department of Kaumarabhritya for screening of the children. Total 96 children got benefitted fr0m the camp. The consultant at SJS Medical Centre, Kanchi Mutt, Kancheepuram and SCSVMV, Enathur was Dr Karthika R Nair and there were 2 interns for screening the children. Total 14 children got benefitted fr0m the camp. The consultants at SCSVMV CCO, T-Nagar were Dr Suwendu Rout and Dr Geethu Mohan and there was 1 internee for screening the children. Total 28 children got benefitted fr0m the camp.</p> <p>The children who were enrolled on the previous camps follow up expressed good response during the fifth visit and no history of any infections were told by them during this interval between the subsequent visits.</p> <p>Many of the regular OPD patients from Bala roga department, Panchakarma department and Kayachikitsa department also enrolled themselves for getting the 1 st dose from today's Swarnaprashana camp. There were children from different places like Nazrathpet, Poonamalle, Anna Nagar, T- Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore, Kanchipuram, Enathur, Arcot etc. All the children were provided with the new pamphlets after administering medicines and instructed to come for the sixth camp on 14.08.23 without fail.</p> <p>The camp was successfully completed by 6:30 PM in the evening</p>	SJSACH Campus, Nazarathpet

50.	13-Jul-2023	AWARENESS CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarathpet, Chennai, under the banner of Azadi Ka Amrit Mahotsav</p> <p>Date of conduction of camp:13-07-2023</p> <p>Time: 10:00 am to 2:30 pm</p> <p>The concerned faculty members and PG scholars started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 8:20 am and reached the venue by 9:15 am.</p> <p>The medical camp started auspiciously at 10:00 am in the area nearby the temple under a shamiana tent.</p> <p>Dr. Saravanan B- Associate Professor, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr.HariAumshree Nair- Assistant Professor, Dept. Of Rasa Shastra and Bhaishajya Kalpana, Dr Lakshmi Jayakrishnan- Assistant Professor, Dept of Rachana Shareera, DrDeepthy T V - PG scholar, Dept of Rasa Shastra and BhaishajyaKalpana, DrSasikala- PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Krithika – PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr. Shamja - PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana, Dr Neeta - PG scholar, Dept of Rasa Shastra and Bhaishajya Kalpana Dr. Udit Saxena- PG scholar, Dept of Kayachikitsa, Dr. Meghana Venkat - PG scholar, Dept of Kayachikitsa, Dr. Saraswathi - PG scholar, Dept of Kayachikitsa of SJSACH, took part in the camp.</p> <p>Around 160 patients got benefitted from the medical camp. All the patients were checked for their vitals like weight, blood pressure, SpO2, pulse and then sent to the consultants for further evaluation. It was observed that Sandhishoola, Kasa, Swasa, Kushtawere the predominant conditionsthat came across and were consulted accordingly. Free medicines were dispensed as per the conditions for 2 days. Patients were then instructed to come to our hospital campus for further evaluation. The camp successfully ended at 2 30pm followed by darshan at the temple for all the consultants.</p>	ARULMIGU SUBRAMANIASWAMI THIRUKOVIL, VALLAKOTTAI
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51.	11-Sep-2023	SWARNAPRASHANA	<p>The 7th camp of Swarnaprashana got started at SJSACH IPD block on 11.09.23 at 7:00 AM. The consultants were Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 4 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 134 patients got benefited from the camp. Among the beneficiaries 101 were follow up cases and 33 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pammal, Vellore etc. The camp at SCSVMV and Kanchi Mutt were started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Sreenathan and he was assisted with 2 interns for screening and drug administration. The consultant at SCSVMV was Dr Sainathan. There were 11 entries at SCSVMV and 17 entries at Kanchi Mutt. The camp at T Nagar Ayurveda treatment Center was started at 9:00 AM and completed at 8:30 PM. The consultants were Dr T. Udaykiran and Dr Abinaya. They were assisted by 2 interneers for screening and medicine administration. Total 34 entries were there at T Nagar Ayurveda treatment center. Overall the feedback obtained from the parents about Swarnaprashanam was highly positive from all the 4 centres. There is a gradual decrease in the rate of infections in old cases. There is an increase in the total number of patients in all the centres compared with the last swarnaprashanacamps. All the patients were instructed to come for the 8th camp on 08.10.23 without fail.</p>	SJSACH
52.	8-Oct-2023	SWARNAPRASHANA	<p>The 8th camp of Swarnaprashana got started at SJSACH IPD block on 08.10.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 1 medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 139 children got benefited from the camp. Among the beneficiaries 120 were follow up cases and 19 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Sainathan and he was assisted with 2 interns for screening and drug administration. There were 37 entries at Kanchi Mutt. The camp at T Nagar Ayurveda</p>	SJSACH

			<p>treatment Center was started at 9:00 AM and completed at 8:00 PM. The consultants were Dr Guruprasad and Dr Geethu Mohan. They were assisted by 3 internees for screening and medicine administration. Total 26 entries were there at T Nagar Ayurveda treatment center</p> <p>Overall from all the 3 centres total of 202 children took swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres.</p> <p>There is a gradual decrease in the rate of infections in old cases. All the patients were instructed to come for the 9th camp on 04.11.23 without fail</p>	
53.	12-Oct-2023	NUTRITION AWARENESS	<p>Nutrition Awareness Program was held on October 12th 2023 at AnganvaadiNazarathpettai at 11:30 am. The main aim of the program was to spread awareness regarding the importance of nutrition for the body. Apples, bananas, mosambi, and dates were distributed to 30 kids in the Anganvaadi. The event included a speech of spreading awareness about nutrition and all the nss volunteers actively participated in it. The chief guest of this program Mrs. Panchayan Perumal shared her views on nutrition week. The parents &amp; teachers present were also a part of this event. The event was concluded with a vote of thanks by Dr. Vijay Shankar. Overall, it was a successful event.</p>	NAZARATHPET

54.	13-Oct-2023	SWACHH BHARAT	<p>Swachh Bharat program was held on October 13th 2023 at our campus Sri Jayendra Saraswathi Ayurveda College &amp; Hospital at 2:00pm. The main aim of the program is to clean the campus and separate the bio and non-bio degradable waste and to dispose them. This event was organized by NSS unit-3 of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya. The event included a speech about Swachh Bharat and all NSS volunteers were actively working to bring a plastic free campus. All non-biodegradable waste were completely disposed and bio degradable too. We collected around 15bags (50 kgs) of non-biodegradable and were disposed out of campus. The event was concluded with a vote of thanks by Dr. Vijay Shankar.</p>	SJSACH
55.	24-Oct-2023	VAGVILASINI SABHA	<p>The second Vagvilasini Sabha was held by the department of Samhita Siddhanta and Samskrita on the 24 of October, 2023, on the auspicious occasion of vijayadasami. This Sabha was held in the Mahaswami mandapam. The second vagvilasini Sabha happened a little differently this time, the spiritual aspect of our tradition was touched with the academic aspect. We had different presentations that emphasised the importance and excellence of Devi in the Hindu cultures. Not only this, along side the program, Devi Pooja also took place. The program started with prayer and light the lamp, this was followed by a harikatha presentation by Sau. Rakshitha and Sau. Ashvitha. They presented the beautiful thirupaavai, the story of Andal.</p>	MAHASWAMI MANDAPAM, SJSACH

56.	1-Nov-2023	DRAWING COMPETION ON " SURGERY IN AYURVEDA (SHASTRA KARMA)	<p>As part of 8th Ayurveda day celebration, the Department of Shalya Tantra, Sri Jayendra Saraswathi Ayurveda College had planned to conduct a drawing competition. It was open to all the undergraduate students of the college. The theme of the competition was Surgery in Ayurveda. The information regarding the same was circulated one week prior to the competition. The venue was decided as the UG final year classroom.</p> <p>The competition was conducted on November 1st 2023, between 10 am and 11 am. A total of 37 students had enrolled for the event which was conducted under the supervision of Dr Anuroop I.V., Assistant Professor, Department of Shalya Tantra. The competition was aimed to inculcate creativity in students, to comprehend the ancient surgical techniques and inspire them to develop surgical skills. Best drawings will be selected and prizes will be rewarded to the students to encourage them.</p>	FINAL YEAR CLASSROOM, SJSACH
57.	2-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari Saptaha.</p> <p>On Day 1 of the session, the guest lecture was given by Dr K R N Aswini, Associate Professor, Department of AIML, KNS Institute of Technology, Bangalore on 02/11/2023 from 2 pm to 4 pm. The topic was "Early Diagnosis of Retinopathy of Prematurity (RoP) using Ultrasonic Retinal B Scans through Image Processing Techniques". The speech was given by Dr K R N Aswini, Associate Professor, Department of AIML, KNS Institute of Technology, Bangalore on 02/11/2023 from 2 pm to 4 pm. UG, PG and faculties were present for the session.</p> <p>Inauguration was done with prayer song by Ms. Aswitha of 2nd Professional BAMS and lighting lamp by Principal i/c Prof. Dr. Chitta Ranjan Das, Vice Principal &amp; Medical Superintendent Prof. Dr. Praveen B.S, Additional Medical Superintendent &amp; HOD Dept. of Kriya Sharira Prof. Dr. K. P. Roshni, HOD Dept. of Agada Tantra Dr. Usha Patil and Guest Speaker Dr K R N Aswini.</p>	MAHASWAMI MANDAPAM, SJSACH

58.	2-Nov-2023	DIET AND LIFESTYLE MANAGEMENT AWARENESS	<p>On the eve of 8th National Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on " Diet And Lifestyle Management" at OPD of SJSACH by Dr. Bindu. V, Assistant professor, Department of Swasthavritta.</p> <p>The patients were briefed about how to adopt a healthy diet and lifestyle as a part of their daily routine in order to prevent the diseases and to boost their immunity. Various breathing exercises were demonstrated by the UG students of 3rd profession, which might help the people to reduce their mental stress and to have a better sleep. The overall session was found fruitful for the patients.</p>	OPD BLOCK, SJSACH
59.	2-Nov-2023	PRAMEHA AWARENESS	<p>On behalf of the National Ayurveda Day Celebration, an awareness session was organized for the OPD patients on the topic of Prameha (Diabetic mellitus) - etiology,symptoms for early detection, preventive and curative food and lifestyle changes in Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarathpet,Chennai on 2nd November 2023 11- 12 am at OPD Block By Dr. Karthika R Nair,Assistant Professor Department of Roganidan and Vikriti Vigyan,Sri Jayendra Saraswathi Ayurveda Collegeand Hospital. The session was organized with the help of interns and 3rd-year students in collaboration with the Department of Swasthavritta. The program was conducted successfully and well-appreciated by the patients.</p>	OPD BLOCK, SJSACH



60.	3-Nov-2023	SCIENTIFIC SESSION ON CLINICAL INTERPRETATION OF THYROID PROFILE TEST	<p>On behalf of the National Ayurveda Day Celebration, a scientific session was organized for the PG scholars and Second Professional students on the clinical interpretation of thyroid profile test - metabolism of thyroid hormones and its clinical interpretation was detailed in the session. The program was conducted in the Maha Swami Mandapam, Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 3rd November 2023 11- 12 am By Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital. The session was organized with the help of Principal Dr. Chittaranjan Das sir and all Head of Departments of PG studies along with the active participation and support of PG Scholars and 2nd Professional students. The program was conducted successfully and well-appreciated by the students.</p>	SJSACH
61.	3-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organized a weeklong series of Guest lectures being organized as Dhanvantari Saptaha.</p> <p>On Day 2 of the session, the guest lecture was given by Dr. Jithesh M. K, HOD, Dept of quality assurance. Arya Vaidya Sala, Kottakkal on 03/11/2023 from 2 pm to 4 pm. The topic was "Parkinson's disease- From texts to clinics" through online session. UG, PG and faculties were present for the session.</p> <p>Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&amp;BK. Followed by the speaker Dr. Jithesh M. K, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept. of Kriya Sharira. In the end concluded with National Anthem.</p> <p>The session was informative as well as interactive for the students.</p>	MAHASWAMI MANDAPAM, SJSACH

62.	3-Nov-2023	POSTER PRESENTATION COMPETITION	<p>As part of 8th Ayurveda day celebration, the Department of Shalya Tantra, Sri Jayendra Saraswathi Ayurveda College had planned to conduct a poster presentation competition. It was open to all the undergraduate students of the college. The information regarding the same was circulated one week prior to the competition. The venue was decided as the Mahaswami Mandapam (auditorium). The competition was conducted on November 3 rd 2023, between 10 am and 11 am. A total of 8 students had enrolled for the event which was conducted under the supervision of Dr Arya S Menon, Assistant Professor, Department of Shalya Tantra. The competition was aimed to inculcate presentation and oratory skills in students, to comprehend the ancient surgical techniques and inspire them to develop surgical skills. Best posters will be selected and prizes will be rewarded to the students to encourage them.</p>	SJSACH
63.	3-Nov-2023	AWARENESS ON DAILY REGIMEN AND PREVENTION OF LIFESTYLE DISEASES	<p>On the eve of 8 th National Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on "Awareness On Daily Regimen And Prevention Of Lifestyle Diseases" at OPD of SJSACH by Dr. Guruprasad. K, Professor &amp;HOD, Department OfSwasthavritta. The patients were briefed about how to adopt a healthy lifestyle in order to prevent the diseases and to boost their immunity. The session was regarding how to manage and prevent the lifestyle diseases by adopting a healthy regimen. The overall session was found fruitful for the patients.</p>	OPD BLOCK, SJSACH

64.	4-Nov-2023	AWARENESS PROGRAMME ABOUT AYURVEDA	<p>The 8th National Ayurveda Day celebration hosted by the Department of Agada Tantra Evam Vyayahara Ayurveda was held on 4th November, in Thirumazhisai town panchayat. This program started at 9:45am. The program aimed at creating awareness on Ayurveda by distribution of pamphlets to the people of the panchayat. The students interacted and spread the word of ayurveda to different house. The students returned at around 11am after the event.</p>	THIRUMAZHISAI
65.	4-Nov-2023	QUIZ COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organised a QUIZ competition on the topic- "SANKHYA SHAREERA". The activity was conducted by Dr Indusree C Suseelan &amp; Dr Lakshmi Jayakrishnan, Department of Shareera Rachana on 4/11/2023 from 1.00 pm to 2.00 pm. Around fifty eight students of first year BAMS participated in this contest. They were divided into 3 groups and 3 rounds of question based on numerical aspects of Ayurvedic Anatomy portions were the part of the quiz. The winning team were awarded with miscellaneous gifts and constellation prizes. The session was fun, informative as well as interactive for the students.</p>	SJSACH

66.	4-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organized a weeklong series of Guest lectures being organized as Dhanvantari saptaha.</p> <p>On Day 3 of the session, the guest lecture was given by Dr. D. Aravind, HOD, Asst.Professor Medicinal Botany, National Institute of Siddha, Tambaram sanatorium, Chennai on 04/11/2023 from 2 pm to 4 pm. The topic was “Medicinal Plants in Traditional Indian Medicine (TIM)”. UG, PG and faculties were present for the session.</p>	MAHASWAMI MANDAPAM, SJSACH
67.	4-Nov-2023	DISTRIBUTION ON MEDICINAL PLANT TULASI	<p>On behalf of the 8th National Ayurveda Day Celebration, there was a distribution of medicinal plants Tulasi (Ocimumtenuiflorum) to the neighbourhood of Thirumazhisai by students and faculty members of Department of Agada Tantra EvumVyavahara Ayurveda, Sri Jayendra Saraswati Ayurveda College and Hospital. The program aimed at distribution of medicinal plant Tulasi (Ocimumtenuiflorum) by visiting every doorstep in neighbourhood. This program started at 9:45am. The event began by distributing a Tulasi sapling to J.MahadevanSir, Vice Chairperson, Thirumazhisai town panchayat. He further provided his valuable to students and faculty members during the distribution. Students and faculty members distributed 50 tulasisaplings(Ocimumtenuiflorum). The distribution of saplings was finished by 10:30 am.</p> <p>The event ended with a speech by J.MahadevanSir, Vice Chairperson, Thirumazhisai town panchayat</p>	THIRUMAZHISAI

68.	4-Nov-2023	INFERTILITY AWARENESS TALK	<p>On the occasion of Ayurveda day, the department of PTSR SJSACH Nazrathpeth Chennai has conducted an awareness program for the patients who attended the OPD on the topic of Infertility on 4/11/23 between 12:30 and 1:30 p.m. Under the guidance of the HOD Dept. of PTSR DR. L V Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on Infertility. PG Second-year student DR. Khushbu kashyap was also present on the occasion.</p>	OPD BLOCK, SJSACH
69.	4-Nov-2023	PAPER PRESENTATION COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Paper presentation competition was organised for the PG scholars on the topic "Management of Diabetes Mellitus and its complications" in our college by P.G Department of Kayachikitsa on 4th November 2023 between 2:30 PM to 5:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Saraswathi, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. Vasudeva Reddy, Professor PG Dept of Shalyatantra, Dr. L.V.Ratnakar HOD Professor PG Dept of PTSR, Dr. Virupaksha Gupta HOD Professor, PG dept of RSBK, and Dr. Pradeep Kumar Moharana Professor PG dept of Kayachikitsa. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Dr. Kalaivanan, Dr. Shilpa Sasikumar, and Dr. Apeetha from PG Department of Kayachikitsa, Dr. Kiruthika, Dr. Shamja, and Dr. Deepthy from PG Department of RSBK, Dr. Aparna from PG Department of Shalyatantra, Dr. Diwas from PG Department of Panchakarma, and Dr. Mayuri from PG Department of PTSR. The scholars actively participated in the competition. There was high-tea at the end of the session. The event coordinators were Dr. Arathi. P.K, and Dr. Poornasri Jagani Final year PG scholars, P.G Department of Kayachikitsa. Valuable suggestions and compliments were given to all the participants by Dr. Pradeep Kumar Moharana Professor PG dept of Kayachikitsa. Participation certificates to all the participants will be issued later. The results were announced by Dr. Suvendu Rout HOD Professor PG Dept of Kayachikitsa. The first prize was bagged by Dr. Apeetha Srinivas, second prize was won by Dr. Mayuri, and third prize was won by Dr. Shilpa</p>	SJSACH

			<p>Sasikumar. The programme wound off with the vote of thanks by Dr. Vaishali First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	
70.	4-Nov-2023	PCOS AWARENESS TALK	<p>On the occasion of Ayurveda day, the department of PTSR SJSACH Nazarethpet Chennai has conducted an awareness program for the patients who attended the OPD on the topic of PCOS on 4/11/23 between 12 and 12.30 p.m. Under the guidance of the HOD Dept. of PTSR DR. L V Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on PCOS. PG Second year student DR. Khushbu kashyap was also present on the occasion.</p>	OPD BLOCK, SJSACH

71.	4-Nov-2023	SWARNAPRASHANA	<p>The 9th camp of Swarnaprashana got started on the eve of National Ayurveda day festivities at SJSACH IPD block on 04.11.23 at 7:00 AM. The consultants were Dr AA N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and there were 1 medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 154 children got benefited from the camp. Among the beneficiaries 145 were follow up cases and 9 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Karthika R Nair and she was assisted with 2 interns for screening and drug administration. There were 27 entries at Kanchi Mutt. The camp at SCSVMV was started at 9:00AM and the consultant was Dr Sainathan. Total 12 children got benefited from the camp at SCSVMV, Kanchipuram. The camp at T Nagar Ayurveda treatment Center was started at 9:00 AM and completed at 8:00 PM. The consultants were Dr Bindhu V and Dr Kokila. They were assisted by 3 interneers for screening and medicine administration. Total 21 entries were there at T Nagar Ayurveda treatment center. Overall from all the 4 centres a total of 214 children took swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 4 centres. There is a gradual decrease in the rate of infections in old cases. All the patients were instructed to come for the 9th camp on 02.12.23 without fail.</p>	SJSACH
72.	6-Nov-2023	ABHYANGA SAPTAHA	<p>On behalf of 8th National Ayurveda Day 2023, Department of Ayurveda organized Abhyanga Saptaha Program. Inauguration of the program was conducted on 6/11/2023 at SJSACH OPD Block. Dr. C. R Das Principal I/c HOD Department of Panchakarma addressed the gathering and explained the Aim of the program to the public. Dr. Praveen B. S Vice Principal and Medical Superintendent, Mr Sankaranarayanan-Jr. Administrative Officer, Dr. K. P Roshini HOD Kriya Shareera&amp; Additional Medical Superintendent, Dr. Usha Patel HOD Agada Tantra, Dr. Reshma Ramakrishnan Assistant Professor, Dr. Jennifer Assistant Professor, Dr. Ashutosh Assistant Professor along with our staffs and PG Scholars and house-surgeons attended function.</p>	SJSACH

73.	6-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari saptaha.</p> <p>On Day 4 of the session, the guest lecture was given by Dr. Benil P.B, Professor and HOD, Department of Agadatantra, VPSV Ayurveda College, Kottakkal on 06/11/2023 from 2 pm to 4 pm. The topic was “Contemporarities of Agadatantra” through online session. UG, PG and faculties were present for the session. Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&amp;BK. Followed by the speaker Dr. Benil P.B, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept.of Kriya Sharira. In the end concluded with National Anthem.</p>	MAHASWAMI MANDAPAM, SJSACH
74.	6-Nov-2023	DRAWING COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organised a Drawing competition on the topic- “NEURO-DIVERSITY”. The activity was conducted by Dr Indusree C Suseelan &amp; Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on all BAMS students to present the Drawings prepared by them on 6/11/2023 before 4 pm. Among the 7 groups of students who participated. The wining team were awarded with miscellaneous gifts and consolation prizes. The session was fun, informative as well as interactive for the students.</p>	SJSACH



75.	6-Nov-2023	MENSTRUAL HYGIENE AWARENESS TALK	On the occasion of Ayurveda day, the department of PTSR SJSACH Nazarathpet Chennai has conducted an awareness program for the UG Students of Sri Jayendra Saraswathi Ayurveda College on the topic of Menstrual Hygiene on 6/11/23 between 11:00 and 11.45p.m. Under the guidance of the HOD Dept. of PTSR DR. LV Ratnakar, PG final year student DR. Gulnar Mariam delivered the talk on Menstrual Hygiene.	SJSACH
76.	6-Nov-2023	POSTER PRESENTATION COMPETITION	On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College & Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Poster presentation competition on the topic- "Nervous System Development". The activity was conducted by Dr Indusree C Suseelan & Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on first year BAMS students to present the posters prepared by them on 6/11/2023 before 4 pm. Among the 3 groups of students who participated, the wining team was awarded with miscellaneous gifts. The session was fun, informative as well as interactive for the students.	SJSACH

77.	6-Nov-2023	MOBILE PHOTO CONTEST ON TOPIC VIRUDHA AHARA	<p>On behalf of the 8th National Ayurveda Day mobile photo contest was organized for the interns and post-graduates of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 6th November 2023. The judgment panel was Dr. Bindhu. V, Assistant Professor Department of Swasthavritta, and Dr. Lakshmi Jayakrishnan Assistant Professor Department of Rachana Shareera, Sri Jayendra Saraswathi Ayurveda College and Hospital. There were 22 entries from UG &amp; PG students among them judges selected the best 3 photos which have clarity of idea, proper lighting, technical quality, and creativity. The first prize was awarded to Vaishnavi. D (2ND professional UG), 2ND Prize to Dr. Deepthi (1ST PG -RSBK), and 3rd prize to Pratima (2ND professional UG). The prizes were distributed by Prof. Dr. Praveen. B. S sir (Vice Principal &amp; Medical Superintendent), Prof. Dr. Roshni. K.P Mam (HOD, Department of Kriya Shareera &amp; Assistant Medical Superintendent and Prof. Dr. Usha Patil Mam (HOD, Department of Agatatantra). The program was conducted successfully under the guidance and support of Principal Dr, Chittaranjan Das sir and with the cooperation of students of Sri Jayendra Saraswathi Ayurveda College.</p>	SJSACH
78.	6-Nov-2023	SLOGAN WRITING COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswati Ayurveda College &amp; hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>The SLOGAN WRITING COMPETITION was conducted as a offline event on 6th November 2023 for which 19 students participated and submitted their Slogans. Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH

79.	6-Nov-2023	VIDEO MAKING COMPETITION	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Video making competition on the topic- "Action of Muscles". The activity was conducted by Dr Indusree C Suseelan &amp; Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This competition was focused on first year BAMS students to present the videos prepared by them on 6/11/2023 before 4 pm. Among the 3 groups of students who participated, the wining team was awarded with miscellaneous gifts. The session was fun, informative as well as interactive for the students.</p>	SJSACH
80.	6-Nov-2023	POSTER PRESENTATION COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Poster presentation competition was organised for the UG scholars on the topic "Know your risks, Know your response" in our institution by P.G Department of Kayachikitsa on 6th November 2023 between 11:00 AM to 1:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Saraswathi, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. G.R.R. Chakravarthy, Professor Dept of Ayurveda Samhita&amp;Siddhanta, Dr. K. Guruprasad, HOD&amp;Professor, Dept of Swasthavritta&amp; Yoga, Dr. A.A.N. Udaykumar, HOD &amp;Professor, Dept of Koumarabhityam and Dr. Karthika R Nair, Assistant Professor, Dept of Roganidana. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Divya &amp; team, Vishali &amp; team, Spandana &amp; team, Elayabharathi &amp; team, Suchitra &amp; team and Medhini. The scholars actively participated in the competition. The event coordinators were Dr. Arathi. P.K and Dr. Poornasri Jagani, Final year PG scholars, P.G Department of Kayachikitsa. The results and the Participation certificates to all the participants will be issued later. The programme winded off with the vote of thanks by Dr. Saraswathi First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	SJSACH

81.	7-Nov-2023	DENGUE AWARENESS PROGRAMME	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har Ghar Ayurveda', the Department of Rasa shastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On this occasion, "DENGUE AWARENESS PROGRAMME" was conducted in Vadarajapuram Government High School on 7th November, 2023. This programme was inaugurated by Sri. Vetrivel, Headmaster of the Institution, Sri. N.T Jagan PTA President, Sri. Balan, Pathology Lab Technician. Welcome address by Prof. Dr. Saravanan B and Dengue Awareness speech was given for the IX and X class students, also on the "BENEFITS OF MILLETS" for the VI to VIII class students by the Faculty members Prof. Dr. Virupaksha Gupta, Prof. Dr. B. Saravanan, Assistant Professor Dr.K.Sreelakshmi, Assistant Professor Dr.Hari Ohm Shree Nair and Post Graduate scholars Dr. Deepthy T V, Dr. Neeta Nakhate, Dr. C. Kiruthika, Dr. G. Sasikala, Dr. Shamja Shamsudheen.</p>	VARADARAJAPURAM
82.	7-Nov-2023	DHANVANTARI SAPTAHA	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu organised a weeklong series of Guest lectures being organised as Dhanvantari saptaha. On Day 5 of the session, the guest lecture was given by Dr. Jigeesh. P.P, Professor &amp; HOD, Department of Panchakarma, VPSV Ayurveda College, Kottakkal on 07/11/2023 from 2 pm to 4 pm. The topic was "Kerala Textual Traditions" through online session. UG, PG and faculties were present for the session. Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&amp;BK. Followed by the speaker Dr. Jigeesh. P.P, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept. of Kriya Sharira. In the end concluded with National Anthem.</p>	MAHASWAMI MANDAPAM, SJSACH

83.	7-Nov-2023	PAPER (PPT) PRESENTATION COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswati Ayurveda College &amp; hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>On November 7th Kriya Shareera Department organized competitions highlighting the theme "Ayurveda for everyone on everyday". It was a glorious event starting with welcome address by Ms. Manasa, Class Representative of 1st Profession, The Key Note Address was delivered by Dr. K Deepak Raja, Associate Professor, Dept of Kriya Sharira explained about the Dhanvantri Jayanthi - Ayurveda day celebration and specifying the theme,</p> <p>After that it was continued with PAPER (PPT) PRESENTATION COMPETITION for which 23 students participated. The theme given was "DINACHARYA for Gen-Z". All the students wonderfully presented and there was question answer session after it.</p> <p>Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH
84.	7-Nov-2023	MEDICINAL GARDEN PREPARATION	<p>On 07/11/2023 as the part of 8th National ayurveda Day celebrations Jayendra Saraswati Ayurveda College and Hospital has made a herbal garden in the campus of Jaya Jaya Sankara School Poonamalle. Twenty medicinal plants were planted in the garden of the school. The plantation was done by the School Principal and faculty of science department, the students of 2nd professional BAMS along with the faculties of department of Dravya guna Dr Nisha Raj and Dr Sreenath R, were present in the activity.</p>	SJSACH

85.	7-Nov-2023	MODEL PRESENTATION COMPETITION	<p>On the occasion of 8th National Ayurveda Day celebration, Sri Jayendra Saraswati Ayurveda College &amp; hospital, Chennai, conducted various competitions from 1st November till 10th November 2023.</p> <p>On November 7th Kriya Shareera Department organized competitions highlighting the theme "Ayurveda for everyone on everyday". It was a glorious event starting with welcome address by Ms. Manasa, Class Representative of 1st Profession, The Key Note Address was delivered by Dr. K Deepak Raja, Associate Professor, Dept of Kriya Sharira explained about the Dhanvantri Jayanthi - Ayurveda day celebration and specifying the theme,</p> <p>The last competition was to exhibit the model. The MODEL PRESENTATION COMPETITION Students created stunning working models, showcased live working of it with the help of bulbs, water and other sources and explained in a crisp manner. Overall the event was a grand success. Totally 8 WORKING MODELS were presented by 15 students of First Professional Senior Students. Lastly it was concluded with vote of thanks and national anthem.</p> <p>Dr. K P Roshni, Professor, Department of Kriya Sharira, delivered the Presidential Address and appreciated all the participants. Encouraged the students creativity and effort made in making the models etc. Madam has selected the Winner and Runner for each category. The Winners and Runners will be receiving their Prize in November 10th during the "8th Ayurveda day celebration" of SJSACH.</p>	SJSACH
86.	7-Nov-2023	PAINTING COMPETITION ON SIDE EFFECTS OF COSMETICS	<p>The 8th national ayurveda day celebrations were held on 7th November. The program was organized by department of Agada Tantra EvumVyavahara Ayurveda, in 3rd year classroom of Sri Jayendra Saraswati Ayurveda College and Hospital. The event conducted was a painting competition on the topic 'Effects of Cosmetics'. The students were asked to submit their interpretation through art. The program aimed at creating awareness about side effects of overuse of cosmetics. The program started at 11:10am. All the students of 3rd year participated actively and gave their contributions. The session extremely interactive and the students enjoyed submitting their artworks.</p>	SJSACH

87.	7-Nov-2023	PUZZLES AND GAMES WITH AYURVEDA	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har GharAyurveda', the Department of Rasashastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On this occasion, we conducted Puzzle based games and Treasure Hunt on the theme "PUZZLES AND GAMES WITH AYURVEDA" for the UG students on 7th November 2023. The event started with the key note address by Prof. Dr. Virupaksha Gupta, HOD of Department of Rasashastra and Bhaisajya Kalpana, co-ordinated by faculties and PGscholars. The students actively participated which helped to boost their problem solving, analytical and memory skills. Interesting tasks were given to the students like Rolling Pills, Pounding Drugs, Who am I, Sloka Recitation, Identification of Rasa dravyas and Finding Cross word puzzles. Prize distribution for the winners was given by Prof. Dr. Virupaksha Gupta, Prof. Dr. B. Saravanan, Dr. Sreelakshmi, and Dr. Hari and vote of thanks was proposed by Dr. Neeta Nakhate.</p>	SJSACH
88.	7-Nov-2023	WORKSHOP ON UNDERSTANDING SPINAL DISORDERS	<p>On behalf of the 8th National Ayurveda Day in house workshop was organized for the interns and post-graduates of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 7th November 2023 11- 12 am at OPD Block by Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital.</p> <p>During the workshop, a discussion on the general and radiological anatomy of vertebral bodies and adjacent structures, prevalent etiologies, pathogenesis, and x-ray interpretation in common spinal disorders was conducted. The program was successful and well-appreciated by the students.</p>	SJSACH

89.	8-Nov-2023	AWARENESS CLASS ON UNDERSTANDING PRAMEHA	<p>On behalf of the 8th National Ayurveda Day awareness class was organized for the First professional students of Sri Jayendra Saraswathi Ayurveda College and Hospital, Nazarethpet, Chennai on 8th November 2023 4-5 pmin the First-year classroom by Dr. Karthika R Nair, Assistant Professor Department of Roganidan and Vikriti Vigyan, Sri Jayendra Saraswathi Ayurveda College and Hospital.</p> <p>The detailed discussion on common causes, pathogenesis, and symptomatology of Prameha and Diabetic mellitus was introduced to students followed by a Q&amp; A session to clarify the doubts. The program was coordinated successfully by second professional students and was well-appreciated by the students.</p>	SJSACH
90.	8-Nov-2023	ESSAY WRITING COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Essay Writing competition was organized for the UG Students, Interns, and PG scholars.</p> <p>Topic for undergraduate students - "Prevention of Diabetes Mellitus through Ayurveda"</p> <p>Topic for Interns and PG scholars - "Management of Diabetes Mellitus through Ayurveda"</p> <p>Competition was conducted by P.G Department of Kayachikitsa on 8th November 2023 between 11:00 AM to 1:00 PM at Department of Kayachikitsa. The judges for the competition were Dr. Dr. B. Saravanan, Associate Professor, PG Dept of RS&amp;BK, Dr. Anoop. A.S., Assistant Professor, Dept of Kaumarabhritya, Dr. Reshma Ramakrishnan, Assistant Professor, PG dept of Panchakarma, and Dr. Lakshmi Jayakrishnan, Assistant Professor, Dept of Rachana Shareera, and Dr. Vijayarajaa. P, Assistant Professor, PG Dept of Kayachikitsa. There were total of 14 participants, 2 participants were from PG Scholars and 12 participants were from UG students. The scholars actively participated in the competition. After completion of essay writing competition, hard copies were collected and submitted to all the judges along with assessment sheet for evaluation. The event coordinators were Dr. Shilpa Sasikumar, and Dr. Jaykrishan Barman Final year PG scholars, P.G Department of Kayachikitsa. The results and participation certificates to all the participants will be issued later. We thank the Management for this opportunity.</p>	SJSACH



91.	8-Nov-2023	IMPORTANCE OF EYE AND ENT IN DAILY LIFE	<p>On the eve of 8<sup>th</sup> National Ayurveda Day celebration 2023, Department of Shalakya Tantra, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV organised an awareness talk on "Importance of Eye and ENT health in daily life" at OPD of SJSACH by Dr. Vidhya Andarjanam V and Dr Shobita S, Assistant professor, Department Of Shalakya Tantra. The patients were briefed about regimens that can be followed daily for preventing Eye and ENT diseases. An insight on diabetic retinopathy and cataract along with the preventive aspects were explained. The overall session was found beneficial to the patients</p>	SJSACH
92.	8-Nov-2023	PATHYAHARA	<p>On the occasion of 8<sup>th</sup> National Ayurveda Day celebration 2023, Department of Swasthavritta, Sri Jayendra Saraswati Ayurveda College And Hospital, Department of Ayurveda of SCSVMV conducted " Pathyahara " a cook without fire competition for the students of 2<sup>nd</sup> and 3<sup>rd</sup> professional BAMS students. The students were participated with great enthusiasm and made delicious recipes with their creativity. The judgement was done by Dr. Karthika R Nair ( Department of Roganidana) and Dr.Roshni.K.P.(Department of Kriya Sareera). The recipes were exhibited at OPD and the patients were given awareness about Pathyahara preparations. The entire program was interesting and effective both for the students and patients.</p>	SJSACH

93.	8-Nov-2023	POSTER MAKING AND PRESENTATION COMPETITION	<p>As a part of 8th National Ayurveda Day with the motto 'Har Din Har Ghar Ayurveda', the Department of Rasashastra and Bhaisajya Kalpana organised National Ayurveda Day Celebration at Sri Jayendra Saraswati Ayurveda College and Hospital, Nazaratpet, Chennai. On 8.11.2023, Digital Poster Presentation Competition was held on the theme "AYURVEDA FOR EVERYONE ON EVERYDAY" for the UG students. Prof. Dr. Virupaksha Gupta rendered the welcome address and the competition was organised by PG Department of Rasashastra and Bhaisajya Kalpana. The students' performance was evaluated and judged by Prof. Dr. Vasudeva Reddy, H.O.D of Department of Shalya Tantra, Prof. Dr. Suvendra Rout, H.O.D of Department of Kayachikitsa, Prof. Dr. Guruprasad, H.O.D of Department of Swathavritta, Prof. Dr. Virupaksha Gupta, H.O.D and Prof. Dr. Saravanan B of Department of Rasa Shastra and Bhaisajya Kalpana.</p>	SJSACH
94.	8-Nov-2023	WEBINAR	<p>As the part of national ayurveda day celebration of 2023 a webinar was organised by the department of Dravya guna, Faculty of Ayurveda on 08/11/2023. The speaker for the session was Dr Kushboo Kumari Gupta, Assistant professor of Dravya guna, Krishna Ayurveda College, Vadodara. The topic for the webinar was Cognizance of synonyms related to the external morphology of plants.</p>	SJSACH

95.	9-Nov-2023	AWARENESS SPEECH ON ONE HEALTH	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.</p> <p>The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda.</p> <p>Later in the evening there was a speech orated by Dr. Chittaranjan Das, Principal I/C, SJSACH in the seminar hall, RGNIYD campus addressing the faculties and students on the topic “Ayurveda for All”.</p> <p>Event was coordinated by Dr. Usha Patil, Dr. Nisha Raj, Dr. Deepak Raja K, Dr. Indusree C Suseelan, Dr. Vijay Shankar M R, Dr. Lakshmi Jayakrishnan, Dr. Sreenath R and Dr. Arya Menon.</p>	RGNIYD, SRIPERUMPUDHUR
96.	9-Nov-2023	POWER POINT PRESENTATION	<p>On the occasion of Dhanwantari Jayanthi 2023, National Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College &amp;Hospital,Nazarathpet, Ponnammalle, Chennai, organized Power point presentation and video on 09-11-2023 by Faculties of Department of Panchakarma, Prof.DR.Chitta Ranjan Das, Prof.D.Praveen B.S, Asst.Prof. DR.Ashutosh Chaturvedi, Asst.ProfDr.Reshma Ramakrishnan, Asst.Prof. Dr.Jeniffer.P to Undergraduates final year students. PG scholar Sreelakshmi and Pragjna Paramita had delivered the presenation.This was aimed at showing the processing of Ayurveda drug from charakasamhitakalpasthanana and utilising those processed drugs in Panchakarma treatments.</p>	SJSACH

97.	9-Nov-2023	DIET AND REGIMENS	<p>On the occasion of 8th Ayurveda Day an Awareness program was conducted by Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarathpet, Poonamalle, Chennai conducted by faculties of Panchakarma Department, Prof.DR.Chitta Ranjan Das, Prof.D.Praveen B.S, Asst.Prof. DR.Ashutosh Chaturvedi, Asst.ProfDr.Reshma Ramakrishnan, Asst.Prof. Dr.Jeniffer.P on 09.11.2023. The awareness speech was given in local native language in Tamil by Panchakarma PG Scholar Muthunagai. The awareness program was highlighted on the Diet and regimens mentioned and to be followed in Ayurveda after Panchakarma treatments. Patients, Deputy Medical officer Medical Officers, Hospital Manager, Interness, Undergraduate students, Nursing staffs, Panchakarma Therapists had participated in Awareness program.</p>	SJSACH
98.	9-Nov-2023	EXPO	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda. Students from SJSACH actively participated and explained the models and charts. Around 20 commonly found medicinal plants were kept as display and their medicinal uses along with simple remedies were explained. Various Ayurvedic books were part of the expo to create awareness about the history of Ayurveda.College activities and other events were shown as videos in the digital display board. The faculties of SJSACH supervised all the sections and handled the event smoothly. The event was a very valuable exposure for the students and it was a very great opportunity for them to interact with the public and handle different perspectives of the society.An audio recording on the topic “Myth busters in Ayurveda” by Dr Uday Kumar was conducted in the RGNIYD campus, later this will Later in the evening there was a speech orated by Dr. Chittaranjan Das, Principal I/C, SJSACH in the seminar hall, RGNIYD campus addressing the faculties and students on the topic “Ayurveda for All”.Event was coordinated by Dr. Usha Patil, Dr. Nisha Raj, Dr. Deepak Raja K, Dr. Indusree C Suseelan, Dr. Vijay Shankar M R, Dr. Lakshmi Jayakrishnan, Dr. Sreenath R and Dr.Arya Menon.</p>	RGNIYD, SRIPERUMPUDHUR

99.	9-Nov-2023	MEDICAL CAMP	<p>On the occasion of 8th National Ayurveda Day celebration 2023, Sri Jayendra Saraswati Ayurveda College and hospital in collaboration with Rajiv Gandhi Institute of Youth development (RGIYD) Conducted a Medical and Awareness Camp at Sriperumbudur RGIYD Campus on 9th November 2023.</p> <p>The Camp was inaugurated by Prof. Dr Usha Patel HOD Dept. Agada Tantra and MC Member of SJSACH along with Officials of Rajiv Gandhi Institute of Youth development (RGIYD). Medical Camp was started by 11:30 am – and continued till 4:00 pm.</p> <p>Prof. Dr B. Saravan, HOD &amp; Professor Dept. of RSBK, Dr Vipin S G, Associate Professor Dept. Kayachikitsa, Dr. K Deepak Raja, Associate Professor Dept. Kriya Sharira, Dr. M R Vijay Shankar, Assistant Professor Dept. of Agada Tantra and Dr. Reshma Ramakrishnan Assistant Professor Dept. Panchakarma along with the Post Graduation Scholars of Department of Prasuti tantric striroga and Salya tantria, Dr. Mayuri, Dr Pallavi, Dr. Ajay and Dr. Parvinder Singh were the consultants for the camp. House surgeons of SJSAC&amp;H Dr. Parthiban, Dr. Yokesh, Dr. Saikiran, Dr. Akshaya and Dr. Lekhadhara volunteered in conducting this camp. On behalf of SJSACH Pharmacy Mrs. Chitra managed the Sales and medicine distribution in the camp.</p> <p>Staffs and Students of Rajiv Gandhi Institute of Youth development (RGIYD) actively attended the camp and got free screening and Ayurvedic medical checkup. Around 150 students got Screened and 75 staffs were Consulted and got awareness in the camp.</p> <p>Free medicines were distributed to the deserving persons and Pharmacy sale during the camp reached around a total sum of Rs. 9000/- medicines in the camp. Patients with different disorders like Rheumatoid Arthritis, Osteo arthritis, Cervical Spondylosis, Insomnia, etc... were diagnosed in the camp. For each patient along with medicines, exercises, specific diet, and regimens were advised by the consultant.</p>	RGNIYD, SRIPERUMPUDHUR
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100.	9-Nov-2023	RADIO TALK	<p>On the occasion of 8th Ayurveda Day, Sri Jayendra Saraswathi Ayurveda College and hospital collaborated with Rajiv Gandhi National Institute of Youth and Development and organized Ayurveda exhibition cum Mini expo inside the campus of RGNIYD, Sriperumbudur, Tamilnadu on 9th November 2023 from 10: am till 5.00pm.</p> <p>The expo was focused on exhibiting Charts, Models, Medicinal plants, Herbarium sheets and Books related to various aspects of Ayurveda.</p> <p>A Radio Talk was conducted on the topic “Myth busters in Ayurveda” by Dr Uday Kumar BAMS, MD – HOD of Kaumarabhritya in the RGNIYD campus.</p>	RGNIYD, SRIPERUMPUDHUR
101.	9-Nov-2023	FACE PAINTING COMPETITION	<p>On the occasion on 8th Ayurveda Day to commemorate the World Diabetes Day 2023, Face painting competition was organised for the UG scholars on the topic “Diabetes Mellitus”, in our institution by Department of Kayachikitsa on 9th November 2023 between 11:00AM to 1:00 PM at Department of Kayachikitsa. The program began by welcome speech which was delivered by Dr. Vaishali, First year PG Scholar, PG dept of Kayachikitsa. The judges for the competition were Dr. Bindu Assistant Professor Dept of Swasthavritta, Dr. Karthika R Nair, Assistant Professor Dept of Roganidana, Dr. Shobita S Assistant Professor Dept of Shalakya Tantra and Dr. Vidhya Andarjanam V Assistant Professor Dept of Shalakya Tantra. Before starting the competition assessment sheet for each participant was provided to all the judges. The order of presentations was allotted by lottery method. The participants were Manasa &amp; team, Arun &amp; team, Anushree &amp; team, Navamalika &amp; team, Vishali &amp; team, Gomati &amp; team, Spandhana &amp; team, Shankar &amp; team. The scholars actively participated in the competition. The event coordinators were Dr. N. Vaishali and Dr. Saraswathi, First year PG scholars, P.G Department of Kayachikitsa. The results and the Participation certificates to all the participants will be issued later. The programme winded off with the vote of thanks by Dr. Saraswathi First year, PG department of Kayachikitsa. We thank the Management for this opportunity.</p>	SJSACH

102.	9-Nov-2023	SEMINAR	<p>For the 8th National Ayurveda Day, the department of Agada Tantra EvumVyavahara Ayurveda organised a seminar, on the topic 'Scope of Agada Tantra in Ayurveda' on 9/11/23. The speaker of this seminar was Dr. Nirmal Narayanan, Professor &amp; HOD, Dept. of Agada Tantra Evum Vidhi Vaidyaka, Nanda Ayurveda college and hospital Erode, Tamilnadu. Dr. Nirmal spoke not only on agada tantra as a topic but also explained the practical relevance of visha and vishachikitsa. All students were very interested and keenly listened to the whole seminar.</p>	SJSACH
103.	9-Nov-2023	VIDEO SKIT AWARENESS	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, the Department of Rachana Shareera of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarathpet, Chennai, Tamil Nadu organised a Video Skit Awareness on the topic- "Anga Pratyanga – Anatomical parts and its counter Sanskrit terms". The activity was guided by Dr Indusree C Suseelan &amp; Dr Lakshmi Jayakrishnan, Department of Shareera Rachana. This video was prepared by Aarav and team of the 1st Professional BAMS (seniors). The participants of the team found the activity as fun and informative.</p>	SJSACH

104.	10-Nov-2023	DHANVANTARI JAYANTHI	<p>On the Occasion of 8th National Ayurveda Day Celebrations 2023, Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, Tamil Nadu celebrated Dhanwantari Jayanthi on 10.11.2023 with Dhanwantari homam at Mahaswami mandapam at 9.00 am to 11.00 am, all the faculties and the students took part in the homam. After the homam students recited Vishnu sahasranamam. Program concluded by Prize distribution to the students who have won various competitions held by various departments.</p> <p>On this auspicious occasion, our Principal Prof. Dr. Chitta ranjan Das, Vice Principal &amp; Medical superintendent Prof. Dr Praveen B.S along with MC members inaugurated Agada tantra OPD, Research OPD and Screening OPD at OPD building. Afternoon session, webinar was organized as part of Dhanwantari saptaha, the Guest speaker was by Dr. Shweta C. Dindur, Associate Professor, Dept of PG Studies In Prasooti Tantra &amp;StreeRoga, SDMIAH, Bangalore. The topic was “Role of StanikaChikitsa in Prasooti and StreeRoga”. UG, PG and faculties were present for the session.</p> <p>Introduction of guest speaker was given by Dr. Hari aumshree S.P.S Nair, Assistant Professor; Dept. of RS&amp;BK. Followed by the speaker Dr. Shweta C. Dindur, given a wonderful explanation about the topic. The session was live recorded as well. Vote of thanks was given by Dr. Deepak Raja. K, Associate Professor, Dept. of KriyaShareera. The webinar was concluded with National Anthem.</p>	SJSACH
105.	10-Nov-2023	MEDICINAL PLANT DISTRIBUTION	<p>On the auspicious occasion of Dhanvantari Jayanti and the 8th national ayurveda day celebration, the NSS unit III of SCSVMV organised a medicinal plant distribution ceremony. This ceremony was held in the out-patient department of Sri Jayendra Saraswati Ayurveda College and Hospital. The ceremony was inaugurated by Prof. Dr. Chittaranjan Das, Principal, SJSACH and a total of 13 medicinal plants were distributed to the patients visiting the out-patient department of SJSACH throughout the ceremony. Medicinal plants like Tulasi (Ocimumtenuiflorum), karpooravalli (Coleus amboinicus), manjal (Curcuma longa); etc. were distributed. The staff and 20 NSS volunteers participated in the event. The program ended as a grand success.</p>	SJSACH



106.	10-Nov-2023	PANCHAKARMA AHARA PRADARSHINI	<p>On behalf of 8 th National Ayurveda Day, Department of Panchakarma of Sri Jayendra Saraswati Ayurveda College and hospital organized An Exhibition on Topic PathyaAhara. Exhibition was conducted at SJSACH IPD Block on 10.11.2023. It was started around 12:30 pm and extended till 2:00 pm. Panchakarma Faculties Assistant professor Dr. Reshma Ramakrishnan and Dr. Jennifer.P were co ordinated the exhibition. PG Scholars Dr. Muthunagai, Dr. Biplab, Dr.Sreelakshmi and Dr.Yogitha were actively participated in the activity. Final Year BAMS students Dinesh, Shankar, Gomathi, Divya Chowdary, Vardhini prepared various Ahara Kalpana Charts and displayed in the program.To the patient the Method of Preparation, Benefits, Properties of Peya Vilepi, Krita &amp;Akruta Yusha, Manda Kanchipana, Karkidaka Kanji, etc. were explained in detail. Finally Feedback form regarding the exhibition was also collected all the patients, IP staffs attended the program.</p>	SJSACH
107.	01-12-2023 TO 05-12-2023	GAF 2023	<p>The consortium of Ayurveda fraternity the support from Government of India – Ministry of AYUSH, Ministry of External Affairs, Ministry of Tourism and Government of Kerala has organized the 5th Global Ayurveda Festival (GAF 2023) from 1st to 5thDecember 202 at Greenfield International Stadium, Thiruvananthapuram, India.</p> <p>From SJSACH around 65 students of UG BAMS (including 4 interneers) and 10 PG (MD/MS) scholars had participated, accompanied with 2 faculties Dr. Roshni K.P (Professor &amp; HOD, Dept. of Kriya Sharira) and Dr.Hariaumshree S.P.S Nair (Assistant Professor, Dept. of RS&amp;K) in the event with more than 60 students had did the presentation in various session regards to Oral and Poster presentation and remaining students came as delegate for attending the session.</p> <p>Day 1 to Day 5, the students were engaged with lecture series delivered by variouseminent scholars of Ayurveda like Dr.Mahadevan Iyer, Dr.Gopakumar, Dr.SasikumarNechiyil and many more and also the session on AYUSHMAN BHARAT DIGITAL MISSION which was held at a common gathering hall. Later in the afternoon between 2pm to 6pm the session were held for paper and poster presentation.</p> <p>Students had a great chance of have been attending a good number of session of various eminent personalities and at the same time where able to see the stalls from various companies of Ayurveda and the stalls from the Ayurvedic colleges of Kerala and Tamilnadu.</p> <p>The session was useful and the students were having a great exposure from attending the 5 days of this GAF 2023.</p>	GREENFIELD INTERNATIONAL STADIUM, THIRUVANANTHAPURAM

108.	2-Dec-2023	SWARNAPRASHANA	Swarnaprashana camp conducted in the campus for the month December 2023	SJSACH
109.	27-Dec-2023	AWARENESS CAMP	<p>Conducted by: Faculty members, Post Graduate Scholars and Interns of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Nazarethpet, Chennai, VikasitaBharatCampaign at CRPF Group centre, Avadi, Chennai.</p> <p>Date of conduction of camp: 27-12-2023</p> <p>Time: 9:30 am to 2:30 pm</p> <p>The concerned faculty members, PG scholars, and Interns started from Sri Jayendra Saraswathi Ayurveda College and Hospital by 8:35 am and reached the venue by 9:15 am.</p> <p>Dr. Vipin S.G- Associate Professor, Dept of Kayachikitsa, Dr. Vijay Shankar MR- Assistant Professor, Dept. Of Agada Tantra and Dr. Arya S Menon- Assistant Professor, Dept. of Shalya Tantra, Dr Rameshwari – Senior Research Fellow, CCRAS Project, Dr.Parvinder Singh - PG scholar, Dept of Shalya Tantra, Dr Jai Kishan Dept of Kaya Chikitsa, Dr.Adityan N– Intern, Dr.N Harsha- Intern, Dr.Aishwariya S-intern, and Dr Maithily Devi – intern SJSACH, took part in the camp.</p> <p>The inauguration of the camp was done by Shri M Dinakaran, DIGP CRPF Group centre, Avadi and DR. Jeyabalan DIGP(Medical), Composite Hospital CRPF, Avadi, and Shri Ramar G, Assistant Commandant, Group Centre, CRPF, Avadi, Chennai.</p> <p>After the inauguration, the camp was initiated.The health check-up and awareness program was conducted in the community hall of CRPF Group Centre, which was the designated campsite.</p> <p>General health screening was done at the campsite and an awareness on Swarnaprashana and its benefits was also given. 82 patients enrolled their names and sought consultation. Their blood pressure, weight, and vitals were recorded.It was observed thatPratishyaya, Jwara, Sandhishoola,Sandhigatavata,Agnimandya</p>	AVADI

			and PCOS were the predominant condition and were consulted accordingly. All the patients were prescribed with medicines and were directed to purchase the medicine from the pharmacyof SJSACH. Patients with menstrual irregularities, anorectal disorders and other systemic diseases were referred to our hospital for further evaluation. The camp was conducted successfully. A revenue of Rs 22,369 was generated from the camp. Over all the camp was conducted successfully.	
110.	29-Dec-2023	SWARNAPRASHANA	Swarnaprashana camp conducted in the campus for the month December 2023	SJSACH

111.	31-Dec-2023	NEW YEAR CELEBRATIONS	On 31/12/2023 Dr. Vijayshankar, Dr. Deepak Raja, Dr .Hariaumsree, joined the students (hostels) of SJSACH to welcome the New Year 2024 by lighting the campfire from 11pm followed by cake cutting at 12 am on 1/1/24. Students had a great time during New Year celebration with music and games. The night was filled with happiness so as a good start for the upcoming year	SJSACH
112.	11-Jan-2024	PONGAL CELEBRATIONS	On January 11th 2024, Pongal festival was celebrated in Sri Jayendra Saraswati Ayurveda College and Hospital. Offstage events rangoli competition was also organized for which the students participated from each batch.	SJSACH

113.	12-Jan-2024	NATIONAL YOUTH DAY	<p>On the National youth day 12th January 2024 Swachh Bharat activities were conducted at our campus Sri Jayendra Saraswathi Ayurveda College &amp; Hospital at 4:00pm in connection with National Youth day. The main aim of the program is to spread the enthusiasm of the youth of our college even in cleaning the campus and separating the bio and non-bio degradable waste and disposing them, with which an idea of cleanliness and social responsibility is showcased. This event was organized by NSS unit-3 of Sri ChandrasekharendraSaraswathi Viswa Mahavidyalaya. The event included the live telecast of Prime minister Narendra Modi sir's speech in connection with national youth day followed by a formal function in which nss volunteers conveyed the importance of celebrating the birthday of Swami Vivekananda as national youth Day and all NSS volunteers where actively working to bring out the vibrant potency in them to accompany India in its journey to attain the aim of Viksit Bharat. The event was concluded with a vote of thanks by Dr. Vijay Shankar.</p>	SJSACH
114.	26-Jan- 2024	Republic Day	<p>On the occasion of 75th Republic Day, flag hoisting ceremony was organized on 26/01/2024 in front of the Academic block, SJSACH college campus. The celebration began at 9 am in the presence of respective dignitaries such as Dean Prof Dr S Swaminathan, Principal I/c Prof Dr Chitra Ranjan Das, Vice principal Prof Dr Praveen, Management committee members Prof Pradeep Kumar Moharana, Prof Dr Usha Patil and AO Mr. Sankaranarayana were assembled for this day. Around 150 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event. Program began with a Welcome Speech by Miss. Anisha Gupta, 2nd yr BAMS student. The Flag Hoisting ceremony was performed by Professor Dr S Swaminathan, Dean of Health Science, SCSVMV accompanied by the Indian National Anthem. Later on, he also gave an inspirational speech addressing the relevance of students' role in building a better future and how to improve their skills by attending various seminars and workshops. There was participation from student's side including a patriotic speech by Mr.</p>	SJSACH

			<p>Elaya Bharathi, 4th yr BAMS student and wonderful patriotic song by 2nd yr BAMS students. A Vote of Thanks was delivered by Miss. Aadhanya 3rd yr BAMS.</p> <p>To make this Republic Day special NSS Unit III, SCSVMV organized a rally and herbal plantation within the college campus. Rally within the campus included the students who were enthusiastic and were engaged in repeating patriotic slogans throughout. The whole occasion was concluded by the plantation of herb by respective dignitaries in the oushadavanam part of herbal garden of college campus.</p> <p>The program coordinator included Dr Deepak Raja K, Dr Indusree C Suseelan, Dr Vijay Shankar M R and Dr Vijayaraja P</p>	
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## MARATHON



## WORLD SIGHT DAY



## NAVARATHRI CELEBRATIONS



## AYRVEDA DIET



## AYURVEDA CHEF COMPETITION



## SENIOR CITIZENS HEALTH PROMOTION



## ASTANGA YOGA PRACTICE FOR MENTAL ILLNESS



## BREAST CANCER AWARENESS





## HAR DIN HAR GHAR AYURVEDA



## SCHOOL HEALTH CHECK UP



## AYURVEDA DAY (DANVANDRI JAYANTHI) CELEBRATIONS



## DRUG ABUSE



## NEW YEAR CELEBRATIONS



## PONGAL CELEBRATIONS



## RATHASAPTHAMI

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## REPUBLIC DAY CELEBRATIONS



## AYURVEDA MEDICAL CAMP IN ANNA INSTITUTE OF MANAGEMENT

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## SCSVMV MEDICAL CAMP





## SWARNAPRASHANAM



## ALTIS ASHRAYA – MANGADU CAMP



## KATPADI MEDICAL CAMP

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## GURU POORNIMA DAY





## WORLD HEPATITIS DAY



## NATIONAL DOCTORS DAY



## MADANAPHALA COLLECTION



**SWARNAPRASHANA – 21-06-2023**



**SWARNAPRASHANA –18-07-2023**



**VALLAKKOTTAI CAMP**





Republic Day





**EVENTS ORGANISED BY SJSACH DURING THE PERIOD 18.01.2024 TO 10.09.2024**

S.NO.	Date	Name of the Event	Report with Photos	VENUE
1	26-Jan-2024	REPUBLIC DAY CELEBRATIONS	<p>On the occasion of 75th Republic Day, flag hoisting ceremony was organized on 26/01/2024 in front of the Academic block, SJSACH college campus.</p> <p>The celebration began at 9 am in the presence of respective dignitaries such as Dean Prof Dr S Swaminathan, Principal I/c Prof Dr Chitta Ranjan Das, Vice principal Prof Dr Praveen, Management committee members Prof Pradeep Kumar Moharana, Prof Dr Usha Patil and AO Mr. Sankaranarayanan were assembled for this day. Around 150 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event.</p> <p>Program began with a Welcome Speech by Miss. Anisha Gupta, 2nd yr BAMS student.</p> <p>The Flag Hoisting ceremony was performed by Professor Dr S Swaminathan, Dean of Health Science, SCSVMV accompanied by the Indian National Anthem. Later on, he also gave an inspirational speech addressing the relevance of students' role in building a better future and how to improve their skills by attending various seminars and workshops.</p> <p>There was participation from student's side including a patriotic speech by Mr. Elaya Bharathi, 4th yr BAMS student and wonderful patriotic song by 2nd yr BAMS students. A Vote of Thanks was delivered by Miss. Aadhanya 3rd yr BAMS.</p> <p>To make this Republic Day special NSS Unit III, SCSVMV organized a rally and herbal plantation within the college campus. Rally within the campus included the students who were enthusiastic and were engaged in repeating patriotic slogans throughout.</p>	SJSACH

2	23-01-2024 TO 25-01-2024	FIT INDIA WEEK	<p>As a part of extension of FIT INDIA week 2024, Sri Jayendra Saraswathi Ayurveda College and Hospital conducted FIT INDIA WEEK for 3 days from 23/1/2024 – 25/1/2024.</p> <p>Day 1 (23/1/2024)- starts with inaugural function, Dean of Health Science Prof. Dr. S. Swaminathan inaugurated the event and he spoke about fitness with Ayurveda and how exercise is important for health and after that Principal Prof. Dr. Chitta Ranjan Das address the gathering and spoke about the importance of fitness. Medical Superintendent Prof. Dr. Praveen and Management committee members Prof. Dr. Pradeepkumar Moharana and Prof. Dr. Usha Patil also inaugurated the event officially. Sports events starts with Throw ball and Volleyball match for boys and girls.</p> <p>Day 2 (24/1/2024) - starts with final matches for Throw ball, Volleyball, Kabaddi for boys and girls.</p> <p>Day 3 (25/1/2024)- literary and cultural events conducted.</p> <p>In the morning session –quiz competition, essay writing, Poster presentation, Debate and Yoga dance were conducted,</p> <p>In the afternoon session Talent show was conducted, students performed different form of Martial arts like Silambam (a traditional martial arts of Tamil Nadu), Karate and Kudo.</p> <p>Expert talk was given by Prof. Dr. K Guruprasad, HOD Dept of Swasthavritta, on the topic Fitness through Ayurveda, Principal Dr Chittaranjan Das and the Chairperson Prof. Dr. Suwendu Rout (HOD, Dept of Kayachikitsa) felicitate Dr. Guruprasad with a Shawl and the certificate.</p>	SJSACH
3	23-01-2024 TO 29-01-2024	SCSVMV CAMP	<p>A Master Health Check Up Screening Camp was organized by the Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College and Hospital, Chennai @ SCSVMV CAMPUS . Medical Camp was arranged at B.Ed Block of SCSVMV CAMPUS, Enathur, Kanchipuram. Everyday Medical Camp was started around 9:30 am and continued till 3:00 pm. It was completely scheduled for 4 days (23/01/2024, 24/01/2024, 25/01/2024, and 29/01/2024) and for each day 50 students were undergone for health checkup.</p> <p>On 23rd Jan: Dr. Leela Ramakrishnan (Associate Professor, Dept of Prasuti Tantra Stri Roga, SJSACH), Dr. Shobita (Assistant Professor, Dept. of Shalakya Tantra) &amp; Dr. Saniya (Assistant Professor, Dept. of Kayachikitsa) along with PG Scholar Dr. Samprati Jain &amp; Interns completed the camp.</p> <p>On 24th Jan: Dr. Leela Ramakrishnan (Associate Professor, Dept of Prasuti Tantra Stri Roga, SJSACH),</p>	SCSVMV

			<p>Dr. Arya Menon (Assistant Professor, Dept. of Shalya Tantra), &amp; Dr. Vijayaraaja (Assistant Professor, Dept. of Kayachikitsa) along with PG Scholar Dr. Abhiram &amp; Interns were allotted for camp.</p> <p>On 25th Jan: Dr. Leela Ramakrishnan (Associate Professor, Dept of Prasuti Tantra Stri Roga, SJSACH), Dr. Jennifer. P (Assistant Professor, Dept. of Shalakya Tantra) &amp; Dr. Saniya (Assistant Professor, Dept. of Kayachikitsa) along with PG Scholar Dr. Shivani Sharma &amp; Interns were allotted for camp.</p> <p>On 29th Jan: Dr. Reshma Ramakrishnan (Assistant Professor, Dept. of Panchakarma), Dr. Amrutha (Assistant Professor, Dept. of Prasuti Tantra &amp; Stri Roga), Dr. Vijayaraaja (Assistant Professor, Dept. of Kayachikitsa) along with PG Scholar Dr. Sreelakshmi &amp; Interns were completed the camp.</p> <p>Students who all are diagnosed with menstrual disorders, Netra rogas, Headache, Hair fall, Gastritis etc...were advised to take medicines. Along with medicines we also instructed students to follow specific diet and exercises for improving their general health. On 29th Jan 2024, exclusively for the Girl Students an Awareness session regarding "Importance of Menstrual Hygiene" was done by Dr. Amrutha B.S (Assistant Professor, Dept. of Prasuti Tantra &amp; Stri Roga).</p>	
4	25-Jan-2024	SWARNAPRASHNA CAMP	<p>The 12th camp of Swarnaprashana got started at SJSACH IPD block on 25.01.24 at 7:00 AM. The consultants were Dr Anoop A S and Dr A A N Udaykumar from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 142 children got benefited from the camp. Among the beneficiaries 122 were follow up cases and 20 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:30 PM. The Consultant at Kanchi Mutt was Dr Karthika R Nair and she was assisted with 2 interns for screening and drug administration. There were 22 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 14 children got benefited from the camp at SCSVMV, Kanchipuram. The camp at T Nagar Ayurveda treatment Center was started at 9:00 AM and completed at 8:00 PM. The consultant was Dr Vidhya, Medical Officer. She was assisted by 3</p>	SJSACH

			<p>internees for screening and medicine administration. Total 29 entries were there at T Nagar Ayurveda treatment center. Overall from all the 4 centres a total of 207 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 4 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 13th camp on 21.02.24 without fail.</p>	
5	4-Feb-2024	BMD CAMP	<p>On February 5, 2024 PG department of Kayachikitsa conducted free BMD Medical Camp in our OPD block of Sri Jayendra Saraswathi Ayurveda College and Hospital in collaboration with Millennium Life Sciences Pvt. Ltd, Mumbai. The inaugural function started off at 10:00 AM by lightening of the lamp. The guest speaker for the event was Dr. S. Swaminathan, Dean Health Sciences SCSVMV. The presidential address was delivered by Dr. C.R.Das, Principal. Dr. Praveen.B.S, Medical Superintendent delivered the keynote address. Dr. Suwendu Rout, HOD PG Dept of Kayachikitsa gave a talk on Importance of BMD test. The vote of thanks was proposed by Dr. P.K.Moharana, Professor. 130 patients attended the camp including the teaching faculties, non-teaching staffs, PG scholars, and interns. The camp was successfully organized under the guidance of Dr. Suwendu Rout, HOD PG Dept of Kayachikitsa. Free physical examination, and BMD test was offered at the camp.</p>	SJSACH
6	22-Feb-2024	SWARNAPRASHNA CAMP	<p>The 13th camp of Swarnaprashana got started at SJSACH OPD block on 21.02.24 at 7:00 AM. The consultants were Dr Anoop A S and Dr A A N Udaykumar from the department of Kaumarabhritya and were assisted by Dr Siva E, Medical officer and 4 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 124 children got benefited from the camp. Among the beneficiaries 119 were follow up cases and 05 were new entries. There were patients from different places like Nazarathpet, Poonamallee, Tambaram, Anna Nagar, Mangadu, Chembarambakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Hariaumsree S P S Nair and he was assisted with 2 interns for screening and drug administration. There were 23 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 14 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3</p>	SJSACH

			centres a total of 161 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashana was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 14th camp on 19.03.24 without fail.	
7	2-Mar-2024	SAKSHAM SEMINAR	<p>"Saksham " - a one-day Life Skill Workshop organised by BPRL(Sagar) Pvt.Ltd was conducted at Sri Jayendra Saraswathi Ayurveda College and Hospital for all the teaching faculties and Final Year PG Scholars on 02.03.2024 from 9.30 AM to 5:00PM. The programme started with the welcome speech and introduction of the workshop by Dr. Saraswathi 1st year PG Scholar, followed by prayer by Dr. Nikita Saxena, Final year PG Scholar, and lighting of the lamp by Dr. S Swaminathan, Dean, Faculty of Health Sciences, SCSVMV; Dr. Chittaranjan Das, Principal I/C, SJSACH; Dr. Usha Patil, Professor and HOD, Dept of Agada Tantra SJSACH; Mr. Hari Gupta, National Master Trainer, Life Sciences Sector Skill Development Council; Mr. Ajith Kumar, General Manager Sales, BPRL(Sagar). The introduction of the trainer was done and the workshop session commenced covering the topic of "A doctor's life and major challenges" from 10:00AM to 11:00AM. The topic of "Holistic Stress Prevention and Management" was covered from 11:00 AM to 12:00PM. The topic of "Wheel of Well-being way to a balanced and fulfilling life" was covered from 12:00PM to 1:00PM. A lot of aspects of Goal setting, managing work-life balance, Reasons for stress, and ways to cope with stress were dealt with. After lunch break, the Topics of "Effective communication &amp; Emotional intelligence", and "Personal effectiveness through time management" were covered from 2:00PM to 4.30 PM. Interactive sessions for effective communication, relaxation sessions, meditation, ways to manage time, and body language skills were dealt with during the afternoon session. After the afternoon session, certificates were given to the Teaching Faculties and final year PG Scholars. The speaker was felicitated by the Principal of SJSACH Dr. Chittaranjan Das. The event coordinators were Dr. Anoop A S, Assistant Professor, Dept of Kaumarabhritya and Dr. Vipin S G, Associate Professor, Dept of Kayachikitsa. The event wound up with vote of thanks by Dr. Bala Subramaniam Final Year PG Scholar, followed by National Anthem.</p>	SJSACH

8	5-Mar-2024	VOTERS DAY AWRENESS	<p>On the occasion of Merapehla vote deshkelie campaign, An Oath taking ceremony and a rally was organized on 06/03/2024 in the Sri jayendra saraswathi Ayurveda college college campus by National Service scheme unit III of Sri Chandrasekharendra Saraswathi Viswa Mahavidyala. Under the guidance of National Service scheme Program officer Dr Vijay Shankar M R all the unit members made the event a grand success. He also gave an inspirational speech addressing the relevance of youth's role in building the nation and the importance of casting votes to elect our representatives Further the ceremony was concluded by the raising the national anthem As part of "Mera Pehla Vote Desh Ke Liye" campaign, One more set of programs were organized at SJSACH college campus by NSS unit III of SCSVMV On 8th March 2024 . Under the guidance of NSS Program officer Dr Vijay Shankar M R, all the NSS unit members made the event a grand success. The event began at 11.30 am in the presence of Dean Prof. Dr. Swaminathan sir. Around 275 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event. Firstly the event took off with an awareness presentation by Anusiya and Clarity of 1st profession (junior), abiding the aim of the event. Rangoli competition had been taken place simultaneously in which students of 1st and 2nd profession took part. Followed by a debate on the topic " Is 18 years of age mature enough for voting?". We had Anisha, Arun, Arav, Yazhini in a team for supporting the topic and on the other side were: Javid Ebrahim, Askar Malik, Aman, Arunabh in the competition, which was mediated by Prof. Dr. Deepak Raja . The final competition was JAM- Just A Minute. About 20 participants spontaneously expressed their thoughts on the given topics, which were judged by Dr. Hari Om Sree SPS Nair and Dr. Bindhu . at last, prize distributions for the winners of each competition were done , By Prof. Dr. Swaminathan sir, Dean faculty of health science and Prof. Dr. Chittaranjan Das sir, Principal, SJSACH. A Slogan competition which was conducted online was judged over by Prof. Dr. Indhusree and Prof. Dr. Lakshmi Jayakrishnan. First prize was bagged by Javid Ebrahim 2nd profession, Second prize by Clarity 1st profession junior, third prize by Nidhishnitha and Shrividya of 1st profession (junior). For rangoli competition, first prize was bagged by 1st profession (seniors) : Shruti, Swetha, Hima Sandhya, 2nd prize by 1st profession (seniors): Sri Lasya, Dharshini, Pallavi, third prize by 2nd</p>	SJSACH
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			<p>profession: Priyanka, Thuriya, Nishi. Debate competition winning team: Javid Ebrahim 2nd prof, Askar 2nd prof, Aman 1st prof senior, Arunabh 1st prof junior; who spoke against the topic. JAM competition 1st prize bagged by Nithyasree A Iyer 1st prof junior, 2nd prize by Prathima 2nd prof, 3rd prize by Shivanuja and Samridhi Sonakar of 1st prof (senior). The event was then concluded with a vote of thanks and National anthem.</p>	
9	8-Mar-2024	WOMENS DAY	<p>On the occasion of International Women's day campaign, A Grand event was organized on 06/03/2024 at Sri Jayendrasaraswathi Ayurveda college campus by National Service scheme unit III of Sri ChandrasekharendraSaraswathiViswaMahavidyala. Under the guidance of National Service scheme Program officer Dr Vijay Shankar M R all the unit members made the event a grand success. He also gave an inspirational speech addressing the relevance of women's role in building the nation. The event began at 11.30 am in the presence of Dean Prof. Dr. Swaminathan sir. Around 275 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event. Firstly the event took off with a spectacular band by the batch of interneers of SJSACH followed by a piano performance by First profession junior student Arunabh followed by a dance, a song and a stunning drama by second profession students finally a debate was aired on the topic "who is responsible for the backstretch of women in the society" which was mediated by Dr K</p>	SJSACH

			<p>Deepak Rajaat last, prize distributions for the winners of each competition were done , By Prof.Dr.Swaminathan sir, Dean faculty of health science and Prof.Dr.Chittaranjan Das sir, Principal,SJSACH.Before culmination a Video was screened which was made by Second year students which completely turned the venue upside down The event was then concluded with a vote of thanks and National anthem.</p>	
10	13-Mar-2024	AYURWHIZ	<p>The Himalaya wellness company organized Ayurwhiz -5 prelims quiz competition, Jeevaka Ayurvisharda award distribution and Graduate starter kit distribution to the interns on 13.03.24 at Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Chennai from 2:00 PM to 5:00 PM. The final year BAMS students and the interns participated in the Preliminary round of the Ayurwhiz-5 quiz using an online questionnaire. The top ten participants moved on to the live quiz round where they showcased their expertise in Ayurveda, competing in an intellectually stimulating quiz. The quiz competition was anchored by Dr Nidhin M V, Manager, Scientific Services, Himalaya Wellness Company. The competition witnessed moments of intense rivalry and camaraderie as participants tested their knowledge across various facets of Ayurveda. Ultimately, the top-performing team (Adwaita PH&amp;MS Anushree of final year BAMS) emerged victorious, earning the prestigious opportunity to advance to the state round. In recognition of their participation and commitment, all ten participants were honored with certificates, acknowledging their dedication to the field of Ayurveda.</p> <p>The highlight of the evening was the presentation of the “Jeevaka Award” to Preethi S by Prof Dr S Swaminathan, Dean Faculty of Health Science, SCSVMV and the “Ayurvisharada Award” was presented to Vatsala Sharma by Prof Dr Praveen B S, Medical Superintendent and Vice Principal SJSACH, for academic excellence. These awards symbolize excellence and dedication in the practice and promotion of Ayurveda. The speeches delivered by the awardees were poignant and heartfelt, reflecting their passion for Ayurvedic principles and their commitment to its advancement.</p> <p>All interneers were presented with a graduation starter kit by the Himalaya Wellness Company as a token of appreciation for their dedication and commitment to learning and practicing Ayurvedic principles. This gesture serves as a symbol of encouragement and support as they embark on</p>	SJSACH



			<p>their professional journey in the field of Ayurveda. The starter kits were distributed to all the interns by various faculties in the presence of Dr Nidhin M V, Manager, Scientific Services, Himalaya Wellness Company.</p>	
11	15-Mar-2024	YUVASAMVAD INDIA	<p>In accordance with the Prime minister's proclamation On 16th January 2024 An Elocution competition, Poster presentation, Awareness program and Pledge taking ceremony were conducted at our campus Sri Jayendra Saraswathi Ayurveda College &amp; Hospital at 3:00pm in connection with Yuva samvad on Panch Pran and Viksit Bharat@2047. The main aim of the program is to spread the enthusiasm of the youth of our college in idea of Patriotism and social responsibility. This event was organized by NSS unit-3 of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya. Around 150 NSS volunteers were actively working to bring out the vibrant potency in them to accompany India in its journey to attain the aim of Viksit Bharat. The program was shot up by the poster presentation competition in which varieties of designs came up projecting the idea of India's Panch Pran. Followed by a breathless Elocution competition in which the whole spirit of Patriotism of our students came out with full potential. It was succeeded by an Awareness presentation on India's Panch pran by a team of first profession junior students Govind, Nandana, Vaishalini, Arya, Mayank which gave a clear cut idea on the Topic to all the spectators. Finally the event was culminated with a Valedictory Ceremony in which Principal Prof Dr Chittaranjan Das Obed the panch pran pledge to all and Prizes of the Competitions were also awarded by him to all the winners and consolation prizes were also given to the students who took the awareness lecture.</p>	SJSACH

12	19-Mar-2024	SWARNAPRASHNA CAMP	<p>The 14th camp of Swarnaprashana got started at SJSACH OPD block on 19.03.24 at 7:00 AM. The consultant was Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 164 children got benefited from the camp. Among the beneficiaries 152 were follow up cases and 12 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi ,Pattabiram, Pammal, Vellore, Korattur Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Kartika R Nair and she was assisted with 2 interns for screening and drug administration. There were 24 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 15 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 203 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 15th camp on 16.04.24 without fail.</p>	SJSACH
13	21-Mar-2024	KIDNEY DAY	<p>On the occasion of World Kidney day 2024, Several programmes were organized by the PG Department of Kayachikitsa at Sri Jayendra Saraswathi Ayurveda College. On 20th March 2024, Quiz competitions were conducted in Mahaswami Mandapam by 9.30 am, totally there were 5 teams and each team has a PG, Intern, Final year, Second year and a First year. Dr.Pradeep Kumar Moharana(Professor , PG Dept of Kayachikitsa ) was the Quiz master for the Program. There were 10 rounds with 10 questions in each round and separate questions were prepared for audience as well. That session was fully knowledgeable and enthusiastic for UG students. The Quiz programme ended by 12 pm.</p> <p>On 21st March 2024, Paper presentation for PG scholars were conducted. Around 15 PG scholars participated in the competition. The judges of the competition were Dr.L V Ratnakar (Professor and Head PG Dept of Prasuti tantra&amp;Streeroga) Dr.Virupaksha Gupta (Professor and Head PG Dept of Rasa shastra&amp;Bhaisajya Kalpana) and Dr.Muni Lokesh (Professor and Head , Department of Shalakya tantra). The session started by 9.45 am</p>	

		<p>and ended by 11.30 am</p> <p>The second event was e-Poster presentation for UG students and Many students were participated in the event. The judges of the competition were Dr. Usha patil (Professor and Head Dept of Agada tantra), Dr. K P Roshini (Professor and Head Dept of Kriya shareera) and Dr. Karthika R Nair (Assistant Professor , Department of RogaNidana). The session started by 11.45 am and ended by 12.30 pm</p> <p>The Third event was Face painting for UG students and Many students are actively participated and shown their talent in the competition. This event was conducted in Kayachikitsa department. The judges of the competition were Dr. Indushree C Susheelan (Associate Professor and Head Dept of Rachana shareera ) and Dr. Shobita (Assistant Professor , Department of Shalakya tantra). The session started by 12.00 pm and ended by 1.00pm</p> <p>The Fourth event was Reels competition for UG Students. From all the batches reels were made and presented in the auditorium. The judges were Dr. Deepak Raja (Associate Professor, Department of Kriya shareera), Dr. Sreenath (Assistant Professor , Department of DravyagunaVijnana) and Dr. Anoop (Assistant Professor , Department of Kaumarabhritya). The session ended by 1.00 pm.</p> <p>That's the end of the program in forenoon session.</p> <p>The Seminar was started at 2.30 pm, starting with Lightening of the lamp by Dr. S. Swaminathan (Dean, Department of Health sciences, SCSVMV), Dr. Chittaranjan Das (Principal , SJSACH), Dr. Praveen B S (Medical superintendent and Vice Principal), Dr. Suvendu Rout (Professor and Head, PG Dept of Kayachikitsa), Dr. Usha Patil (Professor and Head, Dept of Agada Tantra) and Dr. Pradeep Kumar Moharana (Professor , PG Dept of Kayachikitsa) and Prayer song was sung by Dr. Sindhana (PG Scholar dept of Kayachikitsa). Dr. Vipin S G (Associate Professor , PG dept of Kayachikitsa) Welcome the gathering and Key note address was delivered by Dr. Suvendu Rout (Professor and Head, PG Dept of Kayachikitsa). Dr. S. Swaminathan (Dean, Faculty of Health sciences, SCSVMV) explained about the importance of Kidney and Kidney related diseases according to Ayurveda.</p> <p>Scientific Session 1 : The First scientific session was delivered by Dr. Pradeep Kumar Moharana (Professor , PG Dept of Kayachikitsa) regarding the Anatomy , Physiology and Pathophysiology of Kidney and its Diseases.</p> <p>Scientific Session 2 : This session was given by Dr. Kalaivanan J , Second year PG Scholar from the department of Kayachikitsa, he explained about the</p>	
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			<p>Chronic Kidney Diseases , Dialysis and the Complications.</p> <p>Scientific Session 3 : The session was taken by Dr.Ishita Sharma ,first year PG Scholar from the department of Kayachikitsa, she explained about the Role of Rasa Oushadis in Kidney and its diseases.</p> <p>The winners of Paper presentation was announced and the Winners are Dr.SreeRanjani(KC) , Dr.Rakeshreddy(RSBK) , Dr.Shraddha(PK) and Dr.Sangeetha (SL)and the prizez were given by Dr.Virupakshagupta, Dr.L V Ratnakar and Dr.Vasudeva Reddy.</p> <p>Best Paper presentation:Dr.Sreeranjani – The best paper presenter of the competition presented her paper infront of every student.</p> <p>Prize distribution session: the winners of the remaining competition were announced and they were awarded with medals and Certificates.</p> <p>At the end of the event, The brain behind the seminar award went to Dr.Suwendu Rout (Professor and Head PG Dept of Kaya chikitsa) and the award was given by Dr.S Swaminathan (Dean, Faculty of Health sciences SCSVMV).</p> <p>Dr.P K Moharana(Professor , PG Dept of Kaya Chikitsa) was honored with Best Paper Presenter and he was honored by DrDr.Chittaranjan Das (Principal , SJSACH).</p> <p>Dr Kalaivanan J and Dr.Ishitasharma also got the awards for the presentations.</p> <p>Dr.VijayaRajaa Assistant Professor Dept of kayachikitsa gave the Vote of Thanks &amp; National anthem was sung by everyone.</p>	
14	05 & 06- 04- 2024	Aadhaar Updation camp	<p>Incorporated with the Nazarathpettai Post Office, an Aadhaar updation camp was organised by SJSACH on April 5th and 6th, 2024, at Mahaswami Mandapam. All the facilities for the camp were provided by the Nazarathpettai post office. A total of 109 people were there to update their Aadhaar cards. NSS volunteers of SJSACH the camp and made all the necessary arrangements and ensured its smooth conduct. The camp was inaugurated by Principal Dr. Chittaranjan Das. The camp was coordinated by Dr. Vijay Shankar M. R.</p>	SJSACH

15	16-Apr-2024	SWARNAPRASHANA CAMP	<p>The 15th camp of Swarnaprashana got started at SJSACH OPD block on 16.04.24 at 7:00 AM. The consultants were Dr Anoop A and Dr A A N Udaykumar from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 164 children got benefited from the camp. Among the beneficiaries 153 were follow up cases and 11 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangal, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Kartika R Nair and she was assisted with 2 interns for screening and drug administration. There were 23 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 12 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 199 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 16th camp on 13.05.24 without fail.</p>	SJSACH
16	17-Apr-2024	RAMANAVAMI CELEBRATIONS	<p>On April 17th in the auspicious occasion of Sri Ram Navami, a divine ceremony was held in Sri Jayendra Saraswathi Ayurveda College and Hospital. A blissful pooja was held in which all the UG PG students and staffs have taken part. The atmosphere was reverberated with the chanting of Sri Vishnu Sahasranamam and finally the celebrations were wound up by an Arathi and the distribution of Prasadam. The whole event was coordinated by Dr Vijay Shankar.</p>	SJSACH
17	19-Apr-2024	1ST TIME VOTERS	<p>PARLIAMENT ELECTION HELD ON 19-04-2024 IN TAMILNADU. OUR STUDENTS AS 1ST TIME VOTERS CASTED THEIR VOTES.</p>	SJSACH

18	24-Apr-2024	3rd Anniversary Celebration of AAHAARA KRANTI 2024	<p>The Department of Swasthavritta and Rasa Shastra &amp; Bhaisajya Kalpana of Sri Jayendra Saraswathi Ayurveda Medical College and Hospital, Chennai, organized a special program at Maha Swami Mandapam on 24th April 2024 to commemorate the 3rd Anniversary Celebration of AAHAARA KRANTI. This event was part of a National Awareness Campaign on UttamAahar – Uttam Vichar, in collaboration with the Global Indian Scientists and Technocrats Forum (GIST) and Vijnan Bharati (VIBHA), aiming to promote positive nutrition in India and globally.</p> <p>The program commenced with a traditional lamp lighting ceremony by distinguished guests including Prof.Dr. Swaminathan, Prof. Dr. Chittaranjan, Prof. Dr. Praveen B.S, Prof. Dr. Pradeep Kumar Moharana, and Prof. Dr. UshaPatil, followed by Dhanwanari and Ganapati Vandana. More than 30 faculty members and 250 students actively participated in this significant event.</p> <p>In his inaugural address, Prof. Dr. Chittaranjan Das, Head of the Department of Panchakarma and Principal of SJSACH, emphasized the importance of AAHAARA KRANTI with the motto "UthamaAahaar - UthamaVichaar" (Good Diet - Good Cognition). Prof. Dr. S. Swaminathan, Dean of the Faculty of Health Sciences at SCSVMV, delivered the keynote address, highlighting India's rich traditional diet and the benefits of a balanced diet across all sections of society.</p> <p>The event was expertly coordinated under the guidance of:</p> <ol style="list-style-type: none"> <li>1. Prof. Dr. Pradeep Kumar Moharana, Professor, Department of Kaya Chikitsa</li> <li>2. Prof. Dr. UshaPatil, Head of Department &amp; Professor, Department of AgataTantra</li> <li>3. Prof. Dr. B. Saravanan, Professor, Department of Rasashastra and BhaishajyaKalpana</li> <li>4. Dr. Bindu, Assistant Professor, Department of Swastavritta&amp; Yoga</li> </ol> <p>Guest lecture was delivered by Prof. Dr. Pradeep Kumar Moharana, Head of the Department of Kayachikitsa, on "AahaarKranti" focusing on combating malnutrition through nutritional education, and by Prof. Dr. G.R.R. Chakravarthy, Head of the Department of Samhita, who emphasized the importance of balanced diets and sustainable eating habits.</p> <p>In the morning session, students participated in a "Cooking Without Fire" competition, judged by Dr. Roshini, Dr. Nisha, and Dr. Sreenath, with K.A. Manasa, Vrishika, Rajeshwari, Smrithi, G. Darshini, and Arun emerging as winners. An E-Poster</p>	SJSACH
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19	25-Apr-2024	FREE MEDICAL CAMP - KANCHI MUTT	<p>In order to provide Special screening and Health Awareness to the Devotees of Kanchi Sankarachrya Swamigal, Camp was organized by Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital along with the Kanchi Kamakoti peetam Trusr, at Kanchi Mutt. On 25th April 2024, Thursday.</p> <p>The camp was initiated with the blessing of His holiness Parampujiyashree Vijayendra Saraswathi Sankaracharya Swamigal. The health check-up and special screening started at 09 am. Totally 76 Devotees enrolled their names and sought consultation and benefited from this camp, General health screening like Pulse Rate, oxygen Saturation, Body temperature, Blood pressure, Weight measurement &amp; BMI, Prakriti Analysis and Nadi Pariksha were done for all the inmates.</p> <p>Free Medicines were issued to the deserving patients. It was observed that patients were mostly having the complaints like vata vyadhi like Gridrasi, Avabahuka, Katigraha, sandhigata vata, Shwasa (Tamaka Shwasa), Pratishyasa (allergic rhinitis), Twak Roga (Dermatitis, Urticaria), Stress and insomnia, cases were the conditions reported mostly and were consulted accordingly.</p> <p>SJSACH camp team of 7 members conducted the camp with Specialty consultant,Dr. Vipin S G , Associate Professor, Dept of Kaya Chikitsa Along</p>	KANCHI MUTT

			with PG Scholar Dr. Jay krishnan, PG scholar, Dept. of Kayachikitsa and 3 House surgeon – junior doctors of SJSACH Mr. Chaitanya Krishna, Mr. Sai kiran & Ms. Srividhya.	
20	26-Apr-2024		<p>A Guest lecture by Dr. Ashok BK Senior Manager - AYUSH &amp; Scientific Affairs, Himalaya Wellness Company, Bengaluru was organised at Final year lecture hall of SJSAC&amp;H conducted by Department of Rasa Shastra &amp; Bhaishajya kalpana, on 26<sup>th</sup> April 2024, at 11.30 A.M. Dr Priyadarshini invited Dr Swaminathan, Dr Ashok BK, Dr Ratnakar sir, Dr. KL.Virupaksha Gupta, Dr Usha Patil, Dr Saravana on the dais. The event began with prayer song by Dr. Neetha Anand, 2<sup>nd</sup> year P.G. scholar, Dept. of RSBK. Welcome Speech was delivered by Prof. S.Swaminathan, Dean of Health Sciences</p> <p>Then Dr Sreelakshmi, Assistant Professor of RSBK introduced the guest speaker Dr Ashok BK and invited him for his lecture. Later Dr Ashok was felicitated by Prof. S. Swaminathan with shawl and fruit basket. Followed by felicitation guest lecture by Dr. B.K. Ashok, Senior Manager - AYUSH &amp; Scientific Affairs, Himalaya Wellness Company, Bengaluru.</p> <p>Vote of thanks presented by Prof. Saravana.</p> <p>The whole session is anchored by Dr Priya Darshini 1<sup>st</sup> year MD Scholar of Rasa Shastra and Bhaishajya Kalpana.</p> <p>Program ended with national anthem.</p>	
21	26 <sup>th</sup> april 2024	APRIL EDITION-PRABODHA SESSION	<p><b>Prabodha</b> - Conducted on <b>April 26th</b> by '<b>Maithri</b>' the Alumni Association of <b>SJSACH</b>, Nazarethpet from 3pm to 5 pm at <b>MahaswamiMandapam, SJSACH</b>. The Speakers are <b>Dr.SwaminathanBAM&amp;S;Ph.D.</b> Dean(faculty of Health Science),SCSVMV Prof.&amp;HeadDept of Samskrita Samhita Siddhanta, presented on topic of SlokasFacinating Me and <b>Sri.T.S.DayanandMBA</b> Executive Coach &amp;Management Consultant presented on topic Living your dream.The Principal, Dean, Vice Principal of SJSACH attended the event. Secretary and Treasurer of 'Maithri' Alumini Association joined along with them.</p>	



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22	13-May-2024	SWARNAPRASHANA CAMP	<p>The 16th camp of Swarnaprashana got started at SJSACH OPD block on 13.05.24 at 7:00 AM. The consultant was Dr A A N Udaykumar from the department of Kaumarabhrutya and was assisted by Dr Jeeva, Medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 110 children got benefited from the camp. Among the beneficiaries 105 were follow up cases and 05 were new entries. There were patients from different places like Nazarathpet, Poonamallee, Tambaram, Anna Nagar, Mangadu, Chembarambakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram, etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Karthika R Nair and she was assisted with 2 interns for screening and drug administration. There were 16 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 07 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 133 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 17th camp on 09.06.24 without fail</p>
23	22-May-2024	NARASIMHA JAYANTHI CELEBRATIONS	NARASIMHA JAYANTHI WAS CELEBRATED IN COLLEGE ADMIN OFFICE RECEPTION
24	20-Jul-2024	HAIR DESIGN COMPETITION	<p>The ICC (Internal Complaints Committee) of Sri Chandrasekharendra Saraswathi Vishwa Maha Vidyalaya) had conducted a hair design competition "LOCKS OF ART" on 20th July from 03.00 pm to 05.00 pm.</p> <p>The occasion was held at the SJSACH campus, Nazarathpet, Chennai. The event was organized and Coordinated by Prof. Dr Roshni K.P (Chairperson, ICC, SCSVMV), Dr Indusree C Suseelan (Member, ICC) and Ms. Suparna R (student member, ICC).</p> <p>The 13 teams (2 students each) participated in this event. The competition was judged by Dr Swathi C (Associate Professor, Department of PTSR) and Dr Arya S Menon (Assistant Professor, Department of Shalya tantra). The judgment criteria included points like Visualization (overall appearance &amp; impact), Props used (creativity in using accessories), Styling &amp; Finishing etc. Based on these criteria 3 teams were selected for 1st, 2nd and 3rd prize.</p>

25	20-Jul-2024	EK PED MAA KE NAAM CAMPAIGN	<p>The NSS Unit III of Sri Jayendra Saraswathi Ayurveda College and Hospital Department of Ayurveda of Sri Chandrasekharendra Saraswathi Viswa Maha Vidyalaya took part in the 'EK PED MAA KE NAAM' Campaign on 20th July 2024 Saturday. The Event was jointly organized by NSS unit of the esteemed university along with Department of Dravya Guna including staff and students. Totally 60 participants attended and took part in Plantation program.</p> <p>The event was inaugurated by Prof. Dr. S. Swaminathan, Dean, Faculty of Health Sciences, SCSVMV. He addressed the gathering with his motivating speech and Elaborated deeply about the Various Medicinal aspects of the Plants. Prof. Dr Chittaranjan Das, Principal SJSACH ,Prof. Dr GRR Chakravarthy, Vice Principal (Admin),Prof Dr Praveen B S, Vice Principal (Academics), Prof. Dr Pradeep Kumar Moharana, Prof. Dr. Usha Patil, and other Respected faculties presided over the program.</p> <p>All the staff members and students enthusiastically planted a tree on the name of their Mother.</p> <p>The whole Event was coordinated by NSS program officer Dr. Vijayaraaja. P, Assistant Professor, SJSACH, Dr. Nisha Raj, Associate Professor, Dept. of Dravya Guna and Dr. Sreenath, Asst. Professor, Dep. of Dravya Guna.</p>
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26	23-07-2024 to 25-07-2024	YAKRUT PRABODHINI 2024	<p>The Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital had the idea to hold a national paper presentation competition on an online or offline platform. We put forth our proposal and got the relevant permission from our Dean &amp; principal who further forwarded the request to the honourable vice chancellor and Registrar of our SCSVMV Esteemed University. Responsibilities were distributed to each scholar, under the Guidance of Kayachikitsa PG Departmental committees. The registration period was to finish on July 10th was extended till July 15th in response to the overwhelming support from scholars around India and ongoing requests from participants. There were 422 abstracts received in total. Convenors sent out the submission and selected emails, and the deadline for submitting videos was July 18, which was later extended to July 19, 2024. There were 360 videos in all that were received. After each video was carefully examined, the committee chose 95 of them for further levels.</p> <p>The inauguration ceremony of the seminar was held on 23/07/2024 and was led by the PG department of Kayachikitsa. The welcome address was delivered by Dr.PK Moharana, Professor, PG Dept of Kayachikitsa, Keynote address by Dr. Suvendu Rout, Professor &amp; HOD, PG Dept of Kayachikitsa, Presidential address was delivered by Dr. Swaminathan, Dean, Faculty of Health Science, SCSVMV, Formal opening of the Scientific session was declared by Dr. Chittaranjan Das, Principle, SJSAC&amp;H. Dr. G.R.R Chakravarthy, the vice principal (Administration), Dr. Praveen B. S., the vice principal (Academics), Dr. Usha Patil, M.C member, and all the members of the organizing committee witnessed the opening of the session.</p> <p>DAY - 1 (Date- 23/07/2024)</p> <p>Topic – Literary Review of &amp; Basic Principles of Yakrutvikaras - 8  Topic –Recent advances in Yakrutvikaras - 8  Topic –Pathophysiology in liver disorders - 10  Topic –AnukthaDravyas and Anubhoota Yogas in Yakrutvikaras - 10  Topic –Agada Tantra and Immunization in Yakrutvikaras - 7</p> <p>DAY2 – (Date- 24/07/2024)</p> <p>Topic –Infertility and Liver Disorders - 8  Topic –Panchakarma in Yakrutvikaras - 8  Topic –Surgical Intervention in Yakrutvikaras and Ayurvedic Management of Liver disorders - 9  Topic –Rasayana in Liver disorders - 9  Topic – For Faculties and Practitioners - 9</p> <p>DAY-3 (Date-25/07/2024)</p>
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27	2-Aug-2024	SWACHH BHARAT ABHIYAN	<p>Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of Sri Chandrasekharendra Saraswathi Viswa Maha Vidyalaya took part in the 'Swachh Bharat Abhiyan' Campaign on 2nd August 2024 Friday. The Event was organized by NSS unit of the esteemed university and total 100 participants attended and took part in cleaning program.</p> <p>The event was inaugurated by Prof. Dr. S. Swaminathan, Dean, Faculty of health sciences, SCSVMV, He addressed the gathering with his motivating speech. Prof. Dr Chittaranjan Das, Principal SJSACH, Prof. Dr GRR Chakravarthy, Vice principal (Admin), Prof Dr Praveen B S, Vice principal (Academics), Prof. Dr Pradeep Kumar Moharana, Prof. Dr Usha Patil, and other Respected faculties presided over the program.</p> <p>As a contribution from NSS, Dr. Vijayarajaa P handed over a dustbin to IPD block of SJSACH which was received by Medical Superintendent Prof Dr Praveen B S and Deputy Medical Superintendent Dr. Balambika of SJSACH. That was</p>

			<p>followed by a comprehensive cleaning in different areas of our institution collecting around 6 sacks (20 kgs) of garbage. All the members actively took part in the event. The whole Event was coordinated by NSS program officer Dr Vijayarajaa. P</p>
28	3-Aug-2024	SWARNAPRASHANA CAMP	<p>The 19th camp of Swarnaprashana got started at SJSACH OPD block on 03.08.24 at 7:00 AM. The consultants were Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and were assisted by Dr Siva E, Medical officer and 3 PG Scholars from the department of Kayachikitsa and Panchakarma for screening of the patients and medicine administration. Total 117 children got benefited from the camp. Among the beneficiaries 109 were follow up cases and 08 were new entries. There were patients from different places like Nazarathpet, Poonamalle, Tambaram, Anna Nagar, Mangadu, Chembarambakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 8:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Hariaumsree S P S Nair and he was assisted with 1 intern for screening and medicine administration. There were 22 entries at Kanchi Mutt. The camp at SCSVMV was coordinated by Dr Sainathan and 11 kids were benefited with Swarnaprashana medicines. Over all from all the 3 centres a total of 150 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 20th camp on 30.08.24 without fail.</p>
29	14-Aug-2024	HAR GHAR TIRANGA	<p>On the occasion of 78th Independence Day, varieties of programs were organized on 14/08/2024 SJSACH College campus by NSS unit III of SCSVMV. Under the guidance of NSS Program officer Dr Vijayarajaa. P, all the NSS unit members made the event a grand success.</p> <ul style="list-style-type: none"> <li>- On 14/08/2024, online quiz was conducted in every profession from 3pm to 3:30pm in their respective classrooms. A total of 136 students participated in the quiz.</li> <li>- From 3:30pm to 4:30pm, Patriotic song competition was held in Maha Swami Mandapam. There were 6 groups participated from both UG and PG and judging was done by Dr Usha Patil, Prof. Department of Agada tantra and Dr Hari</li> </ul>

			<p>Aum Sree, Asst. Prof, Department of Rasa Shastra and Bhaisajya Kalpana. The First and Second prize were bagged by Rakshitha &amp; team (Second Prof) and Dr. Deepthi &amp; team (PG Scholars) respectively.</p>
30	15-Aug-2024	INDEPENDENCE DAY CELEBRATIONS	<p>On the occasion of 78th Independence Day, varieties of programs were organized on 15/08/2024 SJSACH College campus by NSS unit III of SCSVMV. Under the guidance of NSS Program officer Dr Vijayarajaa. P, all the NSS unit members made the event a grand success.</p> <ul style="list-style-type: none"> <li>- On 15th August, the Independence day was celebrated in front of the Academic block at 9 am. The program started by hoisting the flag by Vice principal (Admin) Prof Dr GRR Chakravarthy sir; command was given by Vishwadeep from First Profession followed by National Anthem. A solemn speech addressing the relevance of students' role in building a better future and how to improve their skills by attending various seminars and workshops was delivered by vice principal (Admin) Prof Dr GRR Chakravarthy sir. This was followed by patriotic speech by Govind from First profession.</li> <li>- Vande Mataram was sung by Ms. Durgasri and team from Final year.</li> <li>- All staffs and students took Har Ghar Tiranga Pledge to dedicate to the development and progress of India.</li> <li>- Har Ghar Tiranga Selfies were taken by the staffs and students, by showcasing their Selfie skills.</li> <li>- Har Ghar Tiranga Yatra was done with the students and staffs of SJSACH who were enthusiastic and were engaged in repeating patriotic slogans throughout.</li> <li>- All staffs and students had written their impression on Har Ghar Tiranga Canvas, proving their Love towards the Nation in various National languages.</li> </ul> <p>Finally the program was concluded with Vote of Thanks by NSS program officer Dr Vijayarajaa. P</p> <p>The whole programme was coordinated by Dr Vijayshankar, Dr. Arya S Menon, Dr. Jeniffer Ponsingh, Dr. Vijayarajaa and Dr. Saniya K K</p>



31	23-Aug-2024	NATIONAL SPACE DAY	<p>In remembrance to the successful launch of Chandrayan 3 on 23rd August 2023, the Government of India has declared August 23rd as National Space Day with the theme "Touching Lives by Touching the moon: India's Space Saga". On this occasion, Sri Jayendra Saraswathi Ayurveda College and Hospital celebrated National Space Day by conducting various programs like painting competition and elocution competition.</p> <p>The elocution competition was conducted from Mahaswami mandapam from 3:00pm to 5:00pm. The event started with prayer by Harini and Srividhya from Final Year BAMS followed by playing the teaser of National Space Day with the message from ISRO chairman which was released by Government of India. Next a video message which was received from Mr. S Unnikrishnan Nair, Director, Vikram Sarabhai Space Center and Indian Institute of Space Science and Technology was played.</p> <p>The elocution competition was conducted thereafter with a total of 14 students participating in the event. The judging panel was done by Dr Gupta K L, Professor, Department of Rasasastra and Bhaishajyakalpana and Dr. K P Roshini Professor, HOD, Department of Kriyasharira. First prize was secured by Sivaram of Final Year BAMS, Second prize was bagged by Miss. Anusiya of First professional BAMS and third prize was won by Miss. Aswitha of Second professional BAMS.</p> <p>The painting competition was concurrently conducted from Final Year classroom from 3:00pm to 4:00pm. A total of 15 students participated in the event and judging was done by Dr Pradeep Kumar Moharana, Professor, Department of Kayachikitsa. First prize was secured by Thiruniraiselvi of Final Year BAMS, Second prize was bagged by Miss. Nithishritha of First professional BAMS and third prize was won by Miss. Sonica Swathi of Second professional BAMS.</p> <p>After the completion of the competition a motivational speech has been rendered by Dr S Swaminathan, Dean, Faculty of Health Science and Dr GRR Chakravarthy, Vice Principal (admin), SJSACH.</p> <p>Finally the program was concluded by the National Anthem.</p> <p>The whole programme was coordinated by NSS unit III of SCSVMV under the guidance of NSS Program officer Dr Vijayaraaja and other coordinators Dr. Arya S Menon, Dr. Jeniffer Ponsingh, and Dr. Saniya K K</p>
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32	8-Mar-2024	WOMENS DAY	<p>On the occasion of International Women's day campaign, A Grand event was organized on 06/03/2024 at Sri Jayendrasaraswathi Ayurveda college campus by National Service scheme unit III of Sri ChandrasekharendraSaraswathiViswaMahavidyala. Under the guidance of National Service scheme Program officer Dr Vijay Shankar M R all the unit members made the event a grand success.He also gave an inspirational speech addressing the relevance of women's role in building the nation. The event began at 11.30 am in the presence of Dean Prof.Dr.Swaminathan sir. Around 275 BAMS students and PG scholars of SJSACH as well as various teaching and non-teaching staff participated in this event. Firstly the event took off with a spectacular band by the batch of internees of SJSACH followed by a piano performance by First profession junior student Arunabh followed by a dance, a song and a stunning drama by second profession studentsfinally a debate was aired on the topic "who is responsible for the backstretch of women in the society" which was mediated by Dr K Deepak Rajaat last, prize distributions for the winners of each competition were done , By Prof.Dr.Swaminathan sir, Dean faculty of health science and Prof.Dr.Chittaranjan Das sir, Principal,SJSACH.Before culmination a Video was screened which was made by Second year students which completely turned the venue upside down The event was then concluded with a vote of thanks and National anthem.</p>
33	13-Mar-2024	AYURWHIZ	<p>The Himalaya wellness company organized Ayurwhiz -5 prelims quiz competition, Jeevaka Ayurvisharda award distribution and Graduate starter kit distribution to the interns on 13.03.24 at Sri Jayendra Saraswathi Ayurveda College &amp; Hospital, Chennai from 2:00 PM to 5:00 PM. The final year BAMS students and the interns participated in the Preliminary round of the Ayurwhiz-5 quiz using an online questionnaire. The top ten participants moved on to the live quiz round where they showcased their expertise in Ayurveda, competing in an intellectually stimulating quiz. The quiz competition was anchored by Dr Nidhin M V, Manager, Scientific Services, Himalaya Wellness Company. The competition witnessed moments of intense rivalry and camaraderie as participants testedtheir knowledge across various facets of Ayurveda. Ultimately, the top-performing team (Adwaittha PH&amp;MS Anushree of final year BAMS)emerged victorious, earning the prestigious opportunity to advance to the state round. In recognition of their participation and commitment, all ten participants were honored with certificates, acknowledging their dedication to the field of Ayurveda.</p> <p>The highlight of the evening was the presentation of the "Jeevaka Award" to Preethi S by Prof Dr S Swaminathan, Dean Faculty of Health Science, SCSVMV and the"Ayurvisharada Award" was presented to Vatsala</p>

			<p>Sharma by Prof Dr Praveen B S, Medical Superintendent and Vice Principal SJSACH, for academic excellence. These awards symbolize excellence and dedication in the practice and promotion of Ayurveda. The speeches delivered by the awardees were poignant and heartfelt, reflecting their passion for Ayurvedic principles and their commitment to its advancement.</p> <p>All interneers were presented with a graduation starter kit by the Himalaya Wellness Company as a token of appreciation for their dedication and commitment to learning and practicing Ayurvedic principles. This gesture serves as a symbol of encouragement and support as they embark on their professional journey in the field of Ayurveda. The starter kits were distributed to all the interns by various faculties in the presence of Dr Nidhin M V, Manager, Scientific Services, Himalaya Wellness Company.</p>
34	15-Mar-2024	YUVASAMVAD INDIA	<p>In accordance with the Prime minister's proclamation On 16th January 2024 An Elocution competition, Poster presentation, Awareness program and Pledge taking ceremony were conducted at our campus Sri Jayendra Saraswathi Ayurveda College &amp; Hospital at 3:00pm in connection with Yuva samvad on Panch Pran and Viksit Bharat@2047. The main aim of the program is to spread the enthusiasm of the youth of our college in idea of Patriotism and social responsibility. This event was organized by NSS unit-3 of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya. Around 150 NSS volunteers where actively working to bring out the vibrant potency in them to accompany India in its journey to attain the aim of Viksit Bharat. The program was shot up by the poster presentation competition in which varieties of designs came up projecting the idea of India's Panch Pran. Followed by a breathless Elocution competition in which the whole spirit of Patriotism of our students came out with full potential. It was succeeded by an Awareness presentation on India's Panch pran by a team of first profession junior students Govind, Nandana, Vaishalini, Arya, Mayank which gave a clear cut idea on the Topic to all the spectators. Finally the event was culminated with a Valedictory Ceremony in which Principal Prof Dr Chittaranjan Das Owed the panch pran pledge to all and Prizes of the Competitions were also awarded by him to all the winners and consolation prizes were also given to the students who took the awareness lecture.</p>

35	19-Mar-2024	SWARNAPRASHNA CAMP	<p>The 14th camp of Swarnaprashana got started at SJSACH OPD block on 19.03.24 at 7:00 AM. The consultant was Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 164 children got benefited from the camp. Among the beneficiaries 152 were follow up cases and 12 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Kartika R Nair and she was assisted with 2 interns for screening and drug administration. There were 24 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 15 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 203 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 15th camp on 16.04.24 without fail.</p>
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36	21-Mar-2024	KIDNEY DAY	<p>On the occasion of World Kidney day 2024, Several programmes were organized by the PG Department of Kayachikitsa at Sri Jayendra Saraswathi Ayurveda College. On 20th March 2024, Quiz competitions were conducted in Mahaswami Mandapam by 9.30 am, totally there were 5 teams and each team has a PG, Intern, Final year, Second year and a First year. Dr.Pradeep Kumar Moharana(Professor , PG Dept of Kayachikitsa ) was the Quiz master for the Program. There were 10 rounds with 10 questions in each round and separate questions were prepared for audience as well. That session was fully knowledgeable and enthusiastic for UG students. The Quiz programme ended by 12 pm.</p> <p>On 21st March 2024, Paper presentation for PG scholars were conducted. Around 15 PG scholars participated in the competition. The judges of the competition were Dr.L V Ratnakar (Professor and Head PG Dept of Prasuti tantra&amp;Streeroga) Dr.Virupaksha Gupta (Professor and Head PG Dept of Rasa shastra&amp;Bhaisajya Kalpana) and Dr.Muni Lokesh (Professor and Head , Department of Shalakya tantra). The session started by 9.45 am and ended by 11.30 am</p> <p>The second event was e-Poster presentation for UG students and Many students were participated in the event. The judges of the competition were Dr.Usha patil (Professor and Head Dept of Agada tantra), Dr.K P Roshini (Professor and Head Dept of Kriya shareera) and Dr.Karthika R Nair (Assistant Professor , Department of RogaNidana). The session started by 11.45 am and ended by 12.30 pm</p> <p>The Third event was Face painting for UG students and Many students are actively participated and shown their talent in the competition. This event was conducted in Kayachikitsa department. The judges of the competition were Dr.Indushree C Susheelan (Associate Professor and Head Dept of Rachana shareera ) and Dr.Shobita (Assistant Professor , Department of Shalakya tantra). The session started by 12.00 pm and ended by 1.00pm</p> <p>The Fourth event was Reels competition for UG Students. From all the batches reels were made and presented in the auditorium. The judges were Dr. Deepak Raja(Associate Professor, Department of Kriya shareera), Dr.Sreenath (Assistant Professor , Department of DravyagunaVijnana) and Dr.Anoop (Assistant Professor , Department of Kaumarabhritya). The session ended by 1.00 pm.</p> <p>That's the end of the program in forenoon session. The Seminar was started at 2.30 pm, starting with Lightening of the lamp by Dr.S.Swaminathan (Dean, Department of Health sciences, SCSVMV), Dr.Chittaranjan Das (Principal ,SJSACH), Dr.Praveen B S (Medical superintendent and Vice Principal), Dr.Suvendu Rout (Professor and Head, PG Dept of Kayachikitsa), Dr.Usha Patil(Professor and Head, Dept of Agada Tantra)and</p>
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			<p>Dr.Pradeep Kumar Moharana(Professor , PG Dept of Kayachikitsa) and Prayer song was sung by Dr.Sindhana (PG Scholar dept of Kayachikitsa). Dr.Vipin S G (Associate Professor , PG dept of Kayachikitsa) Welcome the gathering and Key note address was delivered by Dr.Suwendu Rout (Professor and Head, PG Dept of Kayachikitsa).</p> <p>Dr.S.Swaminathan(Dean, Faculty of Health sciences, SCSVMV) explained about the importance of Kidney and Kidney related diseases according to Ayurveda.</p> <p>Scientific Session 1 : The First scientific session was delivered by Dr.Pradeep Kumar Moharana(Professor , PG Dept of Kayachikitsa) regarding the Anatomy , Physiology and Pathophysiology of Kidney and its Diseases.</p> <p>Scientific Session 2 : This session was given by Dr.Kalaivanan J , Second year PG Scholar from the department of Kayachikitsa, he explained about the Chronic Kidney Diseases , Dialysis and the Complications.</p> <p>Scientific Session 3 : The session was taken by Dr.Ishita Sharma ,first year PG Scholar from the department of Kayachikitsa, she explained about the Role of Rasa Oushadis in Kidney and its diseases.</p> <p>The winners of Paper presentation was announced and the Winners are Dr.SreeRanjani(KC) , Dr.Rakeshreddy(RSBK) , Dr.Shraddha(PK) and Dr.Sangeetha (SL)and the prizez were given by Dr.Virupakshagupta, Dr.L V Ratnakar and Dr.Vasudeva Reddy.</p> <p>Best Paper presentation:Dr.Sreeranjani – The best paper presenter of the competition presented her paper infront of every student.</p> <p>Prize distribution session: the winners of the remaining competition were announced and they were awarded with medals and Certificates.</p> <p>At the end of the event, The brain behind the seminar award went to Dr.Suwendu Rout (Professor and Head PG Dept of Kaya chikitsa) and the award was given by Dr.S Swaminathan (Dean, Faculty of Health sciences SCSVMV).</p> <p>Dr.P K Moharana(Professor , PG Dept of Kaya Chikitsa) was honored with Best Paper Presenter and he was honored by DrDr.Chittaranjan Das (Principal , SJSACH).</p> <p>Dr Kalaivanan J and Dr.Ishitasharma also got the awards for the prersentations.</p> <p>Dr.VijayaRajaa Assistant Professor Dept of kayachikitsa gave the Vote of Thanks &amp; National anthem was sung by everyone.</p>
37	05 & 06- 04- 2024	Aadhaar Updation camp	<p>Incorporated with the Nazarathpettai Post Office, an Aadhaar updation camp was organised by SJSACH on April 5th and 6th, 2024, at Mahaswami Mandapam. All the facilities for the camp were provided by the Nazarathpettai post office. A total of 109 people were there to update their Aadhaar cards. NSS volunteers of SJSACH the camp and made all the necessary arrangements and ensured its</p>

			smooth conduct. The camp was inaugurated by Principal Dr. Chittaranjan Das. The camp was coordinated by Dr. Vijay Shankar M. R.
38	16-Apr-2024	SWARNAPRASHANA CAMP	The 15th camp of Swarnaprashana got started at SJSACH OPD block on 16.04.24 at 7:00 AM. The consultants were Dr Anoop A Sand Dr A A N Udaykumar from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 164 children got benefited from the camp. Among the beneficiaries 153 were follow up cases and 11 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Kartika R Nair and she was assisted with 2 interns for screening and drug administration. There were 23 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 12 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 199 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 16th camp on 13.05.24 without fail
39	17-Apr-2024	RAMANAVAMI CELEBRATIONS	On April 17th in the auspicious occasion of Sri Ram Navami, A divine ceremony was held in Sri Jayendra Saraswathi Ayurveda College and Hospital. A blissful pooja was held in which all the Ug PG students and staffs have taken part. The atmosphere was reverberated with the chanting of Sri Vishnu Sahasranamam and finally the celebrations were wound up by an Arathi and the distribution of Prasadam. The whole event was coordinated by Dr Vijay Shankar
40	19-Apr-2024	1ST TIME VOTERS	PARLIAMENT ELECTION HELD ON 19-04-2024 IN TAMILNADU OUR STUDENTS AS 1ST TIME VOTERS CASTED THEIR VOTES

41	24-Apr-2024	3rd Anniversary Celebration of AAHAARA KRANTI 2024	<p>The Department of Swasthavritta and Rasa Shastra &amp; Bhaisajya Kalpana of Sri Jayendra Saraswathi Ayurveda Medical College and Hospital, Chennai, organized a special program at Maha Swami Mandapam on 24th April 2024 to commemorate the 3rd Anniversary Celebration of AAHAARA KRANTI. This event was part of a National Awareness Campaign on UttamAahar – Uttam Vichar, in collaboration with the Global Indian Scientists and Technocrats Forum (GIST) and Vijnan Bharati (VIBHA), aiming to promote positive nutrition in India and globally. The program commenced with a traditional lamp lighting ceremony by distinguished guests including Prof. Dr. Swaminathan, Prof. Dr. Chittaranjan, Prof. Dr. Praveen B.S, Prof. Dr. Pradeep Kumar Moharana, and Prof. Dr. UshaPatil, followed by Dhanwanari and Ganapati Vandana. More than 30 faculty members and 250 students actively participated in this significant event.</p> <p>In his inaugural address, Prof. Dr. Chittaranjan Das, Head of the Department of Panchakarma and Principal of SJSACH, emphasized the importance of AAHAARA KRANTI with the motto "UthamaAahaar - UthamaVichaar" (Good Diet - Good Cognition). Prof. Dr. S. Swaminathan, Dean of the Faculty of Health Sciences at SCSVMV, delivered the keynote address, highlighting India's rich traditional diet and the benefits of a balanced diet across all sections of society.</p> <p>The event was expertly coordinated under the guidance of:</p> <ol style="list-style-type: none"> <li>1. Prof. Dr. Pradeep Kumar Moharana, Professor, Department of Kaya Chikitsa</li> <li>2. Prof. Dr. UshaPatil, Head of Department &amp; Professor, Department of AgataTantra</li> <li>3. Prof. Dr. B. Saravanan, Professor, Department of Rasashastra and BhaishajyaKalpana</li> <li>4. Dr. Bindu, Assistant Professor, Department of Swastavritta&amp; Yoga</li> </ol> <p>Guest lecture was delivered by Prof. Dr. Pradeep Kumar Moharana, Head of the Department of Kayachikitsa, on "AahaarKranti" focusing on combating malnutrition through nutritional education, and by Prof. Dr. G.R.R. Chakravarthy, Head of the Department of Samhita, who emphasized the importance of balanced diets and sustainable eating habits.</p> <p>In the morning session, students participated in a "Cooking Without Fire" competition, judged by Dr. Roshini, Dr. Nisha, and Dr. Sreenath, with K.A. Manasa, Vrishika, Rajeshwari, Smrithi, G. Darshini, and Arun emerging as winners. An E-Poster Competition on the theme "UthamaAahaaraUthamaVicharan" was held in the afternoon, and Rachita won the competition. Additionally, a Reels-making competition on the same theme, Prasanna, Varshita, and Nithya were the winners. Prof. Dr. B. Saravanan and Dr. Deepakraja served as judges for both competitions.</p>
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42	25-Apr-2024	FREE MEDICAL CAMP - KANCHI MUTT	<p>In order to provide Special screening and Health Awareness to the Devotees of Kanchi Sankaracharya Swamigal, Camp was organized by Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital along with the Kanchi Kamakoti peetam Trusr, at Kanchi Mutt. On 25th April 2024, Thursday.</p> <p>The camp was initiated with the blessing of His holiness Parampujiyashree Vijayendra Saraswathi Sankaracharya Swamigal. The health check-up and special screening started at 09 am. Totally 76 Devotees enrolled their names and sought consultation and benefited from this camp, General health screening like Pulse Rate, oxygen Saturation, Body temperature, Blood pressure, Weight measurement &amp; BMI, Prakriti Analysis and Nadi Pariksha were done for all the inmates.</p> <p>Free Medicines were issued to the deserving patients. It was observed that patients were mostly having the complaints like vata vyadhi like Gridrasi, Avabahuka, Katigraha, sandhigata vata, Shwasa (Tamaka Shwasa), Pratishyasa (allergic rhinitis), Twak Roga (Dermatitis, Urticaria), Stress and insomnia, cases were the conditions reported mostly and were consulted accordingly.</p> <p>SJSACH camp team of 7 members conducted the camp with Specialty consultant, Dr. Vipin S G, Associate Professor, Dept of Kaya Chikitsa Along with PG Scholar Dr. Jay krishnan, PG scholar, Dept. of Kayachikitsa and 3 House surgeon – junior doctors of SJSACH Mr. Chaitanya Krishna, Mr. Sai kiran &amp; Ms. Srividhya.</p>

43	13-May-2024	SWARNAPRASHANA CAMP	<p>The 16th camp of Swarnaprashana got started at SJSACH OPD block on 13.05.24 at 7:00 AM. The consultant was Dr A A N Udaykumar from the department of Kaumarabhrutya and was assisted by Dr Jeeva, Medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 110 children got benefited from the camp. Among the beneficiaries 105 were follow up cases and 05 were new entries. There were patients from different places like Nazarathpet, Poonamallee, Tambaram, Anna Nagar, Mangadu, Chembarambakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram, etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Karthika R Nair and she was assisted with 2 interns for screening and drug administration. There were 16 entries at Kanchi Mutt. The consultant at SCSVMV was Dr Sainathan. Total 07 children got benefited from the camp at SCSVMV, Kanchipuram. Overall from all the 3 centres a total of 133 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the 3 centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 17th camp on 09.06.24 without fail</p>
44	22-May-2024	NARASIMHA JAYANTHI CELEBRATIONS	NARASIMHA JAYANTHI WAS CELEBRATED IN COLLEGE ADMIN OFFICE RECEPTION
45	5-Jun-2024	WORLD ENVIRONMENT DAY	<p>On 5th June 2024, the Department of Dravya Guna-SJSACH celebrated 'THE WORLD ENVIRONMENT DAY'. The program started with competition on "Best out of Waste". Theme of the competition is environment sustainability. In this competition four teams of students from different batches took part. Later our Dean Dr S. Swaminathan, Principal Dr. Chitta Ranjan Das, Vice Principal Academic Dr. Praveen B. S, and Vice Principal Admin Dr. GRR Chakravarthy and other Management committee members and faculties along with the Students collectively joined for planting saplings in our herbal garden (Kadamba Vana). Medicinal plants saplings such as Aragawadha, Shigru, Gambhari, Ekabilwa, Panasa were planted.</p>
46	9-Jun-2024	SWARNAPRASHANA	<p>The 17th camp of Swarnaprashana got started at SJSACH OPD block on 09.06.24 at 7:00 AM. The consultant was Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhritya for screening of the patients and medicine administration. Total 108 children got benefited from the camp. Among the beneficiaries 95 were follow up cases and 13 were new entries. There were patients from different places like Nazarathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi,</p>

			<p>Pattabiram, Pammal, Vellore, Korattur, Kanchipuram, etc. The camp at Kanchi Mutt was started at 7:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Kartika R Nair and she was assisted with 2 interns for screening and drug administration. There were 18 entries at Kanchi Mutt. Overall from all the 2 centres a total of 126 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from both the centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 18th camp on 07.07.24 without fail.</p>
47	14-Jun-2024	BASIC LIFE SUPPORT TRAINING	<p>As a part of NCISM Curriculum, a BLS training session was arranged for the First year BAMS students in Mahaswami Mandapam (Auditorium), SJSACH, Chennai on 14/06/2024. The training was organized by the Department of Kriya Shareera &amp; Rachana Shareera, SJSACH- (Coordinated by Prof. Dr Roshni K P, Dr Deepak Raja K, Dr Indusree C Suseelan &amp; Dr Lakshmi Jayakrishnan).</p> <p>BLS training mainly focuses on training people on how to react on site in case of medical emergencies such as cardiac arrest in adults and children, Choking etc. BLS training session included a theoretical demonstration of basic life support techniques followed by hands-on training for the students.</p> <p>The training team included 2 members Mrs. Devika &amp; Mr. Suresh from a reputed Institute "Cardiac edu ", Nungambakkam, Chennai. The whole session started at 10 am and concluded by 4 pm.</p> <p>The event started in the presence of Prof. Dr S Swaminathan ( Dean of health Science, SCSVMV), Prof. Dr Chittaranjan Das (Principal I/c, SJSACH), Prof. Dr G R R Chakravarthi (Vice-principal Administration, SJSACH), Prof. Dr Praveen B.S, Vice-principal Academics, SJSACH), Prof. Dr Usha Patil and Prof. Dr Pradeep Kumar Moharana)</p> <p>Prayers chanted by Ms. Darshini G 1st yr student. Welcome address was delivered by Prof. Dr Roshni K P. The whole program was anchored by Dr Deepak Raja K &amp; Dr Lakshmi Jayakrishnan and Vote of thanks by Dr Indusree C Suseelan. The audio visual aids were done by Mr. Ramakrishnan, Mr. Satishkumar and Mr. Suresh. This event was supported by JAO Mr. Sankara Narayanan.</p> <p>Training was given to 58 first year BAMS students (2022-23 batch). The students were excited to learn life saving skills and equip themselves with firsthand experience.</p>

48	15-Jun-2024	FREE SCREENING MEDICAL CAMP	<p>A Free screening camp was conducted at Sri Jayendra Saraswathi Ayurveda College &amp; Hospital organized by the PG Department of Prasuti Tantra &amp; Stree Roga on June 15 2024 in our OPD for female workers of nearby factories. The camp was conducted from 3 PM to 05:30 PM. It was supervised and consulted by Dr L.V. Rathnakar., Head of Department, Dr. Swathi C, Associate Professor, Dr. Leela, Associate Professor, and Dr. Amrutha B.S., Assistant Professor along with Postgraduate scholars.</p> <p>30 patients were successfully screened in the free medical camp. Registration and consultations were provided free of cost to the patients. Comprehensive health screenings were conducted to assess the general health, reproductive health, and common gynaecological issues. Patients presented with complaints of urinary tract infection, leucorrhoea, infertility, PCOS, and various menstrual disorders were benefited from the camp.</p> <p>It was a significant step by the Institute towards improving the health and well-being of female factory workers. By offering free check-ups and consultations, the camp successfully addressed a critical gap in healthcare access for this demographic. The initiative not only provided immediate medical attention but also empowered women with knowledge about their health, thereby fostering a culture of preventive care.</p> <p>The administration provided all the necessary assistance towards the successful completion of the screening camp. Dr. Swaminathan, Dean of the college and Hospital, Dr. Chittaranjan Das, Principal of the College, Dr. Praveen, Medical Superintendent, Dr. Chakravarthy, Vice Principal of the College, provided immense support and guidance for the camp.</p> <p>Based on the response to this event, the Department of Prasuti Tantra and Stree Roga plans to organize similar camps regularly, expanding the reach to more communities.</p>
49	15-Jun-2024	BMD TEST CAMP	<p>A Free BMD test camp was conducted at Sri Jayendra Saraswathi Ayurveda College &amp; Hospital organized by the PG Department of Kayachikitsa on June 15 2024 in our OPD for bone related problems under the age of 40-70 yr. The camp was conducted from 9.00 AM to 01:30 PM. It was supervised and consulted by Dr Suvendu Rout (Head of Department), Dr. P. K. Mohrana (Professor), Dr. Vipin S.G. (Associate Professor), Dr. Vijayaraaja (Assistant Professor), Dr. Saniya K.K.(Assistant Professor) along with Postgraduate scholars.</p> <p>60 patients were successfully screened in the free medical camp. Registration and consultations were provided free of cost to the patients. Comprehensive health screenings were conducted to assess the general bone health, osteoporosis, osteopenia was benefited from the camp.</p> <p>It was a significant step by the Institute towards improving</p>

			<p>the health and well-being of the public by offering free check-ups and consultations, the camp successfully addressed a critical gap in healthcare access for this demographic. The initiative not only provided immediate medical attention but also empowered women with knowledge about their health, thereby fostering a culture of preventive care.</p> <p>The administration provided all the necessary assistance towards the successful completion of the screening camp. Dr. Swaminathan (Dean, faculty of health science SCSVMV), Dr. Chittaranjan Das (Principal, SJSACH), Dr. Praveen B.S. (Medical Superintendent and vice principal-academics), Dr.G.R.R.Chakravarthy (Vice Principal- administration) and management committee members provided immense support and guidance for the camp.</p> <p>Based on the response to this event, the PG Department of Kayachikitsa plans to organize similar camps regularly, expanding the reach to more communities.</p>
50	16-Jun-2024	JAMBU DWEEPA PRAKADANAM	<p>On 16th June 2024, Jambu Dweepa Prakadanam was organised at Sri Jayendra Saraswati Ayurveda College and Hospital. The programme was held in Mahaswami Mandapam at 11am. The event aimed to commemorate and celebrate the martyrdom of the Maruthu brothers, prominent freedom fighters from Tamil Nadu.</p> <p>The event was inaugurated by Prof Dr. S. Swaminathan, Dean of Health Science, SCSVMV followed by reciting Tamizh Thai Vazhthu. In presence of Prof Dr. Chitta Ranjan Das, Principal i/c, welcome address was given by Ms. Vrinda of II professional BAMS. Students delivered speeches highlighting the valor and courageous acts of the Maruthu brothers. They performed patriotic song and dance resonating the spirit of nationalism. A documentary film focusing on the life, struggles and achievements of the freedom fighters was screened during the event which provided a visual narrative on the freedom movement of Tamil Nadu. Students of I professional BAMS presented a Tablo depicting various prominent freedom fighters from Tamil Nadu. Around 200 students attended the program. The event was concluded with vote of thanks by Ms. Jyothi followed by National Anthem.</p> <p>The event served as a reminder of the sacrifices made by the freedom fighters and inspired to cherish the values of patriotism and bravery. The program was coordinated by Dr Nisha Raj, Dr Vijay Shankar M R, Dr Sreelakshmi K and Dr Shobita S</p>

51	21-Jun-2024	INTERNATIONAL YOGA DAY	<p>Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya celebrated 10th international day of Yoga on 21st June 2024, Wednesday. The Event was jointly organized by Department of Swasthavritta and NSS unit III of SCSVMV, including staff and students totally 120 participants attended and demonstrated yoga on this occasion.</p> <p>Yoga day event inauguration started with Vinayaka Sthotra by Rakshitha, second professional UG student, department of Ayurveda of SCSVMV. Dr Bindu V, assistant professor, Dept Of Swasthavritta and Yoga, presented the welcome speech by welcoming the dignitaries and participants to 10th international day of Yoga conducted in Mahaswami Mandapam at SJSACH. The major event on this day was mass yoga demonstration by 120 participants including students of SJSACH from 8.00 am to 9.00 am. This program was led by Dr Bindu V, assistant professor, department of Swasthavritta and Yoga, SJSACH. Through following the protocol given by Ayush ministry Asana, Pranayama and Dhyana was demonstrated by the participants.</p> <p>The chief guest of the event, Yogacharya, L Kanagarangam (Msc Yoga), addressed the gathering with her motivating speech.</p> <p>The inaugural address was given by Dr GRR Chakravarthy, Vice principal (admin).</p> <p>The presidential address was given by Dr. S Swaminathan, Dean of health sciences, SCSVMV.</p> <p>The vote of thanks was given by Dr MR Vijay Shankar, Program Officer NSS Unit III SCSVMV, Assistant professor Department of Agada Tantra.</p> <p>The various competitions for students of SJSACH were organized on the occasion of 10th International Yoga day 2024, including Yoga dance, Spot Yoga, Reels competition and quiz. The program was concluded with National Anthem.</p>
52	25-Jun-2024	WORLD VITILIGO DAY	<p>On the occasion of 14th World Vitiligo day-2024, PG Department of Kayachikitsa organized three scientific presentation session in our college auditorium(Maha Swami Mandapam)from 2 pm to 3.30 pm. All the final year students, Interns, PG scholars, Teaching staffs are invited for the session. Program was Inaugurated by Dr.S.Swaminathan (Dean, faculty of Health sciences) SCSVMV, Dr. Chittaranjan Das,Principal SJSAC&amp;H, Dr.Praveen B.S, Vice-Principal(Academics),Dr. G.R.R. Chakravarthy, Vice principal Administration, Dr. Suvendu Rout, Professor and Head of PG dept of Kayachikitsa, Management committee members Dr. P.K. Moharana and Dr. Usha Patil. Prayer was invoked by Dr. Sindhana,PG scholar from dept of Kayachikitsa. Welcome address was delivered by Dr.Pradeep Kumar Moharana, Professor PG dept of Kayachikitsa, Dr.Suvendu Rout, Professor and Head</p>

			<p>PG Dept of Kayachikitsa delivered the Key note address and Dr.Swaminathan, Dean Faculty of Health Sciences, delivered the Presidential address. The 1stscientific session started with the presentation of Dr.Gayathri,first year PG Scholar on Anatomy of Skin in relation to Vitiligo and Physiology of Melanin secretion followed by Dr.Sri Saraswathi's presentation on the topic Pathophysiology and clinical Examinations to be done in Vitiligo patients. Finally, Dr.Pooja S. Yadav, final year PG scholar explained the Management of vitiligo both in Ayurveda and Modern sciences. The session winded up with vote of thanks delivered by Dr.Vijayarajaa P., Assistant Professor, PG Dept of Kayachikitsa.</p>
53		JUNE SESSION – PRABODHA	<p>Prabodha - Conducted on June 25th by 'Maithri' the Alumni Association of SJSACH, Nazarethpet from 3pm to 5 pm at Mahaswami Mandapam, SJSACH. The Speakers are Dr. Bala Pesala, Founder &amp; CEO, AYUR.AI, Adjunct Professor, IIT Jodhpur &amp; SRM University presented on topic of Global transformative potential of Ayurveda in enabling holistic wellness and the role of Artificial intelligence and Sri. P.S. Suresh, Independent Director, Corporate Trainer presented on topic of Success Beyond Medicine. The Principal, Dean, Vice Principal of SJSACH attended the event. Secretary and Treasurer of 'Maithri' Alumiini Association joined along with them.</p>
54	28-Jun-2024	FOOD SAFETY AWARENESS PROGRAM	<p>On 28th June 2024, Sri Jayendra Saraswathi Ayurveda College and Hospital conducted Food Safety awareness program "Anna Raksha". In this program students were educated on healthy food habits and proper handling, preparation and storage of food to avoid contamination. Prof. Dr GRR Chakravarthy Vice Principal Admin spoke about importance of Aahara and how to consume Aahara according to Ayurveda.</p> <p>In regards to Food Safety Awareness Final year (2020-2021 batch) students of SJSACH conducted Poster presentation competition on Food Safety measures, around 9 team took part in this competition and the eventwas judge by Dr. GRR Chakravarthy and Dr. Muni Lokesh N and the winners were announced later.</p>

55	7-Jul-2024	SWARNAPRASHANA	<p>The 18th camp of Swarnaprashana got started at SJSACH OPD block on 07.07.24 at 7:00 AM. The consultant was Dr Anoop A .S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and 3 interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 131 children got benefited from the camp. Among the beneficiaries 116 were follow up cases and 15 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi ,Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 8:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Haiaumshree S P S Nair and he was assisted with 2 interns for screening and drug administration. There were 44 entries at Kanchi Mutt. Overall from all the 2 centres a total of 175 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from both the centres. There is a gradual decrease in the rate of infections in old cases. All the beneficiaries were instructed to come for the 19th camp on 03.08.24 without fail</p>
56	15-Jul-2024	SUSHRUTA JAYANTHI 2024	<p>On July 15 2024, on the occasion of Sushruta Jayanti, the PG Department of Shalya Tantra had conducted a free ano-rectal screening camp in the OPD of SJSACH and Guest lecture by Dr.MDP Raja MD(Ay), Chief Proctologist, Hitam Ayurveda Centre, Hyderabad.</p> <p>The camp was conducted in the morning session from 9:45 am to 1:30 PM. It began with a prayer recited by Dr SriKala and Dr SaiRamya, interns of SJSACH followed by a formal inaugural ceremony and lighting the lamp.</p> <p>Lighting the lamp was done by Prof. (Dr) S. Swaminathan (Dean Health sciences), Prof. (Dr) C.R Das (Principal), Prof. (Dr) GRR Chakravarthy (Vice Principal admin), Prof. (Dr) PKM Moharana and Prof. (Dr). Usha Patil (MC members). They were accompanied by Prof. (Dr) T Udaya Kiran (H.O.D) Prof.( Dr) K.Vasudeva Reddy( Professor), Dr.Arya S. Menon (Assistant Professor) and Dr Anuroop I.V. (Assistant Professor) from the PG department of Shalya Tantra.</p> <p>After the inaugural ceremony free medicines for Piles sponsored by the Himalaya wellness company were distributed to the patients by the dignitaries. During the camp, a total of 20 patients were screened freely for ano-rectal complaints and treatment was advised.</p>



57	20-Jul-2024	HAIR DESIGN COMPETITION	<p>The ICC (Internal Complaints Committee) of Sri Chandrasekharendra Saraswathi Vishwa Maha Vidyalaya) had conducted a hair design competition “LOCKS OF ART” on 20th July from 03.00 pm to 05.00 pm.</p> <p>The occasion was held at the SJSACH campus, Nazarathpet, Chennai. The event was organized and Coordinated by Prof. Dr Roshni K.P (Chairperson, ICC, SCSVMV), Dr Indusree C Suseelan (Member, ICC) and Ms. Suparna R (student member, ICC).</p> <p>The 13 teams (2 students each) participated in this event. The competition was judged by Dr Swathi C (Associate Professor, Department of PTSR) and Dr Arya S Menon (Assistant Professor, Department of Shalya tantra). The judgment criteria included points like Visualization (overall appearance &amp; impact), Props used (creativity in using accessories), Styling &amp; Finishing etc. Based on these criteria 3 teams were selected for 1st, 2nd and 3 rd prize.</p>
58	20-Jul-2024	EK PED MAA KE NAAM CAMPAIGN	<p>The NSS Unit III of Sri Jayendra Saraswathi Ayurveda College and Hospital Department of Ayurveda of Sri Chandrasekharendra Saraswathi Viswa Maha Vidyalaya took part in the ‘EK PED MAA KE NAAM’ Campaign on 20th July 2024 Saturday. The Event was jointly organized by NSS unit of the esteemed university along with Department of Dravya Guna including staff and students. Totally 60 participants attended and took part in Plantation program. The event was inaugurated by Prof. Dr. S. Swaminathan, Dean, Faculty of Health Sciences, SCSVMV. He addressed the gathering with his motivating speech and Elaborated deeply about the Various Medicinal aspects of the Plants. Prof. Dr Chittaranjan Das, Principal SJSACH ,Prof. Dr GRR Chakravarthy, Vice Principal (Admin),Prof Dr Praveen B S, Vice Principal (Academics), Prof. Dr Pradeep Kumar Moharana, Prof. Dr. Usha Patil, and other Respected faculties presided over the program.</p> <p>All the staff members and students enthusiastically planted a tree on the name of their Mother.</p> <p>The whole Event was coordinated by NSS program officer Dr. Vijayaraaja. P, Assistant Professor, SJSACH, Dr. Nisha Raj, Associate Professor, Dept. of Dravya Guna and Dr. Sreenath, Asst. Professor, Dep. of Dravya Guna.</p>

59	23-07-2024 to 25-07-2024	<p data-bbox="329 1035 479 1060">YAKRUT 2024</p> <p data-bbox="787 195 1437 1228">           The Department of Kayachikitsa of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital had the idea to hold a national paper presentation competition on an online or offline platform. We put forth our proposal and got the relevant permission from our Dean &amp; principal who further forwarded the request to the honourable vice chancellor and Registrar of our SCSVMV Esteemed University. Responsibilities were distributed to each scholar, under the Guidance of Kayachikitsa PG Departmental committees. The registration period was to finish on July 10th was extended till July 15th in response to the overwhelming support from scholars around India and ongoing requests from participants. There were 422 abstracts received in total. Convenors sent out the submission and selected emails, and the deadline for submitting videos was July 18, which was later extended to July 19, 2024. There were 360 videos in all that were received. After each video was carefully examined, the committee chose 95 of them for further levels.           The inauguration ceremony of the seminar was held on 23/07/2024 and was led by the PG department of Kayachikitsa. The welcome address was delivered by Dr.PK Moharana, Professor, PG Dept of Kayachikitsa, Keynote address by Dr. Suvendu Rout, Professor &amp; HOD, PG Dept of Kayachikitsa, Presidential address was delivered by Dr. Swaminathan, Dean, Faculty of Health Science, SCSVMV, Formal opening of the Scientific session was declared by Dr. Chittaranjan Das, Principle, SJSAC&amp;H. Dr. G.R.R Chakravarthy, the vice principal (Administration), Dr. Praveen B. S., the vice principal (Academics), Dr. Usha Patil, M.C member, and all the members of the organizing committee witnessed the opening of the session.         </p> <p data-bbox="787 1262 1081 1287">DAY - 1 (Date- 23/07/2024)</p> <p data-bbox="787 1329 1422 1549">           Topic – Literary Review of &amp; Basic Principles of Yakrutvikaras - 8            Topic –Recent advances in Yakrutvikaras - 8            Topic –Pathophysiology in liver disorders - 10            Topic –AnukthaDravyas and Anubhoota Yogas in Yakrutvikaras - 10            Topic –Agada Tantra and Immunization in Yakrutvikaras - 7         </p> <p data-bbox="787 1587 1081 1612">DAY2 – (Date- 24/07/2024)</p> <p data-bbox="787 1654 1422 1839">           Topic –Infertility and Liver Disorders - 8            Topic –Panchakarma in Yakrutvikaras - 8            Topic –Surgical Intervention in Yakrutvikaras and Ayurvedic Management of Liver disorders - 9            Topic –Rasayana in Liver disorders - 9            Topic – For Faculties and Practitioners - 9         </p> <p data-bbox="787 1877 1062 1902">DAY-3 (Date-25/07/2024)</p>
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		<p>The grand finale event, held on 25-07-2024, marked the culmination of the National level Seminar on Yakrutvikaras. It commemorated the yakrutprabodhini event, which brought together the 22 individuals who were chosen from 456 participants across the nation.</p> <p>The performances of the participants were evaluated based on the live question and answer session, highlighting the culmination of hard work and dedication. Interactive panel discussions and sessions were conducted on various sub-themes. Participants engaged in lively discussions, sharing insights and experiences.</p> <p>The program made it possible to highlight skills and provide fresh perspectives on the subject of various liver diseases.</p> <p>The Valedictory function began with a warm welcome by Dr. Pradeep Kumar Moharana, Professor PG Dept of Kayachikitsa, MC Member and Organizing Co-Chairperson of the seminar. Key note address was delivered by Dr. Chakravarthy, Vice Principal Administrative affairs. The E-Souvenir was released by Dr. Chittaranjan Das, Principal, SJSAC&amp;H. Yakrutprabodhini report was delivered by Dr. Vipin SG, Associate Professor PG Dept of Kayachikitsa and Organizing secretary of the seminar.</p> <p>Winners of the Competition:</p> <p>Jury Consolation prize winners:</p> <ol style="list-style-type: none"> <li>1. Dr. Pallavi S. ALN Rao memorial College, Koppa Karnataka</li> <li>2. Dr. Nisha Rupesh Amale, D.Y Patil University School of Ayurveda, Navi Mumbai, Maharashtra</li> <li>3. K. Y. Kishore, Govt. Ayurveda College-Nagercoil, Tamil Nadu</li> <li>4. Dr. Priyanka Krushna Khairnar, YMT Ayurveda College, Navi Mumbai, Maharashtra</li> <li>5. Dr. Suraksha K. Tikandar, SVM Ayurvedic Medical College and RPK Hospital, ILkal- Karnataka</li> <li>6. Dr. Pranjal Kumar, Govt. Ayurveda College- Jalukbari, Assam</li> <li>7. Dr. Hanika Sharma, Jammu Institute of Ayurveda and Research, Jammu and Kashmir</li> <li>8. Dr. Divya Jain, Choudhary Brahma Prakash, Delhi</li> <li>9. Dr. Prajwal Yadahalli, SJG Ayurvedic Medical College Koppal, Karnataka</li> </ol> <p>1st Prize:</p> <p>Dr. Keerthana Varghese, Amrita School of Ayurveda, Kollam, Kerala</p> <p>2nd Prize:</p> <p>Dr. Deepika G.S., Shri BM Kankanawadi Ayurveda College (KLE), Belgavi, Karnataka</p> <p>3rd Prize:</p> <p>Dr. Anjana V.S., Ayurveda Mahavidyala, Hubballi, Karnataka</p> <p>Consolation prize:</p> <ol style="list-style-type: none"> <li>1. Dr. Dinesh S., SDM College, Hassan, Karnataka</li> <li>2. Dr. Radhika M.P., Govt. Ayur Veda College, Trivandrum,</li> </ol>
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			<p>Kerala</p> <p>3. Dr. Vindhya keshav, Taranath Govt. Ayurveda College, Bellary, Karnataka</p> <p>4. Dr. Soujanya B., Alva's Ayurveda medical College, Moodubidire, Karnataka</p> <p>5. Dr. Karuna Basnet, ITRA, Jamnagar, Gujarat</p> <p>6. Dr. Sharanya R., JSS Ayurveda medical College, Mysore, Karnataka</p> <p>7. Dr. Denilkumari Nileshekumari Patel, Parul University, Vadodara, Gujarat</p> <p>8. Dr. Lidia Daniel, Govt. Ayurveda College, Hyderabad, Telangana</p> <p>9. Dr. Shreya Shanbhag, Govt. Ayurveda College, Bangalore, Karnataka</p> <p>10. Dr. Thejashwini M., Karnataka Ayurveda Medical College, Mangalore, Karnataka</p>
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60	30-JULY-2024	JULY EDITION –PRABODHA SESSION	<p><b>Prabodha</b> - Conducted on <b>July 30th</b> by '<b>Maithri</b>' the Alumni Association of <b>SJSACH</b>, Nazarethpet from 2pm to 4 pm at <b>MahaswamiMandapam, SJSACH</b>. The Speakers are <b>Dr.JayashreeDesikacharrulu</b>, Chief Dr&amp; MD –Shree Hospitals Group presented on topic of Experiencing Ayurveda in enabling holistic wellness and <b>Sri.BhargavSundaram</b> Managing Director-Callidai Motor Works presented on topic Mobility Equipments- An Intro and <b>Smt.Renganayaki Srinivasan</b> Independent Kangen water Machine Distributor presented on the topic KANGEN water – Uses and Benefits . The Principal, Dean, Vice Principal of SJSACH attended the event. Secretary and Treasurer of 'Maithri' Alumini Association joined along with them.</p>
61	2-Aug-2024	SWACHH BHARAT ABHIYAN	<p>Sri Jayendra Saraswathi Ayurveda College and Hospital, Department of Ayurveda of Sri Chandrasekharendra Saraswathi Viswa Maha Vidyalaya took part in the 'Swachh Bharat Abhiyan' Campaign on 2nd August 2024 Friday. The Event was organized by NSS unit of the esteemed university and total 100 participants attended and took part in cleaning program.</p> <p>The event was inaugurated by Prof. Dr. S. Swaminathan, Dean, Faculty of health sciences, SCSVMV, He addressed the gathering with his motivating speech. Prof. Dr Chittaranjan Das, Principal SJSACH, Prof. Dr GRR Chakravarthy, Vice principal (Admin), Prof Dr Praveen B S, Vice principal (Academics), Prof. Dr Pradeep Kumar Moharana, Prof. Dr Usha Patil, and other Respected faculties presided over the program.</p> <p>As a contribution from NSS, Dr. Vijayarajaa P handed over a dustbin to IPD block of SJSACH which was received by Medical Superintendent Prof Dr Praveen B S and Deputy Medical Superintendent Dr. Balambika of SJSACH. That was</p>

			<p>followed by a comprehensive cleaning in different areas of our institution collecting around 6 sacks (20 kgs) of garbage. All the members actively took part in the event. The whole Event was coordinated by NSS program officer Dr Vijayarajaa. P</p>
62	3-Aug-2024	SWARNAPRASHANA CAMP	<p>The 19th camp of Swarnaprashana got started at SJSACH OPD block on 03.08.24 at 7:00 AM. The consultants were Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhrutya and were assisted by Dr Siva E, Medical officer and 3 PG Scholars from the department of Kayachikitsa and Panchakarma for screening of the patients and medicine administration. Total 117 children got benefited from the camp. Among the beneficiaries 109 were follow up cases and 08 were new entries. There were patients from different places like Nazarathpet, Poonamalle, Tambaram, Anna Nagar, Mangadu, Chembarambakkam, Avadi, Pattabiram, Pammal, Vellore, Korattur, Kanchipuram etc. The camp at Kanchi Mutt was started at 8:00 AM and got completed at 6:00 PM. The Consultant at Kanchi Mutt was Dr Hariaumsree S P S Nair and he was assisted with 1 intern for screening and medicine administration. There were 22 entries at Kanchi Mutt. The camp at SCSVMV was coordinated by Dr Sainathan and 11 kids were benefited with Swarnaprashana medicines. Over all from all the 3 centres a total of 150 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 20th camp on 30.08.24 without fail.</p>
63	14-Aug-2024	HAR GHAR TIRANGA	<p>On the occasion of 78th Independence Day, varieties of programs were organized on 14/08/2024 SJSACH College campus by NSS unit III of SCSVMV. Under the guidance of NSS Program officer Dr Vijayarajaa. P, all the NSS unit members made the event a grand success.</p> <ul style="list-style-type: none"> <li>- On 14/08/2024, online quiz was conducted in every profession from 3pm to 3:30pm in their respective classrooms. A total of 136 students participated in the quiz.</li> <li>- From 3:30pm to 4:30pm, Patriotic song competition was held in Maha Swami Mandapam. There were 6 groups participated from both UG and PG and judging was done by Dr Usha Patil, Prof. Department of Agada tantra and Dr Hari</li> </ul>

			<p>Aum Sree, Asst. Prof, Department of Rasa Shastra and Bhaisajya Kalpana. The First and Second prize were bagged by Rakshitha &amp; team (Second Prof) and Dr. Deepthi &amp; team (PG Scholars) respectively.</p>
64	15-Aug-2024	INDEPENDENCE DAY CELEBRATIONS	<p>On the occasion of 78th Independence Day, varieties of programs were organized on 15/08/2024 SJSACH College campus by NSS unit III of SCSVMV. Under the guidance of NSS Program officer Dr Vijayarajaa. P, all the NSS unit members made the event a grand success.</p> <ul style="list-style-type: none"> <li>- On 15th August, the Independence day was celebrated in front of the Academic block at 9 am. The program started by hoisting the flag by Vice principal (Admin) Prof Dr GRR Chakravarthy sir; command was given by Vishwadeep from First Profession followed by National Anthem. A solemn speech addressing the relevance of students' role in building a better future and how to improve their skills by attending various seminars and workshops was delivered by vice principal (Admin) Prof Dr GRR Chakravarthy sir. This was followed by patriotic speech by Govind from First profession.</li> <li>- Vande Mataram was sung by Ms. Durgasri and team from Final year.</li> <li>- All staffs and students took Har Ghar Tiranga Pledge to dedicate to the development and progress of India.</li> <li>- Har Ghar Tiranga Selfies were taken by the staffs and students, by showcasing their Selfie skills.</li> <li>- Har Ghar Tiranga Yatra was done with the students and staffs of SJSACH who were enthusiastic and were engaged in repeating patriotic slogans throughout.</li> <li>- All staffs and students had written their impression on Har Ghar Tiranga Canvas, proving their Love towards the Nation in various National languages.</li> </ul> <p>Finally the program was concluded with Vote of Thanks by NSS program officer Dr Vijayarajaa. P</p> <p>The whole programme was coordinated by Dr Vijayshankar, Dr. Arya S Menon, Dr. Jeniffer Ponsingh, Dr. Vijayarajaa and Dr. Saniya K K</p>

65	23-Aug-2024	NATIONAL SPACE DAY	<p>In remembrance to the successful launch of Chandrayan 3 on 23rd August 2023, the Government of India has declared August 23rd as National Space Day with the theme "Touching Lives by Touching the moon: India's Space Saga". On this occasion, Sri Jayendra Saraswathi Ayurveda College and Hospital celebrated National Space Day by conducting various programs like painting competition and elocution competition.</p> <p>The elocution competition was conducted from Mahaswami mandapam from 3:00pm to 5:00pm. The event started with prayer by Harini and Srividhya from Final Year BAMS followed by playing the teaser of National Space Day with the message from ISRO chairman which was released by Government of India. Next a video message which was received from Mr. S Unnikrishnan Nair, Director, Vikram Sarabhai Space Center and Indian Institute of Space Science and Technology was played.</p> <p>The elocution competition was conducted thereafter with a total of 14 students participating in the event. The judging panel was done by Dr Gupta K L, Professor, Department of Rasasastra and Bhaishajyakalpana and Dr. K P Roshini Professor, HOD, Department of Kriyasharira. First prize was secured by Sivaram of Final Year BAMS, Second prize was bagged by Miss. Anusiya of First professional BAMS and third prize was won by Miss. Aswitha of Second professional BAMS.</p> <p>The painting competition was concurrently conducted from Final Year classroom from 3:00pm to 4:00pm. A total of 15 students participated in the event and judging was done by Dr Pradeep Kumar Moharana, Professor, Department of Kayachikitsa. First prize was secured by Thiruniraiselvi of Final Year BAMS, Second prize was bagged by Miss. Nithishritha of First professional BAMS and third prize was won by Miss. Sonica Swathi of Second professional BAMS.</p> <p>After the completion of the competition a motivational speech has been rendered by Dr S Swaminathan, Dean, Faculty of Health Science and Dr GRR Chakravarthy, Vice Principal (admin), SJSACH.</p> <p>Finally the program was concluded by the National Anthem.</p> <p>The whole programme was coordinated by NSS unit III of SCSVMV under the guidance of NSS Program officer Dr Vijayaraaja and other coordinators Dr. Arya S Menon, Dr. Jeniffer Ponsingh, and Dr. Saniya K K</p>
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66	27-Aug-2024	AUGUST EDITION –PRABODHA SESSION	<p><b>Prabodha</b> - Conducted on <b>Aug 27th</b> by '<b>Maithri</b>' the Alumni Association of <b>SJSACH</b>, Nazarethpet from 2pm to 4 pm at <b>MahaswamiMandapam, SJSACH</b>. The Speakers are <b>Dr.MeeraSudheer</b> Founder-SreehareeyamAyurveda,Director-IMPCOPS presented on topic of India's Road towards Integration- A boon or bane to AYUSH Doctors and <b>MrsGirijaRaghavan</b> Editor and Publisher-<u>Ladies Special</u> President &amp; CEO-Gayathri Creations presented on topic Never Say Die! .The Principal, Dean, Vice Principal of SJSACH attended the event. Secretary and Treasurer of 'Maithri' Alumini Association joined along with them.</p>
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### **Photos:-**

Republic Day Celebrations:



## FIT INDIA WEEK





## SCSVMV CAMP



## SWARNAPRASHNA





BMD CAMP

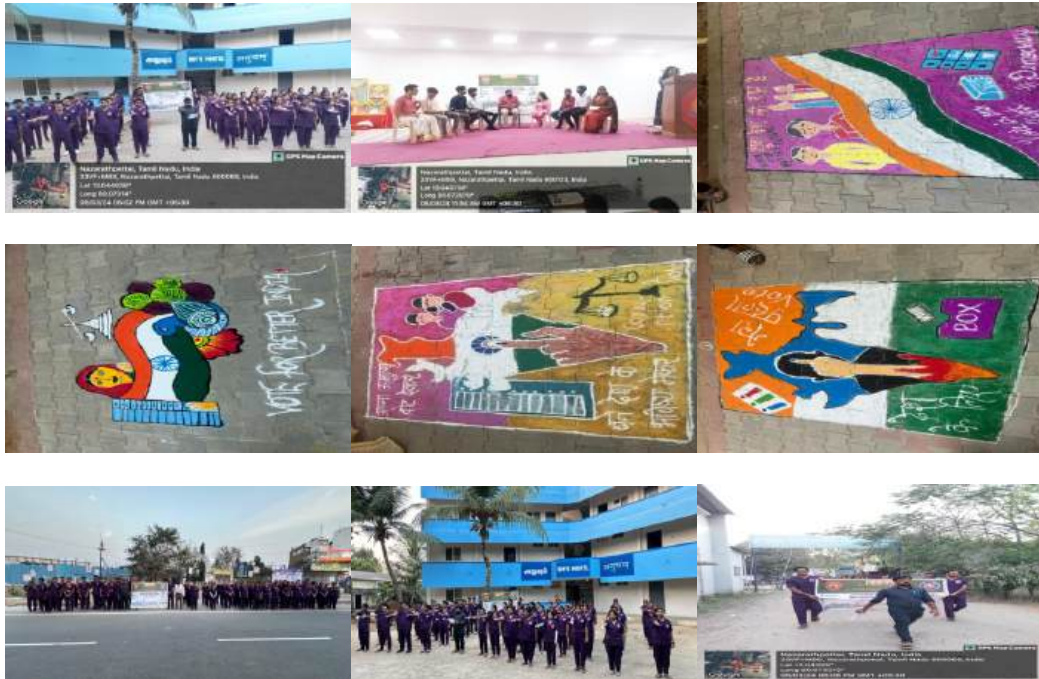


SHAKSHAM WORKSHOP





## VOTERS DAY



## WOMENS DAY



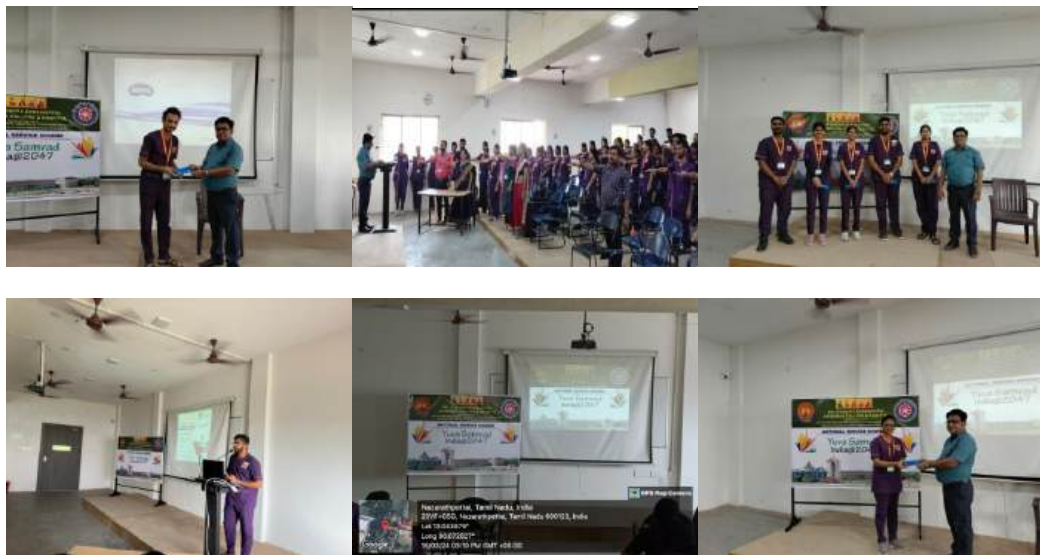




## HIMALAYA – AYURWHIZ



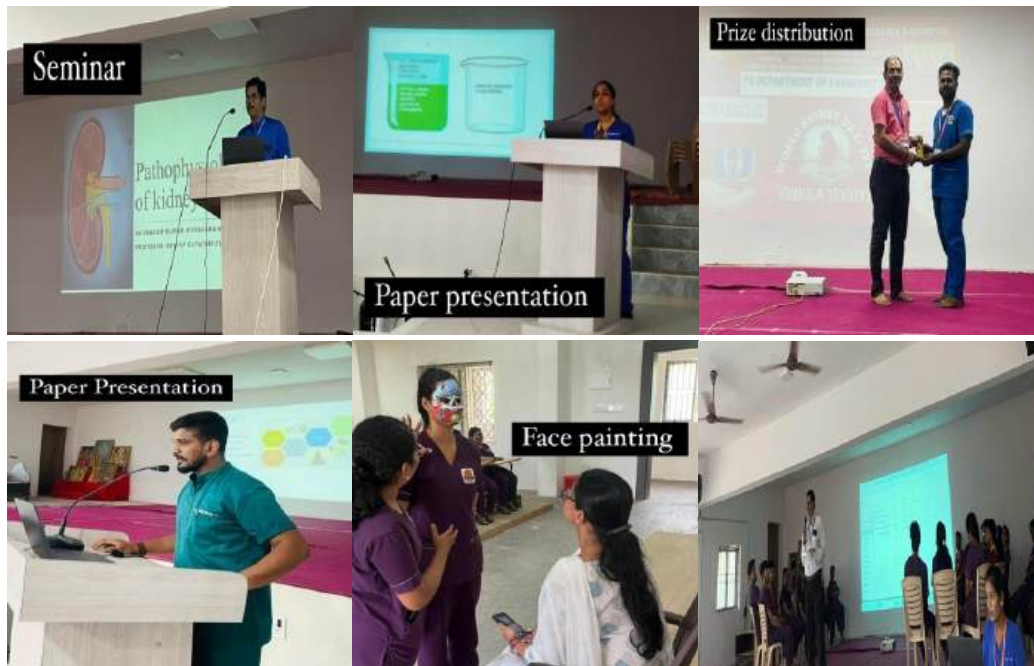
## YUVASAMVAD INDIA



## KIDNEY DAY







### Aadhaar Updation camp



### AAHAARA KRANTI 2024



### FREE MEDICAL CAMP – KANCHI MUTT





**Guest lecture by Dr.Ashok - Senior Manager - AYUSH & Scientific Affairs, Himalaya Wellness Company, Bengaluru**



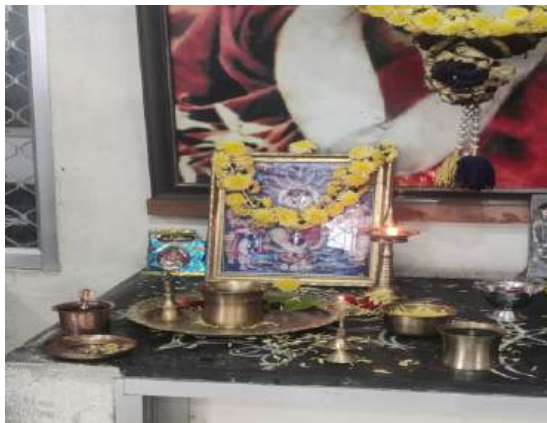




**RAMANAVAMI**



## NARASIMHA JAYANTHI





### SWARNAPRSHANA CAMP







## ENVIRONMENT DAY



## SWARNAPRASHANA – 09-06-2024



## BASIC LIFE SUPPORT TRAINING







**FREE SCREENING MEDICAL CAMP**





## BMD TEST CAMP



## JAMBU DWEEPA PRAKADANAM







## INTERNATIONAL YOGA DAY



## WORLD VITILIGO DAY



## FOOD SAFETY AWARENESS PROGRAM







**SWARNAPRASHANA – 07-07-2024**



## SUSHRUTA JAYANTHI 2024





## HAIR MAKEUP



## EK PED MAA KE NAAM



## SWACHA BHARAT



## SWARNAPRASHANA







## YAKRUT 2024



## HAR GHAR TIRANGA



## INDEPENDENCE DAY CELEBRATIONS






## NATIONAL SPACE DAY





PRABODHA SESSIONS: FOR APRIL 26<sup>TH</sup> SESSION




## Prabodha 2024

**April Edition Conducted by SJSACAA in association with Dept. of Samskrita Samhita Siddhanta, SJSAC&H, Nazarethpet**


 **26th April, 2024**

 **3pm to 5pm**

 **Mahaswami Mandapam, SJSAC&H**



**Dr. S. Swaminathan BAM&S; Ph.D.**  
Dean (Faculty of Health Science),  
SCSVMV, Prof. & Head Dept. of  
Samskrita Samhita Siddhanta  
**Topic: Slokas Facinating Me**



**Sri. T.S. Dayanand MBA**  
Executive Coach &  
Management Consultant  
**Topic: Living ur dream**

### Learn More & Grow More !!!

**For More Information:**

**President – Dr. Vijayanthi.A.G**  
+91 63851 02470

**Treasurer – Dr. Lakshmi. J**  
+91 95665 29689

**Secretary – Dr. S Bharath Narendra**  
+91 96001 04022

PRABODHA SESSION ON JUNE 25<sup>TH</sup> 2024



## Prabodha 2024

### June Edition

Conducted by SJSACAA in association with  
SJSAC&H, Nazarathpet

 25th June, 2024

 1pm to 3pm

 Mahaswami Mandapam, SJSAC&H



**Dr. Bala Pesala**  
Founder & CEO , AYUR.AI  
Adjunct Professor, IIT Jodhpur &  
SRM University

**Topic: Global transformative potential  
of Ayurveda in enabling holistic wellness and the  
role of Artificial Intelligence**



**Sri. P.S. Suresh**  
Corporate Trainer

**Topic: Success Beyond Medicine**

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Secretary – Dr. S Bharath Narendra  
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## Prabodha 2024

### July Edition

Conducted by 'Maithri' the Alumni Association  
of SJSAC in association with SJSAC&H,  
Nazarathpet

 **30th July, 2024**

 **2pm to 4pm**

 **Mahaswami Mandapam, SJSAC&H**



**Dr. Jayashree Desikacharrulu**  
Chief Dr & MD - Shree Hospitals  
Group  
**Topic: Experiencing Ayurveda**



**Sri. Bhargav Sundaram**  
**Managing Director - Callidai  
Motor Works**  
Topic: Mobility Equipments - An  
Intro



**Smt. Renganayaki Srinivasan**  
**Independant Kangen water  
Machine Distributor**  
Topic: KANGEN water - Uses and  
Benefits

### Learn More & Grow More !!!

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**Secretary - Dr. S Bharath Narendra**  
+91 96001 04022





## Prabodha 2024

### Aug Edition

Conducted by 'Maithri' the Alumni Association  
of SJSAC in association with SJSAC&H,  
Nazarathpet

 **27th Aug, 2024**

 **2pm to 4pm**

 **Mahaswami Mandapam, SJSAC&H**



**Dr Meera Sudheer**  
Founder - Sreehareeyam Ayurveda.  
Director -IMCOPS  
**Topic: India's Road towards Integration**  
**- A boon or bane to AYUSH Dotors**



**Mrs Girija Raghavan**  
Editor and Publisher-Ladies Special  
President & CEO-Gayathri Creations  
**Topic: Never Say Die!**

### Learn More & Grow More !!!

**For More Information:**

**President – Dr. Vaijyanthi.A.G**  
+91 63851 02470

**Treasurer – Dr. Lakshmi. J**  
+91 95665 29689

**Secretary – Dr. S Bharath Narendra**  
+91 96001 04022









श्री चन्द्रशेखरेन्द्रसरस्वती विश्वमहाविद्यालयः  
(विश्वविद्यालयानुदानायोगस्य 1956 नियमे तृतीयविधिमनुसृत्य संस्थापितः विश्वमहाविद्यालयः)  
एनातूर, काञ्चीपुरम् – 631 561  
**SRI CHANDRASEKHARENDRASARASWATHI VISWA MAHAVIDYALAYA**  
Deemed to be University U/S 3 of UGC Act 1956, Accredited with “A” grade by NAAC  
Enathur, Kancheepuram – 631 561

11. Details of Events / Celebrations / Cultural activities / any other activities

S.NO	Date	Name of the Event	Report with Photos	VENUE
1	3-Sep-2024	SAKSHAM WORKSHOP	<p>The Saksham workshop was organized for final year PG Scholars by BPRL Sagar pharmaceuticals to empower the budding doctors for success. Program was Inaugurated by our Dr. S Swaminathan, Dean (faculty of Health sciences, SCSVMV) Dr. Chittaranjan Das, (Principal, SJSACH, professor and Head PG dept of Panchakarma), Dr G R RChakravarthy (Vice Principal, admin &amp; Professor Dept of Samhita and Siddhanta). Prayer song was sung by Dr. Sindhana. U (PG scholar from dept of Kaya Chikitsa) followed by lighting of the lamp by the dignitaries. Welcome address was given by Dr. Chittaranjan Das, (Principal, SJSACH) and gave a brief introduction about the workshop. The Coordinators of the Workshop were Dr. Vipin S G (PG Co-ordinator &amp; Associate Professor, PG Dept of Kayachikitsa) and Dr. Anoop A S (Assistant Professor, Dept of Kaumarabhritya). The workshop began by the Trainer Mr. Hari Gupta, he explained about the Holistic approach for the management of Stress and he gave the scoring sheet to all the scholars to access the stress level. He gave some activities for the scholars by colouring the Mandala sheet to know about how the concentration of the</p>	SJSACH, NAZARATHPET, CHENNAI

			<p>scholars, and explained about the Wheel of well being which includes Social, Emotional, Spritual, Intellect etc, Followed by this lunch session break began.</p> <p>In the afternoon session, it is the session for Magical communication he explained about the 7C's for effective communication, how to mind our body language.</p> <p>Emotional Intelligence session includes Empathy, Social skill, Self awareness, Self regulation and Motivation classes followed by Management of Our time well session then Seven spiritual loss of Success.</p> <p>Really all the session was amazing and one on one Interaction with the scholars also helped everyone to express their thoughts without any hesitation.</p> <p>Finally, Our Principal sir gave Certificates to the scholars who attended the workshop. Vote of thanks was given by Dr. Vipin S G (PG Co-ordinator &amp; Associate Professor, PG Dept of Kayachikitsa) followed by National Anthem.</p>	
2	12-Sep-2024	FIRE MOCK DRILL	<p>A Fire Mock Drill was arranged on 12th september 2024. It was conducted in 2 places in the campus. Near to the office building and another in front of the Hospital building</p>	SJSACH, NAZARATHPET, CHENNAI
3	12-Sep-2024	ONAM CELEBRATIONS	<p>On 12th September 2024, students of Hareetha batch along with Dr. Bindu and Dr. Vijayarajaa, co-ordinated the event Onnichonam 2024. The event started around 2pm with Principal Dr Chittaranjan Das welcoming Kinga mahabali, accompanied by faculties and the students. The Management committee</p>	SJSACH, NAZARATHPET, CHENNAI

			<p>members joined in lamping the light which was followed by a prayer. Varshini from final year gave a welcome address . Followed by this , various cultural events including dance performances by students of different professions , song performance by PG scholars and games like sundarikku pottu thoduthal , dumbcharades and ramp walk for faculties and students were organised. The program concluded by distribution of prizes to the winners of the games . Suparna by final year rendered vote of thanks and the event was concluded by 5pm.</p>	
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4	14-Sep-2024	MASTER HEALTH CHECK UP	<p>The primary goal of the medical camp was to provide a comprehensive Master Health Check-up to the local community, offering free medical consultations and medications to address various health concerns.</p> <p>Team of Healthcare Professionals:</p> <ul style="list-style-type: none"> <li>● Dr. Swathi C, Associate Professor</li> <li>● Dr. Sreelakshmi K, Assistant Professor</li> <li>● Dr. Khushbu Kashyap</li> <li>● Dr. Neha Malik</li> <li>● Dr. Priyanka Kamble</li> <li>● Dr Rakesh Reddy</li> </ul> <p>Attendance: A total of 60 patients attended the camp, presenting with diverse health issues, including:</p> <ul style="list-style-type: none"> <li>● Joint pain</li> <li>● Back pain</li> <li>● Varicose veins</li> <li>● Infertility</li> <li>● Common cold and cough</li> </ul> <p>Activities Conducted:</p> <p>1. Patient Examinations: Each patient was thoroughly examined to understand their health status and specific concerns.</p> <p>2. Personalized Consultations: Following the initial assessments, the patients received personalized consultations where their symptoms were discussed, diagnoses were provided, and tailored medical advice was given.</p> <p>3. Medication Provision: Free medications were distributed to ensure patients received immediate relief and treatment for their ailments.</p> <p>Impact: The camp significantly contributed to making healthcare accessible</p>	JAYA JAYA SANKARA SCHOOL, NAZARATHPET, CHENNAI
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			<p>to individuals who might otherwise face barriers to medical attention. By offering free services, the camp addressed immediate health needs and provided essential medical support to the local community.</p> <p>4. Conclusion: The collaborative effort of the medical team highlighted the importance of community health initiatives. The success of the camp reinforced the commitment to extending quality healthcare services to those in need, underscoring the role of such initiatives in enhancing community well-being</p>	
5	18-Sep-2024	ORIKKAI MEDICAL CAMP	<p>A free medical camp was conducted in Orikkai from 24th July 2024 to 18th September 2024. Around 280+ patients showed their interest and took consultation with our doctors.</p>	ORIKKAI, KANCHIPURAM

6	20-Sep-2024	SWACHTA HI SEVA 2024	<p>The NSS Unit III of SCSVMV, in collaboration with the Nehru Yuva Kendra, Thiruvallur, organized an "Swachta Hi Seva 2024" initiative on 20.09.2024. The event welcomed esteemed chief guests: Smt. Meet Rajiv lochan, Secretary, Youth Affairs and Sports; Shri S. SenthilKumar, State Director for Tamil Nadu &amp; Pondicherry, Nehru Yuva Kendra Sangathan, Chennai, and Dr. Samuel Chellaiah, NSS Regional Director, Chennai.</p> <p>The program commenced with the Tamil Tai vazhthu, followed by a prayer and the ceremonial lighting of the lamp by all the dignitaries. This was followed by a Swachta pledge-taking session, during which students committed to maintaining a clean and green India.</p> <p>Due to unavoidable circumstance our Honorable Chief Guest couldn't attend the Function physically but sent a Special note to Shri S. Senthil Kumar. Dr. Samuel Chellaiah then delivered a motivational speech, inspiring the audience. 30 Saplings and specially printed themed "My Bharat" kits containing 50 T-shirts, 100 caps, notebooks and pens were subsequently distributed to the 100 NSS volunteers.</p> <p>Prof. Dr. S. Swaminathan, Dean (Health Sciences) at SCSVMV, then delivered the presidential address, which was followed by a vote of thanks from Dr. Vijayarajaa, NSS Program Coordinator.</p>	SJSACH, NAZARATHPET, CHENNAI
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			The event concluded with the national anthem.	
7	26-Sep-2024	SWARNAPRASHANA 20TH CAMP	<p>The 20th camp of Swarnaprashana got started at SJSACH OPD block on 26.09.24 at 7:00 AM. The consultants were Dr A A N Udaykumar &amp; Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and one intern from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 105 children got benefited from the camp. Among the beneficiaries 96 were follow up cases and 09 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Kanchipuram etc. The camp at SCSVMV and Kanchi mutt was coordinated by Dr Sainathan and 24 kids were benefited with swarnaprashana medicines from both the centres. Overall from all the 3 centres a total of 129 children took</p>	SJSACH, NAZARATHPET, CHENNAI



			Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 21st camp on 24.10.24 without fail.	
8	27-Sep-2024	NAGARJUNA CME PROGRAM	<p>A CME program was conducted by Nagarjuna Ayurveda Pharmaceuticals on 27th September 2024 in our Mahaswami Mandapam of SJSACH. All the teaching faculties, PG scholars and final B.A.M.S students were attended the program.</p> <p>The program was commenced with a prayer invoked by Dr. Gayathri, followed by lamp lighting by Dr. S. Swaminathan, Dr. Chittaranjan Das, Dr. Nishanth Gopinath, Dr. Rakesh Cheeral and Mr. Ramesh Chandran. Dr. S. Swaminathan, Dean faculty of Health Sciences, welcomed and addressed the gathering. Shortly followed by Dr. Chittaranjan Das, Principal address the gathering on his experience with Nagarjuna Ayurveda company. A session on the manufacturing and Processing of medicines in Nagarjuna Ayurveda Factory was taken by Dr. Nishanth Gopinath with a detailed PowerPoint presentation. The session lasted for about 45 minutes and it conveyed an idea of medicine manufacturing practice and GMP.</p> <p>After which, the officials of Nagarjuna Ayurveda Company facilitated Dr.</p>	SJSACH, NAZARATHPET, CHENNAI

			<p>S.Swamithan, Dean faculty of Health Sciences, Dr. Chittaranjan Das, Principal, Dr. Suwendu Rout, Professor &amp; HOD, PG dept. of Kayachikitsa and Dr. Pradeep Kumar Moharana, Professor, PG dept. of Kayachikitsa honoured them with “BHISHAGRATNA” award. The program was concluded with National Anthem. The gathering was provided with gift kit, High tea, snacks.</p>	
9	03RD TO 10TH OCTOBER 2024	NAVARATHRI CELEBRATIONS	<p>This year 2024, we the faculties and students of SJSACH Celebrated Navaratri Pooja from 3rd to 10th October 2024, at Mahaswami mandapam. The event was held following traditional Pooja Vidhi along with rich vibrant cultural activities by the students of SJSACH. The program was organized with the blessing of His Holiness Pujya Sri Vijendra Sawarasthi Swamigal and guided by Prof Dr. S Swaminathan, Dean of Health Sciences, all the Managing committee members of SJSACH. The initiative was taken by Prof Dr G R R Chakravarthi ( VP Admin). The coordinators of this program included Prof Dr Usha Patil, Dr Indusree C Suseelan, Dr Saniya and Dr Vijayarajaa. The whole event was fruitful due the sincere efforts of all Students of SJSACH. The celebration started with Kalasha sthapana on 3rd October followed by daily parayana of Lalitha Sahasranama and cultural activities organized by various groups of students.</p> <p>The schedule of activities is as follows</p>	SJSACH, NAZARATHPET, CHENNAI

			<p>03 – Oct – 2024  PROGRAM BY 2ND  PROFF(SENIORS) STUDENTS  9am-10am  Pooja followed by Lalita  Sahasranama parayanam</p> <p>4pm – 5pm – Cultural Events  1. Story telling - K. Jyoti bala  2. Solo song - K. Saipriya  3. Bhajan - 2nd proff  students.</p> <p>Anchor - Minal Sukhe  Welcome address - Varshha  P.  Vote of thanks – Sowndarya</p> <p>04 – Oct – 2024  PROGRAM DONE BY 2ND  PROFF (JUNIORS) STUDENTS</p> <p>9am-10am  Pooja followed by Lalita  Sahasranama parayanam</p> <p>4pm – 5pm – Cultural Events  1. Group dance by Swetha ,  Kasthuri, Lasya, Swetha,  Laharika, Sandhya, Pallavi  2. Duo Dance by Shreya and  smruthi  3. Group Dance by Samridhi,  Chaitali, Vrushika, Vishakha,  Gauri  4. Speech by Rachitha  5. Solo song by G. Darshini</p> <p>Anchoring- Ikshwaku  Vote of thanks- Ganessh</p> <p>05 - Oct -2024</p> <p>PROGRAM DONE BY 1st  PROFF STUDENTS</p> <p>9am-10am  Pooja followed by Lalita  Sahasranama parayanam</p> <p>4pm – 5pm – Cultural Events  1. Solo Dance by Priyanka  2. Speech given by arunabh</p>	
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		<p>3. Solo song by Srividya 4. Duo dance by priyal and Shaurya</p> <p>Anchoring - Shweta Vote of thanks - govind</p> <p>07 – Oct – 2024 PROGRAM DONE BY PG SCHOLARS</p> <p>9am-10am Pooja followed by Lalita Sahasranama parayanam</p> <p>4pm – 5pm – Cultural Events 1. Classical dance solo - Dr. Abirami 2. Solo singing - Dr. Cindhana 3. Solo singing - Dr. Ajay Desale 4. Group dance - Dr. sangeetha, Dr. Jayashankari, Dr. Kiruthika, Dr. Abirami</p> <p>Anchoring by Dr. B. Sri Saraswati Vote of thanks by Dr. Pallavi Narawade</p> <p>08 – OCT – 2024 PROGRAM DONE BY 4TH PROFF STUDENTS</p> <p>9am-10am Pooja followed by Lalita Sahasranama parayanam</p> <p>4pm – 5pm – Cultural Events 1. Classical solo dance - Thiruniraiselvi 2. Group song and Harikatha - Sivaram, Arun Sai, Srividhya, Karunya 3. Classical duo dance - Suparna and Chinmayi 4. Bhajan BY 4TH proff students</p> <p>Welcome address – Varsha Vote of thanks – Vaishnavi Iyer</p>	
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			<p>09 – OCT – 2024 PROGRAM DONE BY ALL PROFF STUDENTS</p> <p>9am - 10am Pooja and Lalitha sahasranamam parayanam</p> <p>4 pm-5 pm 1. Solo Flute by Anusha of 2nd profession 2. Group dance by 4th profession students 3. Solo dance performance by Sreelasya of 2nd profession 4. Duo dance performance by 1st profession students 5. Skit by students 2nd profession (senior) students 6. Program end with a garba dance by the mob</p> <p>10 – OCT- 2024 10:30 am To 1:00 pm Saraswathi Pooja and Lalitha sahasranamam parayanam by all students and faculties of SJSACH</p>	
10	20-Oct-2024	MEDICAL CAMP	<p>On the Occasion of National Ayurveda Day 2024, Departments of Prasuti tantra &amp; Stree Roga, Shalya tantra, Kayachikitsa in association with camp coordinating Committee of Sri Jayendra Saraswathi Ayurveda College and hospital conducted a free medical camp at Meppur on 20/10/2024 from 9am onwards. We provided services like General Health check up, Free medicine distribution , Specialist consultation from department of Shalya Tantra , Prasuti Stree Roga and</p>	MEPPUR

			<p>Kayachikitsa. The camp attracted around *85* individuals from the community. Common illness detected were arthritis, infertility, menstrual irregularities, anorectal diseases, respiratory infections etc. Many attendees were referred to our hospital for further diagnosis and treatment of serious health conditions. The medical camp successfully provided healthcare services to the community.</p>	
11	22-Oct-2024	YOUR DOST CAMPAIGN	<p>The Orientation Program conducted by Your DOST at the Sri Jayendra Saraswathi Ayurveda College and Hospital was a remarkable event, empowering students with essential knowledge and resources. The program introduced mental health support services, focusing on emotional well-being and personal growth. Expert speaker Mr.Rakesh Kurnala, Sales &amp; Success Manager from Your DOST team engaged the audience with interactive sessions, encouraging openness about mental health. The students showed great enthusiasm, understanding the importance of Mental Stability during Tough Situations. The whole event was led by Dean Dr.Swaminathan, Principal Dr.Chittaranjan Das, Vice Principal Dr.GRR Chakravarthy and NSS Program officer Dr.Vijayarajaa.P.</p>	SJSACH, NAZARATHPET, CHENNAI

12	24-Oct-2024	SCHOOL HEALTH CHECK UP	<p>In the eve of National Ayurveda Day Celebration 2024, as a part of school outreach programme, a comprehensive health checkup for school children was planned and executed by the Department of Kaumarabhritya and Shalakya Tantra of Sri Jayendra Saraswathi Ayurveda College &amp; Hospital on 24.10.24 from 10:00 AM to 1:00 PM at OPD block. The school children were screened at Bala Roga (Pediatrics) and Shalakya (Eye &amp; ENT) OPD. The consultants were Dr A A N Udaykumar and Dr Anoop A S from the department of Kaumarabhritya and Dr Muni Lokesh from the department of Shalakya Tantra with interns for assistance. A total of 40 children were screened at both the OPDS. A detailed screening and clinical examination was done by the interns for all the children. Out of the screened subjects few of them were diagnosed with Micro Nutrient Deficiencies, Respiratory allergies, Tonsillitis, Dental caries, Refractive errors etc. The clinical findings and appropriate medical advice were documented in the health check up cards of each student and was handed over to the respective class teachers for bringing it to the attention of parents.</p>	SJSACH, NAZARATHPET, CHENNAI
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13	24-Oct-2024	SWARNAPRASHANA 21ST CAMP	<p>The 21st camp of Swarnaprashana got started at SJSACH OPD block in the eve of "National Ayurveda Day 2024" on 24.10.24 at 7:00 AM. The consultants were Dr A A N Udaykumar &amp; Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and one intern from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 80 children got benefited from the camp. Among the beneficiaries 77 were follow up cases and 03 were new entries. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Kanchipuram etc. The camp at Kanchi Mutt was coordinated by Dr Haiaumshree SPS Nair and was assisted by an intern for screening and medicine administration. 24 kids were benefited with swarnaprashana medicines at Kanchi mutt. The swarnaprashana at SCSVMV was coordinated by Dr Sainathan. 6 kids were benefited from the camp at Mutt. Overall from all the 3 centres a total of 110 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashana was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old</p>	SJSACH, NAZARATHPET, CHENNAI
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			cases.All the beneficiaries were instructed to come for the 22nd camp on 20.11.24 without fail.	
14	29-Oct-2024	DHANWANTRI JAYANTHI	On the occasion of National Ayurveda Day, Dhanwanthari Jayanthi was celebrated on 29th October 2024 from 9:30am to 1:30pm. Dhanwanthari homam and Pooja ceremony was successfully conducted at Mahaswami Mandapam. The event aimed to seek the blessings of Lord Dhanwanthari. The sacred fire ritual was performed amidst chanting of sacred mantras. All the faculties, PG Scholars, UG students, interns and non teaching staff of SJSACH offered prayers and worshiped Lord Dhawanthari, seeking his divine blessings. The UG students were doing the parayana of Ashtanga Hridaya. This was followed by the distribution of Prasadam.	SJSACH, NAZARATHPET, CHENNAI
15	9-Nov-2024	SCHOOL OUTREACH PROGRAM	As a part of National Ayurveda Day celebration 2024, the Department of Prasuti Tantra and Striroga ,Dept of Shalya Tantra and Camp Co-ordination Committee conducted a free Ayurveda medical camp and Awareness class as School Outreach Program at Chhatrapathi Shivaji DAV School ,Velappanchavadi on ‘ MENSTRUAL HEALTH and HYGIENE’ on 09/11/2024 from 9.30am onwards. The program started at 9.30am	CSDAV SCHOOL,VELAPPANCHAVADI, CHENNAI

		<p>with a prayer from the school students and lamp lighting ceremony.</p> <p>The program was attended by 15 teaching staffs (female) and 45 girl students of 6th standard and above classes . After the welcome speech, Dr.Swathi.C , Associate Professor, Dept of PTSR conducted an awareness class on MENSTRUAL HYGIENE , Dr.Amrutha B S ,Assistant Professor, Dept of PTSR engaged the students with the topic “WHEN TO APPROACH A GYNAECOLOGIST?” and Dr.Arya S Menon , Assistant Professor,Dept of Shalya tantra presented the topic ‘HEALTH AND HYGIENE –Navigating the Ayurvedic Tenets’.</p> <p>A total of 60 subjects attended the free medical camp, with 15 female staffs presented with complaints of menstrual irregularities, HMB, Cervicitis , PCO, Menopausal symptoms , RA, anorectal diseases etc. Some students presented with early periods and few with menstrual irregularities and some complained of vaginal discharges. All the students were explained and educated them individually about menstrual hygiene practices and use of sanitary products and how to dispose of them safely.</p> <p>The camp was conducted by Dr.Swathi.C (Associate Professor) and Dr.Amrutha BS (Assistant Professor ), Dr.Mayuri Gondhane , Dr,Mehak Sagar, Dr.Samprathi Jain (PG Scholars) from the Department of Prasutitantra and Stiroga. Dr.Arya</p>	
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			<p>.S.Menon(Assistant Professor) ,Dr.Sapna Patil (PG Scholar) from the Department of Shalya Tantra and Mr.Harshavardhan (UG student) from Camp Cordination Committee.</p> <p>The camp aimed to promote open discussions about menstrual health, encourage proper hygiene habits and break any taboos associated with menstruation among young girls and aimed at the gynaec health of female teaching staffs. The camp saw active participation of the students and teachers. Many students expressed appreciation for the knowledge gained and teachers noted an improvement in student's willingness to discuss menstrual health openly and responsibly.</p>	
16	20-Nov-2024	SWARNAPRASHANA 22ND CAMP	<p>The 22ndcamp of Swarnaprashana got startedat SJSACH OPD blockon 20.11.24 at 7:00 AM. The consultant wasDr Anoop A Sfrom the department of Kaumarabhrutya and was assisted by Dr Siva E,Medical officer andone internfrom the department of Kaumarabhritya for screening of the patients and medicine administration.Total 117children got benefited frOm the camp. Among the beneficiaries111were follow up cases and06were new entries.There were patients from different places like Nazrathpet, Poonamalle,Tambaram,Anna Nagar, Mangad,Chembarampakkam , Avadi ,Pattabiram, Kanchipuram etc.The camp atKanchiMutt and SCSVMV</p>	SJSACH, NAZARATHPET, CHENNAI

		<p>was coordinated by Dr Sainathan. 22 kids were benefited with swarnaprashana medicines at Kanchi mutt and 7 kids were benefited from the camp at SCSVMV. Overall from all the 3 centres a total of 146 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 23rd camp on 18.12.24 without fail.</p>	
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#### PHOTOS:

##### SAKSHAM WORKSHOP



##### FIRE MOCK DRILL





## ONAM CELEBRATIONS



## MASTER HEALTH CHECK UP



## ORIKKAI MEDICAL CAMP







## SWACCHTA HI SEVA 2024



## SWARNAPRASHANA 20TH CAMP



## NAGARJUNA CME PROGRAM



## NAVARATHRI CELEBRATIONS



## MEDICAL CAMP – MEPPUR



## YOUR DOST CAMPAIGN







## SCHOOL HEALTH CHECK UP



## SWARNAPRASHANA 21ST CAMP

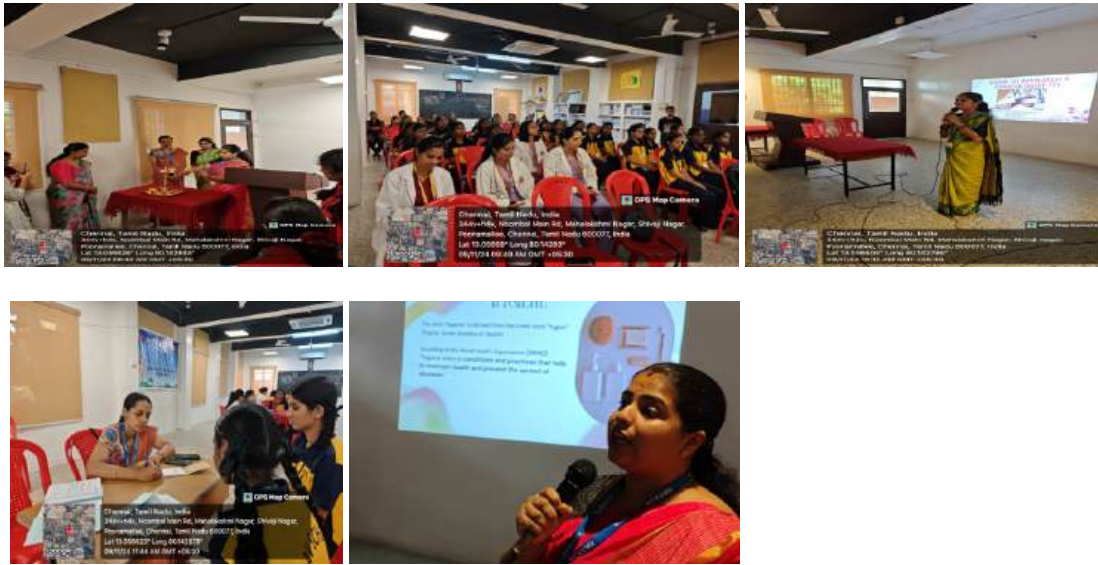


## DHANWANTRI JAYANTHI





## SCHOOL OUTREACH PROGRAM



## SWARNAPRASHANA 22ND CAMP



S.N O.	Date	Name of the Event	Report with Photos	VENUE
1	4- Nov - 202 4	SISHYOPANAYANEEYAM 2024	<p>The Sishyopanayaneeyam 2024 ceremony for 2024-25 batch of BAMS students was held on November 4, 2024, at Sri Jayendra Saraswati Ayurveda College and Hospital. The event commenced with a Puja and Homam at 9:00 am at the Mahaswami Mandapam, SJSACH, setting a sacred and auspicious tone for the proceedings.</p> <p>The official inauguration of the event took place with the lighting of the lamp by the esteemed guests, including:</p> <ol style="list-style-type: none"> <li>1. *Honourable Chief Guest*: Prof. Dr. N. Muthu Kumar</li> <li>2. *Respected Dean*: Dr. S. Swaminathan</li> <li>3. *Respected Principal*: Prof. Dr. Chittaranjan Das</li> <li>4. *Vice Principal*: Prof. Dr. GRR Chakravarthy</li> </ol> <p>The welcome speech was delivered by Dr. Vijayaraja, Assistant Professor, Department of Kayachikitsa, who warmly greeted the gathering and set the stage for the event.</p> <p>The Ashirvada Bhashanam was given by Prof. Dr. Venugopal, Shastra University, Thanjavur, who imparted his blessings and wisdom to the audience.</p> <p>The Chief Guest, Prof. Dr. N. Muthu Kumar, delivered an inspirational speech, motivating the students and faculty members to strive for excellence in their pursuits.</p> <p>Respected Principal Prof. Dr. Chittaranjan Das spoke about the institution, highlighting its</p>	SJSACH, MAHASWAMI MANDAPAM

		<p>history, mission, and values.</p> <p>The presidential address was delivered by Respected Dean Prof. Dr. S. Swaminathan, who emphasized the importance of the Sishyopanayaneeyam ceremony and its significance in the context of Ayurvedic education.</p> <p>The Oath-taking Ceremony was coordinated by Respected Vice Principal Prof. Dr. GRR Chakravarthy, where the students took a solemn oath to uphold the principles of Ayurveda and dedicate themselves to the pursuit of knowledge and service.</p> <p>The event concluded with a vote of thanks delivered by Dr. Hari Aumshree Nair, Assistant Professor, Department of Rasashastra, who expressed gratitude to the guests, organizers, and participants.</p> <p>The ceremony ended with the singing of the National Anthem, filling the hearts of all present with a sense of patriotism and unity.</p> <p><u>Key Highlights of the Event:</u></p> <ol style="list-style-type: none"> <li>1. *Puja and Homam*: 9:00 am, Mahaswami Mandapam, SJSACH</li> <li>2. *Inauguration*: Lamp lighting by the Honourable Chief Guest and other dignitaries</li> <li>3. *Welcome Speech*: Dr. Vijayaraja, Assistant Professor, Department of Kayachikitsa</li> <li>4. *Ashirvada Bhashanam*: Prof. Dr. Venugopal, Shastra University, Thanjavur</li> <li>5. *Chief Guest's Speech*: Prof. Dr. N. Muthu Kumar</li> <li>6. *Speech about the Institution*: Respected</li> </ol>
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			<p>Principal Prof. Dr. Chittaranjan Das</p> <p>7. *Presidential Address*: Respected Dean Prof. Dr. S. Swaminathan</p> <p>8. *Oath-taking Ceremony*: Coordinated by Respected Vice Principal Prof. Dr. GRR Chakravarthy</p> <p>9. *Vote of Thanks*: Dr. Hari Aumshree Nair, Assistant Professor, Department of Rasashastra</p> <p>10. *National Anthem*: Conclusion of the event</p>	
2	18-Dec - 2024	SWARNAPRASHANA CAMP	<p>The 23rd camp of Swarnaprashana got started at SJSACH OPD block on 18.12.24 at 7:00 AM. The consultants were Dr. A. A. N. Udaykumar and Dr. Anoop A. S. from the department of Kaumarabhrutya and was assisted by interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 95 children got benefited from the camp comprising 87 follow up cases and 08 new entries with participants hailing from different places like Nazrathpet, Poonamalle, Tambaram, Anna</p>	SJSACH, NAZARATHPET

			<p>Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Kanchipuram etc. The camp at Kanchi Mutt was coordinated by Dr. Hariaumshree S P S Nair and camp at SCSVMV was coordinated by Dr. Sainathan. Total 37 kids were benefited with swarnaprashana medicines from both the centres. Overall, 132 children received Swarnaprashana doses across the three centres with highly positive feedback from the parents. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 24th camp on 14.01.25 without fail.</p>	
3	21-Dec - 2024	MEDICAL CAMP AT JJSIS	<p>A free medical camp was conducted by the PG Department of Kayachikitsa, in association with Camp coordinating committee of Sri Jayendra Saraswathi Ayurveda College and hospital, Chennai on 21/12/2024 from 10:30 am to 3.30 pm at Jaya Jaya Shankara International School, Nazarethpet, Chennai. The camp was supervised by Dr. Suwendu Rout (HOD, PG Department of Kayachikitsa), Dr. Vijayarajaa (Assistant Professor, Department of Kayachikitsa) and Dr. Saniya K.K (Assistant Professor, Department of Kayachikitsa) along with Post Graduate Scholars of Kayachikitsa department. 39 individuals- (Males- 02, Females- 37) from the school attended the camp and we provided the medical services including general health checkup, free medicine distribution, specialized consultation for Musculo-skeletal disorders, menstrual</p>	<p>JAYA JAYA SANKARA INTERNATIONAL SCHOOL, NAZARATHPET</p>

			<p>cycle irregularities, ano-rectal diseases, respiratory infections, skin diseases etc. Many attendees were referred to our hospital for further diagnosis &amp; treatment of serious health conditions. At the same time also conducted PRAKRUTI PARIKSHYANA for 15 individuals. The medical camp successfully provided health care services to the community. The feedback was overwhelmingly positive.</p>	
4	26-Dec - 2024	KOTTAKKAL CME PROGRAM	<p>The Continuing Medical Education (CME) session on "Skin Diseases" organized by Vaidyaratnam P S Varier's Arya Vaidya Sala, Kottakkal was conducted at SJSACH on 26/12/24. The guest speaker for the session was Dr Jithesh M K, Senior Medical Officer, HOD (QC &amp; QA), Arya Vaidya Sala Kottakkal. The event commenced at 10:00 AM with the prayer and lighting the lamp setting a serene tone for the proceedings. The lamp lighting session was done by Prof Dr S Swaminathan - Dean Faculty of Health Sciences, SCSVMV, Prof Dr Chittaranjan Das - Principal I/C SJSACH, Prof Dr G R R Chakravarthy - Vice Principal Administration, Prof Dr Usha Patil - MC Member and Dr Jithesh M K - Guest speaker. It was followed by Key note address of Prof Dr Chittaranjan Das, Principal I/C, SJSACH. The guest speaker, Dr. Jithesh delivered a remarkable lecture on clinical utility of various clinical formulations on skin diseases, intertwining classical references with practical insights. His presentation included real-life case images, offering attendees a deep understanding of various skin conditions and their treatment. A highlight of the</p>	SJSACH, MAHASWAMI MANDAPAM

		<p>session was the discussion on different formulations tailored to the stages of diseases, making it an intellectually enriching experience. The session, which lasted until 11:45 AM, was followed by an interactive session with Dr. Jithesh, where attendees explored further nuances of the topic. The interactive segment concluded at 12:30 PM, and the guest speaker was felicitated by the Principal I/C SJSACH, Prof Dr. Chittaranjan Das.</p> <p>The session was concluded with the vote of thanks delivered by Dr. Sreelakshmi, Assistant Professor, Department of Rasa Sastra and Bhaishajya Kalpana expressing heartfelt gratitude to Dr. Jithesh, the organizing team, and all participants. The entire session was coordinated by Dr Anoop A S, Assistant Professor, Department of Kaumarabhritya. The session was indeed brain storming, providing valuable insights into skin diseases and their management. It was highly appreciated by all attendees for its practical approach and comprehensive coverage of the subject.</p>	
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5	27-Dec - 2024	FREE MEDICAL CAMP IN KANCHI KAMAKOTI PEETAM	<p>The main objective of the medical camp was to offer a thorough health screening to the local population, providing free medical consultations and medicines to address a wide range of health issues. This initiative aimed to promote overall well-being and ensure access to essential healthcare services for those in need.</p> <p>Team of Healthcare Professionals:</p> <ul style="list-style-type: none"> <li>● DR. S. Swaminathan, Dean of Health sciences</li> <li>● Dr N Muni Lokesh, Professor</li> <li>● DR. Sreelakshmi K, Assistant Professor</li> <li>● Dr. Saniya K K, Assistant Professor</li> <li>● Dr Chandramohan.T, PG scholar</li> <li>● Dr. Veguru Pravalika, PG scholar</li> <li>● Aruna R</li> <li>● Sai keerthana B</li> <li>● Chandravardhini</li> </ul> <p>Attendance: A total of around 120 patients attended the camp, presenting with diverse health issues, including:</p> <ul style="list-style-type: none"> <li>● Joint pain</li> <li>● Back pain</li> <li>● Skin diseases</li> <li>● Common cold and cough</li> </ul> <p>Activities Conducted:</p> <p>Impact: The camp made a meaningful impact by breaking down barriers to healthcare for individuals who may have struggled to access medical services. Through the provision of free services, it met immediate health needs and offered critical medical support to those in the local community.</p> <p>Conclusion: The teamwork of the medical professionals emphasized the value of community-based health programs. The camp's success reinforced the dedication to providing high-quality</p>	KANCHI KAMA KOTI PEETAM
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			healthcare to underserved individuals, highlighting the significant role these initiatives play in improving the overall well-being of the community.	
6	13-Jan-2025	PONGAL CELEBRATIONS	<p>The Arunadatta Batch (2022-23) had the pleasure of organizing the Pongal 2025 celebration for which the faculties, PG scholars, interneers, and students were cordially invited to join in the festivities, which took place on 13th January 2025.</p> <p>The event began with a traditional pooja, where participants offered prayers for prosperity, health, and happiness. The sacred rituals were held near the Amman Temple.</p> <p>After the pooja, a series of cultural programs were organised along with prizes for the winners.</p> <p>Principal professor Dr. Chittaranjan Das ignited the fire for preparation of pongal.</p> <p>Making of the sweet pongal was initiated by Professor Dr. Usha Patil.</p> <p>Dean professor Dr. S.Swaminathan gave a speech</p>	SJSACH, NAZARATHPET

			<p>about the beauty of pongal festival. The celebration included a combination of traditional worship and engaging games, ensuring that all participants had a memorable time. Ms Rachita from 2nd year junior gave a great speech about pongal. Ms. Bhagyalakshmi from first year did a wonderful silambattam performance. The entire event was coordinated by Assistant Professor Dr. Vijay Shankar . Overall the pongal celebration was a grand success, bringing together students, faculty, and staff in a joyous celebration of tradition, culture, and fun. The event was filled with beautiful moments making it a truly memorable experience for everyone involved.</p>	
7	13-Jan-2025	SWARNAPRASHANA CAMP	<p>The 24th camp of Swarnaprashana got started at SJSACH OPD block on 13.01.25 at 7:00 AM. The consultants were Dr A A N Udaykumar &amp; Dr Anoop A S from the department of Kaumarabhrutya and was assisted by Dr Siva E, Medical officer and interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 41 children got benefited from the camp. Among the beneficiaries 40 were follow up cases and 01 was new entry. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi , Pattabiram, Kanchipuram etc. The camp at Kanchi Mutt and SCSVMV was coordinated by Dr Hariaumshree S P S Nair and</p>	SJSACH, NAZARATHPET

			Dr Sainathan respectively.20 kids were benefited with swaranaprashana medicines from both the centres. Overall from all the 3 centres a total of 61 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 25th camp on 11.02.25 without fail.	
8	23 & 24-01-2025	RANGOTSAV 2025	<p>The annual sports event –RANGOTSAV 2025 was a grand celebration of teamwork and sportsmanship which was held on January 23 and 24 at Jaya Jaya Sankara international school ground and Sri jayendra Saraswati ayurveda college and hospital ground. The event witnessed enthusiastic participation from the students.</p> <p>The sports meet began with an inaugural ceremony starting with prayer, followed by LAUNCHING THE BANNER of RANGOTSAV 2025 by Professor Dr.Swaminathan Dean of health sciences SCSVMV, Professor Dr. Pradeep kumar moharan vice principal academics, Dr. Vipin Sports coordinator associate professor Department of Kaya chikitsa, Dr.Udhaykumar UG coordinator HOD department of Kaumarabritya, Dr. Vijayshankar assistant professor Department of agadatantra and Dr.Vijayarajaa assistant professor department of Kayachikitsa. Followed by this the JERSEY were handed over to the CAPTAINS OF CARAKA by Prof.</p>	SJSACH, NAZARATHPET

		<p>Dr.Pradeep Kumar moharana vice principal academics and pg scholar Dr. Shreeranjani. To the CAPTAINS OF SUSRUTHA by Prof. Dr. Udaykumar HOD department of Kaumarabritya andPg scholar Dr. Chandramohan To the CAPTAINS OF VAGBHATA by Dr.VipinAssociate professor department of Kayachikitsa and Pg scholar Dr.Akshya This is followed by inter house PARADE by the three teams of Caraka, sushruta and vagbhata led by their mentors and captains. Students showed extreme enthusiasm during the parade The inaugural ceremony ended with an INAUGURAL ADDRESS delivered by Dean of health sciences Professor Dr. Swaminathan . Rangotsav 2025 sports meet was held for 2 days ( January 23 and 24) which includes various sports event. DAY 1 The event includes 100meters for boys and girls, Relay, javelin, long jump, khokho, football, cricket and badminton. DAY 2 Throwball, Volleyball, shortput, discus, tug of war. And indoor games - chess, carrom and table tennis. There were about total of 16 sports events in which 13 outdoor and 3 indoor events and total of 200 students participated in all the sports event. The overall event was successfu and all students had lot of enjoyment and fun.</p>	
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9	26-Jan-2025	REPUBLIC DAY CELEBRATIONS	<p>The 76th Republic Day of India was celebrated with great enthusiasm and patriotism at Sri Jayendra Saraswathi Ayurveda College and Hospital (SJSACH) on January 26, 2025. The event, which commenced at 9:00 am, was held in front of the Academic Block, SJSACH.</p> <p>The event was held in grace of the following dignitaries Prof. Dr. Chitta Ranjan Das, Principal (I/c), Prof. Dr. Pradeep Kumar Moharana (Vice Principal-Academic), Prof. Dr. Saravanan (Department of RSBK) and Mr. Sankaranarayana (JAO).</p> <p>The celebrations began with a welcome speech by Arunabh, 1st Prof Senior, who set the tone for the day's events. This was followed by the flag-raising ceremony, which was performed by the Chief Guest, Professor Dr. K. Vasudeva Reddy, Department of Salya Tantra, SJSACH. The Chief Guest then delivered a speech, emphasizing the importance of Republic Day and the significance of the Indian Constitution.</p> <p>The patriotic spirit of the gathering was further ignited by a speech from Saranya, 1st Prof Junior, who highlighted the sacrifices made by the nation's freedom fighters and the importance of upholding the values of democracy and secularism.</p> <p>The event also included a march past by the faculties and students of SJSACH, showcasing their unity and pride in being part of the institution. The celebrations concluded with the distribution of sweets to all</p>	SJSACH, NAZARATHPET
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			<p>those present, marking a sweet and memorable end to the event.</p> <p>Coordinators:</p> <ol style="list-style-type: none"> <li>1. Dr. Indusree C. Suseelan</li> <li>2. Dr. Vijay Shankar M. R.</li> <li>3. Dr. Vijayaraaja</li> <li>4. Dr. Ashok Kumar</li> </ol> <p>The 76th Republic Day celebrations at SJSACH were a grand success, thanks to the efforts of the coordinators, dignitaries, and participants. The event served as a reminder of the importance of patriotism, democracy, and secularism, and inspired all those present to uphold the values enshrined in the Indian Constitution.</p>	
10	4-Feb - 2025	RATHASAPTHAMI 2025	<p>On the auspicious occasion of Rathasapthami on 4th February 2025, Sri Jayendra Saraswathi Ayurveda college and hospital along with NSS unit III of SCSVMV have organized a mass Surya Namaskara session. The session is conducted at rooftop of Sri Jayendra Saraswathi Ayurveda College. The event was addressed by Prof. Dr. Chitta Ranjan Das, Principal of SJSACH. The event was started by offering pranams to Lord Surya. Later the session on Suryanamaskara was instructed by Dr. Bindu V, Assistant professor, Dept of Swasthavritta. The session was coordinated by second professional students of BAMS (Arunadatta batch). 150 students attended the event. The session was concluded with vote of thanks delivered</p>	SJSACH, NAZARATHPET

			by the NSS programme officer Dr. Vijayarajaa P, Assistant professor, Dept of Kayachikitsa.	
11	7-Feb - 2025	DESH KA PRAKRUTI AT CISF CAMPUS	<p>The "Desh Ka Prakruti" Campaign, launched by the Central Government on October 29th, 2024, marks a significant milestone in promoting holistic health and wellness across India. Spearheaded by the Ministry of AYUSH, this nationwide initiative aims to bring Ayurveda to every individual's doorstep, empowering them to understand their unique Prakriti, or Ayurvedic body type/constitution.</p> <p>Our institute, Sri Jayendra Saraswathi Ayurveda College and Hospital (SJSACH), a unit of Sri Chandrasekharendra Saraswathi Vishwa Mahavidyalaya (NAAC 'A' grade accredited), is proud to be a part of this campaign. As envisioned by Hon'ble Minister of AYUSH Shri Prataprao Jadhav ji, this campaign seeks to inspire individuals across India to incorporate Ayurveda-based lifestyle practices, promoting preventive healthcare and holistic well-being.</p> <p>Faculties and the students from our institution visited CISF personals stationed at Chennai Petroluem Corporation Limited, Manali, Chennai and at Rajiv Gandhi Memorial, Sriperumbudur. Prakriti Pariksha analysis was conducted for a total of 220 personnel. The event was well received by the participants and our faculty members were actively involved in creating awareness on Ayurveda and also gave Ayurvedic medical</p>	CISF CAMPUS, MANALI

			<p>consultations for their health issues.</p> <p>Date of Visit - 21/01/2025, 22/01/2025 &amp; 07/02/2025</p> <p>FACILITIES –</p> <ol style="list-style-type: none"> <li>1. Dr T. Ashok Kumar</li> <li>2. Dr Vijay Shankar MR</li> <li>3. Dr M.N.Sagar</li> </ol>	
12	11-Feb - 2025	SWARNAPRASHANA CAMP	<p>The 25th camp of Swarnaprashana got started at SJSACH OPD block on 11.02.25 at 7:00 AM. The consultants were Dr A A N Udaykumar &amp; Dr Anoop A S from the department of Kaumarabhrutya and was assisted by interns from the department of Kaumarabhrutya for screening of the patients and medicine administration. Total 104 doses were administered in the camp. Among the beneficiaries 101 were follow up cases and 03 were new cases. There were patients from different places like Nazrathpet, Poonamalle, Tambaram, Anna Nagar, Mangad, Chembarampakkam, Avadi, Pattabiram, Kanchipuram etc. The camp at Kanchi Mutt and SCSVMV was coordinated by Dr Hariaumshree S P S Nair and Dr Sainathan respectively. 30 kids were benefited with swarnaprashana medicines from both the centres. Overall from all the three centres a total of 134 children took Swarnaprashana doses and feedback obtained from the parents about Swarnaprashanam was highly</p>	SJSACH, NAZARATHPET



			positive from all the three centres. There is a gradual decrease in the rate of infections and improvement in overall health in old cases. All the beneficiaries were instructed to come for the 26th camp on 10.03.25 without fail.	
13	21-Feb - 2025	MATRIBHASHA DIWAS 2025	<p>On the occasion of Matribhasha Diwas 2025, various programs were organized on the SJSACH campus. The event commenced with the Tamizh Thaa Vaazhthu, followed by a series of competitions. Three competitions were held—singing, elocution, and sketching—where students expressed their patriotism and love for their respective languages in diverse ways. The event concluded with a prize distribution ceremony. The prizes were distributed by Prof. Dr. Swaminathan, Dean (health sciences), SCSVMV and Prof. Dr. Chittaranjan Das, Principal, SJSACH. The program was a resounding success, with enthusiastic participation and support from both students and staff.</p> <p>COORDINATORS Dr. Vijay Shankar MR Dr. Vijayarajaa P</p>	SJSACH, NAZARATHPET
14	26-Feb - 2025	MAHASIVARATHRI POOJA	On account of mahasivarathri on 26.02.2025, our students conducted special pooja in the admin office reception area the whole night	SJSACH, NAZARATHPET

## PHOTOS

### 1. SISHYOPANAYANEYAM 2024



### 2. 23<sup>rd</sup> SWARNAPRASHANA CAMP



### 3. MEDICAL CAMP AT JJSIS



### 4. KOTTAKKAL CME PROGRAM



### 5. FREE MEDICAL CAMP IN KANCHI KAMAKOTI PEETAM



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## 6. PONGAL CELEBRATIONS

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## 7. 24<sup>TH</sup> SWARNAPRASHANA

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## 8. RANGOTSAV 2025

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## 9. REPUBLIC DAY CELEBRATIONS

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## 10. RATHASAPTHAMI



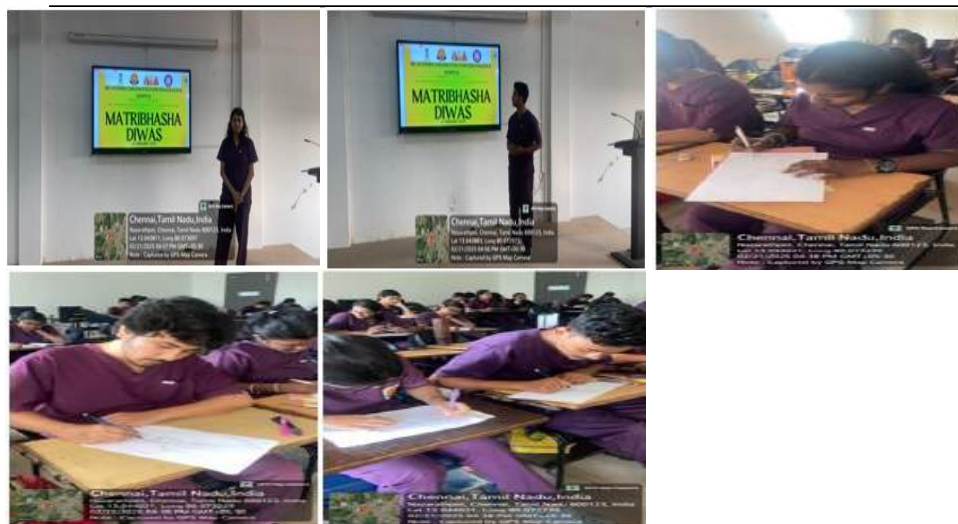
## 11. CISF MANALI PRAKRITI PARIKSHA



## 12. 25<sup>TH</sup> SWARNAPRASHANA



### 13. MATRIBHASHA DIWAS 2025



### 14. MAHASIVARATRI POOJA



